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# Island Sun



VOL. 26, NO. 32

SANIBEL & CAPTIVA ISLANDS, FLORIDA

FEBRUARY 8, 2019

FEBRUARY SUNRISE/SUNSET: 8 7:10 • 6:15 9 7:09 • 6:16 10 7:08 • 6:17 11 7:08 • 6:18 12 7:07 • 6:18 13 7:06 • 6:19 14 7:05 • 6:20

## BIG ARTS Presents A Most Remarkable Fella

Just a few minutes into a conversation with John Loesser and it's clear that talking about his father – theater great Frank Loesser – is not an obligation, but a pleasure. It's one he will share with audiences at BIG ARTS on Thursday, February 28 in its Theater Backstage series.

Remembering his youth with the composer, lyricist and Broadway giant, and reflecting on his legacy, makes Loesser the younger most happy fella.

In fact, the musical-verging-on-opera is John Loesser's favorite show.

"It's sort of like the family show," he said. "My father wrote it, mother (Lynn Loesser) produced it, my stepmother (Jo Sullivan, whom Frank Loesser married in 1959) was the leading lady."

A May-December romance between a Napa grape grower and a "mail-order girlfriend" was the "score closest to his heart," Loesser said. It opened on



**John Loesser** photo provided  
Broadway in 1956 and had a 14-month run.

Since then, *The Most Happy Fella* has been produced by companies from  
continued on page 19

## Famous Cakes Top Off Kiwanis Spaghetti Dinner

submitted by Tom Sharbaugh

What's the most popular event on Sanibel in the month of February? If you said Valentine's Day, you probably have not been around the island too long. If you said the Kiwanis Spaghetti Dinner, you are thinking like a native of Sanibel.

One of Sanibel's largest and longest-running events, this year's spaghetti bash will be held on Saturday, February 23 at The Community House, located at 2173 Periwinkle Way on Sanibel. Dinner is served from 4 to 8 p.m., followed by festivities in the Great Hall that include music, dessert and coffee, plus a raffle, silent auction and live auction with exciting items. Desserts this year will be extra special: the world famous cakes from The Bubble Room on Captiva.

For over 30 years, the Kiwanis Spaghetti Dinner has been a favorite time



**World famous Bubble Room cakes and coffee will offered in the dessert room**

photo provided

for islanders to gather for food, socializing and the fun of competing for exciting prize items after the dinner. Diners get a complete Italian feast, with spaghetti, sauce, meatballs, salad, toasted garlic bread and beverages (wine and soda). And, best of all, it's all-you-can-eat.

Admission is \$10 in advance or \$11 at the door, and children under 10 eat for  
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**CHR Executive Director Melissa Rice and Sanibel City Councilwoman Holly Smith at the 2018 Mardi Gras**  
photo by Jeff Lysiak

## Last Chance To Purchase Tickets For Mardi Gras

The 7th annual Mardi Gras fundraiser for Community Housing and Resources (CHR), Sanibel's affordable housing program, will be held

at 6 p.m. on Saturday, February 9 at The Community House, located at 2173 Periwinkle Way on Sanibel. Limited tickets are still available and can be purchased online at [www.SanibelCHR.org](http://www.SanibelCHR.org) and at Bailey's General Store, located at 2477 Periwinkle Way on Sanibel.

The Mardi Gras party will include live music by The Porchdogs, dancing, fortune  
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## Artwork Going Up For Auction



**An osprey feather pin hand-carved and signed by wildlife sculptor Jim Sprankle**  
photos provided

Carvings by world-renowned sculptor Jim Sprankle, an original osprey sculpted out of recycled bike tires, and a 5.5-foot-long beaded alligator are among the unique items that go on the auction block at the 7th annual



**Osprey head slider by Jim Sprankle**

fundraiser for the "Ding" Darling Wildlife Society-Friends of the Refuge. Go Wild for "Ding" – Call of the Osprey takes place on Wednesday, February 13 at The Community House.

This year's Go Wild theme continues a series of annual bird events to benefit conservation and land acquisition efforts at JN "Ding" Darling National Wildlife Refuge on Sanibel.

Each year, Sprankle carves a signature  
continued on page 8



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From left, Abbie Wheeler, Lori Richter and Lilly Hall collecting the final products, making sure they are sealed properly  
photos provided

## Youth Ministry Packs Food For Starving Children

On January 26, the Sanibel Community Church LOGOS Youth Ministry attended the Feed My Starving Children MobilePack event. With 40 people in their group, the children worked for two straight hours along with their parents and leaders. They scooped, weighed, bagged and boxed 46 cases of nutritious meals for starving children all over the world.

The younger ones packed more boxes than the older youth in H2O ministries, who packed 44 cases earlier that morning.

At the end of their time slot, they celebrated their accomplishment with a pizza party with their friends.

LOGOS is for children preschool age through fifth grade and meets every Wednesday from 3:30 to 6:45 p.m. at Sanibel Community Church, located



A young participant putting on her gloves to keep her station sanitary

at 1740 Periwinkle Way. For more information, contact Holly Patton-Roark at 472-2684.✱



From left, Debbie Ames, Nathan Ames, and Zachary and Carolyn Alonso sealing some of the 1,656 food packages the LOGOS team packed at the event



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## Captiva Island Historical Society Looking Back: Uncommon Friends

James Newton formed friendships with several men who helped shape the 20th century: Henry Ford, Thomas Edison, Harvey Firestone, Alexis Carrel and Charles Lindbergh.



The History Gallery, developed by the Captiva Island Historical Society, features many photos like this. All ages are welcome to step aboard a wooden replica of the old mailboat, *Santiva*, to capture the spirit of Captiva and learn through graphic and video panels about the events and people that shaped the island. The History Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane and open during library hours. Call 533-4890 for information.

Visit the Captiva Island Historical Society website [www.captivaishistoricalociety.org/archives/](http://www.captivaishistoricalociety.org/archives/) research to view many more images to bring you closer to Captiva.✱



Uncommon Friends photo courtesy  
Captiva Island Historical Society Archives

Email your editorial copy to:  
[press@islandsunnews.com](mailto:press@islandsunnews.com)

## Churches/Temples

### ANNUNCIATION GREEK ORTHODOX CHURCH

Reverend Father Dean Nastos, Orthos Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., Fellowship Programs, Sunday School, Bible Study. [www.annunciation.fl.goarch.org](http://www.annunciation.fl.goarch.org), 8210 Cypress Lake Drive, Fort Myers, 481-2099.

### BAT YAM-TEMPLE OF THE ISLANDS

The Reform Jewish congregation has Friday Shabbat services at 7:30 p.m. (7 p.m. from May to Sept.) in Fellowship Hall of Sanibel Congregational UCC. Rabbi Stephen Fuchs, President Alan Lessack. [www.batyam.org](http://www.batyam.org), 2050 Periwinkle Way, 579-0296.

### HISTORIC CAPTIVA CHAPEL BY THE SEA

The Rev. Dr. John N. Cedarleaf Services every Sunday 11 a.m. November 11, 2018 thru April 28, 2019. 11580 Chapin Lane, Captiva, 472-1646.

### FIRST CHURCH OF CHRIST, SCIENTIST

Sunday 10:30 a.m., Sunday School 10:30 a.m., Wednesday evening meeting 7:30 p.m. Reading room open, Monday, Wednesday and Friday 10 a.m. to 12 p.m. (November through March), Friday 10 a.m. to 12 p.m. (summer hours). 2950 West Gulf Drive, 472-8684.

### SANIBEL FELLOWSHIP, sbc

Join us for Bible study and Worship Sunday 10 a.m. at Island Cinema. Call Pastor Mark Hutchinson, 284-6709.

### SANIBEL COMMUNITY CHURCH

Dr. Daryl Donovan, Senior Pastor Sunday Worship 8, 9 and 11 a.m. Traditional in historic Chapel, 8 a.m. Contemporary and childrens church in the main sanctuary,

9 a.m. Traditional in the main sanctuary, 11 a.m. Childcare available at all services. 1740 Periwinkle Way, 472-2684.

### SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST

The Reverend Dr. John H. Danner, Sr. Pastor. The Reverend Deborah Kunkel, Associate Pastor. 7:45 a.m. Chapel Service, 9 a.m. Blended Worship Service, 11 a.m. Traditional Worship Service. Sunday School and nursery care at 9 a.m., [www.sanibelucc.org](http://www.sanibelucc.org), 2050 Periwinkle Way, 472-0497.

### ST. ISABEL CATHOLIC CHURCH

Pastor Reverend Christopher Senk, Saturday Vigil Mass 5 p.m., Sunday Mass 8:30 and 10:30 a.m., Sunday May through October 9:30 a.m. only. Daily Mass Wednesday, Thursday and Friday 8:30 a.m. Holy Days call. 3559 San-Cap Road, 472-2763.

### ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH

The Rev. Dr. Ellen Sloan, Rector. Saturday Eucharist 5 p.m. Sunday Eucharist 8 and 10:30 a.m. Sunday School 10:30 a.m. (until May 20). Tuesday Morning Prayer 9 a.m. Wednesday Healing Eucharist 9 a.m. Prayer and Potluck first Wednesdays 6 p.m. Taizé Service third Wednesdays 6 p.m., [www.saintmichaels-sanibel.org](http://www.saintmichaels-sanibel.org), 2304 Periwinkle Way, 472-2173.

### UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets 5 p.m. on the second Sunday of each month from December through April at the Sanibel Congregational Church. A pot luck is held at a member's home on the third Sunday of each month. [ryi39@aol.com](mailto:ryi39@aol.com), 2050 Periwinkle Way, 433-4901.✱



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# The Community House

## Fashion Show

Discover the Spring 2019 trends at the Dawn to Dusk fashion show and luncheon on Friday, February 22. The clothing and accessories will be provided by shops in Periwinkle Place. Chef Jarred Harris will prepare lunch. Reservations required by February 19. Cost is \$45 for members and \$50 for guests.

## Cooking With Chef Jarred

Chef Jarred Harris will show you simple ways to prepare a plant-based diet with a hands-on class on Monday, February 11 from 10 a.m. to noon. Chef demonstrations will be held on Thursday, February 14 and 21 from 4 to 6 p.m.

## Dine And Design Workshop

Learn how to “Down Size, Right Size” with the team from Decorating Den Interiors following lunch prepared by Chef Jarred Harris on Monday, February 18 from noon to 2 p.m. Reservations are required by February 11. Cost is \$30.

## Community Interest Series

Learn about 3D printing, virtual reality and creating eBooks on Monday, February 18 at 7 p.m. This presentation aims to promote 21st century literacies and engage citizens with cutting-edge technologies. Presenter will be Danny Hussey, technology manager of Sanibel Public Library. A \$5 donation is suggested.

## Cello/Guitar Duo

Cellist Ian Maskin will partner with Miami-based guitarist Michael Gonzalez on Monday, February 25 for an evening of music that spans a wide variety of musical genres including jazz, blues, flamenco, rock, R&B and world music. The concert begins at



Nicole McHale and Sarah Jacobson preparing for the Periwinkle Place fashion show on February 22. They are wearing fashions from Sea Glass Lane and Her Sports Closet, and jewelry by Congress Jewelers. photo provided

7 p.m. Cost is \$35.

## Speaker Series

The Sanibel Captiva Trust Company will host speaker Craig R. Hersch, PA, on Why Selecting a Trustee Matters on Tuesday, February 26 at 9:30 a.m. Reservations are required. Call Frances Steger at 472-8300.

## Yoga Classes

Yoga classes with Susan Pataky are held on Tuesdays and Thursdays. The first class, for all levels, begins at 10 a.m.; Chi yoga follows at 11:15 a.m. Cost is \$18 for members and \$20 for guests.

## Duplicate Bridge

Play sanctioned duplicate bridge with the Willoughbys on Tuesdays at 12:30 p.m.

## Emotional Freedom Techniques

Jenny Li leads a series of Emotional Freedom Techniques (EFT) tapping classes to find the healer in you. Classes are held on Tuesdays from 11 a.m. to 12:30 p.m. through February 19. Cost is \$30 for members and \$35 for guests.

## Shell Crafting

Shell craft lessons are held at 10 a.m. on Mondays. All ages are welcome but children must be accompanied by an adult. Shell Crafters are on site until 1 p.m. on Mondays for those who would like to view or purchase their work.

## Honey For Sale

Locally harvested honey is for sale, as well as chutneys and other products made by Executive Chef Jarred Harris.

The Community House is located at 2173 Periwinkle Way. For more information, visit [www.sanibelcommunityhouse.net](http://www.sanibelcommunityhouse.net) or call 472-2155.✧

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The Myakka River Bluegrass Band

photo provided

## Bluegrass Sunday At Sanibel Congregational

One of the most popular services each year at Sanibel Congregational United Church of Christ (SCUCC) is Bluegrass Sunday, which this year will be held on February 10. The Myakka River Bluegrass Band, a group that performs regularly in Southwest Florida and has an enthusiastic following, will play during the 9 a.m. blended worship service and 11 a.m. traditional worship service. The choir will join in at 11 a.m. with an anthem that fits the occasion, and the blended service trio will provide additional music at 9 a.m. These services with special music

continue a long-standing tradition at the SCUCC. The church also offers a chapel service at 7:45 a.m. every Sunday, at which John Fredericks usually plays the prelude. The trio of saxophonist/song leader Shawn Allison, pianist Abbey Allison and guitarist Dave Dust play for blended services at 9 a.m.; and the choir, directed by Dr. Elwood Smith and accompanied by organist Norm Libby, generally sing at the 11 a.m. services (they sing at 9 a.m. on the first Sunday of each month).

Everyone is welcome to attend. There is a fellowship hour after the 9 a.m. service every Sunday, except on holidays.

The church is located at 2050 Periwinkle Way, across from Periwinkle Place Shopping Center. For more information, call the office at 472-0497 or visit [www.sanibelucc.org](http://www.sanibelucc.org).

## Preschool Seeks Donations For Yard Sale

The Children's Education Center of the Islands (CECI) is holding its annual yard sale on Saturday, February 23 from 8 a.m. to noon. This

multi-family sale will feature many gently-loved items including child and adult clothing, toys, bicycles, books, furniture, baby gear and goodies for grown-ups.

Donations are also accepted, so clean out your closets and bring your items to CECI at 350 Casa Ybel Road on Sanibel. All proceeds benefit the nonprofit preschool, which serves children ages 12 months to five years whose parents live or work on the islands.

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# Council Approves Bonus Outdoor Seating Program

by Jeff Lysiak

Recognizing the demand for outdoor seating during peak periods at restaurants on Sanibel, members of the city council on Tuesday approved a pilot program that will provide additional flexibility for island eateries with permitted outdoor seating.

According to the staff report, prepared by Community Services Director Keith Williams, a Conditional Bonus Outdoor Seating program – which is effective from February 11, 2019 through May 1, 2020 – allows participating restaurants the opportunity to transfer approved indoor dining seats to permitted outdoor locations, providing the total dining seat count does not increase.

As part of the pilot program, applicants would submit a development permit application for a revised outdoor seating plan; that application would included a proposed seating, floor and site plan showing the total number of seats (indoor and outdoor) along with the location of all seats and tables. The outdoor area proposed for the revised



Mayor Kevin Ruane, left, honored Sanibel Police Department Officer Robert Feliciano, center, for 25 years of service to the community. Also pictured is Chief of Police William Dalton.

photo by Jeff Lysiak

outdoor seating would be reviewed and approved by the Sanibel Fire and Rescue District as well as be adequately landscaped, fenced or buffered to restrict noise, light, etc. from impacting surrounding uses to minimize visual impacts.

During the pilot program, city staff

will evaluate participation, compliance and impacts relative to the program. At the end of the trial period, staff will offer recommendations as to whether to extend, cancel or modify the program.

During a brief discussion on the proposed program, councilors recommended extending the pilot period

from February 11, 2020 to May 1 that same year, in order to accommodate a full “season.” With no further comment, the pilot program was unanimously approved.

“I just wanted to point out that 12 years ago, we didn’t have any outdoor seating on the island,” said Vice Mayor Mick Denham. “This is an obvious improvement to what we’re trying to do.”

In other business, Michael Hullihan was appointed to the city’s planning commission, where he will serve the remainder of Richard Johnson’s term. Johnson, who officially tendered his resignation from the commission last week, will join the city council on March 19. He replaces Chauncey Goss, who didn’t seek re-election.

A resolution to appoint the law firm of Boy Agnew Potanovic to represent the City of Sanibel, with City Attorney John Agnew serving as lead counsel, was unanimously approved.

A proclamation was read honoring Sanibel Police Department Officer Robert Feliciano for 25 years of service to the community. Feliciano joined the department on January 3, 1994.

A proclamation was read designating the City of Sanibel as a Tree City USA, the 30th year the city has been honored.

Char Durand of the city’s recreation department was recognized as the 2019 Employee of the First Quarter.✪

From page 1

## Auction

feather pin to keep with the Go Wild theme. The bid winner becomes a member of the exclusive, 60-member Sprinkle Feather Club, which flocks together for an annual event. This year’s hand-carved, hand-painted, and artist-signed pin will be modeled after the feather of an osprey.

Sprinkle has also carved an osprey necklace slider. The winner of that auction item also becomes a Feather Club member and the head of the Feather Club for the coming year, helping to plan 2020’s Flock of the Feather Club event.

The osprey “sculpture” created by Sanibel artist Andrew Corke, who also sculpted the manatees for the refuge’s award-winning Learning Lavatories, was donated by Cal and Jill Werner. Like the Sprinkle sculptures, it will be sold in the

live auction at Go Wild, led by Bailey’s General Store co-owner Richard Johnson.

The hand-beaded alligator features fair-trade handiwork done by women in South Africa, donated by Dick and Pat Levinson. The alligator sculpture is on display for pre-event silent bidding in the “Ding” Darling Visitor & Education Center.

Banner items for the silent auction include other one-of-a-kind art and prizes such as hand-painted porcelain wildlife ornaments by Patty Sprinkle; a two-night stay at the Everglades cottage of photographer Clyde Butcher; a limited edition ceramic osprey sculpture by Ray Ayres, donated by Elizabeth Gardner; two framed, limited-edition Ikki Matsumoto prints; and handcrafted kite, manatee, and anhinga bronze necklaces by Anisa Jewelry Designs.

Those unable to attend the event may bid on auction items remotely by contacting DDWS Executive Director

Birgie Miller at 472-1100 ext. 4 or director@dingdarlingsociety.org.

“For this year’s theme, we showcase osprey calls, a distinct audio feature at ‘Ding’ Darling,” said Miller. “Plan on joining us for tasty dishes at a number of food stations, generously donated by Sanibel Catering Company by Bailey’s, unique nature-themed auctions and live entertainment. A big thanks to Diane Valerian and Kathy McCabe for their help organizing this year’s event.”

Admission is by reservation only. Tickets are \$150 each. Only 10 seats remain for this event, which sells out each year. Register at [tinyurl.com/gowild2019](http://tinyurl.com/gowild2019), call 472-1100 ext. 239 or email [dot@dingdarlingsociety.org](mailto:dot@dingdarlingsociety.org). For more information, visit [dingdarlingsociety.org/articles/go-wild-for-ding](http://dingdarlingsociety.org/articles/go-wild-for-ding).

The following sponsors have pledged their support:

Call of The Wild Level: Boomer Duvin

and Family, Sanibel Catering Company by Bailey’s, Jim and Patty Sprinkle;

Champion Level: Mark and Gretchen Banks, Wayne and Linda Boyd, John and Kathy McCabe, Bill and Diane Valerian;

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## Purchase A Handmade Bowl, Help Fight Hunger

Ralph Harvey bowls can be acquired at Captiva's historic Chapel by the Sea for a minimum \$50 donation. Donations go directly to FISH of SanCap.

An artist who has worked in various media for more than 50 years, Harvey spent the majority of his career as a professor of glassblowing, ceramics and three-dimensional design at Georgia Southwestern State University. He donated 24 original bowls to Chapel by the Sea.

An Austin Church CD will be included with each bowl donation.

Captiva's Chapel by the Sea, located



Bowls by Ralph Harvey photo provided

at 11580 Chapin Lane, is a seasonal, inter-denominational, mission-oriented congregation "seeking to behold the face of God in everything and everyone." All are welcome to worship at 11 a.m. every Sunday from the second Sunday of November through the month of April.

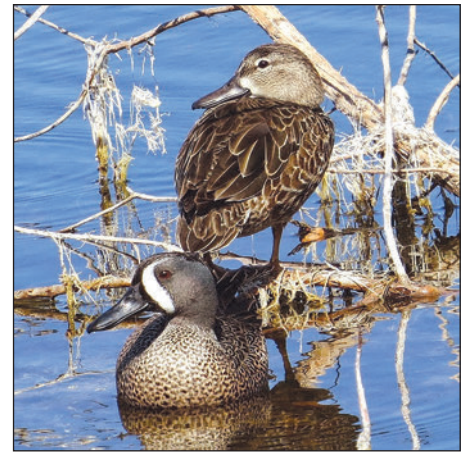
For more information, call 472-1646 or visit [www.captivachapel.com](http://www.captivachapel.com).

## Audubon Bailey Tract Bird Walk This Saturday

The next bird walk of the Sanibel-Captiva Audubon 2019 season will be held on Saturday, February 9 at the Bailey Tract beginning at 8 a.m.

Participants will meet at the back entrance of the Bailey Tract on Island Inn Road. Free parking is available. These bird walks are open to the public and all levels of experience. A \$5 donation is appreciated.

For more information, visit [www.san-capaudubon.org](http://www.san-capaudubon.org).



Blue-winged teal photo by France Paulsen

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### TUESDAYS & THURSDAYS

10 am / 11:15 am Yoga

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12:30 pm Sanctioned Duplicate Bridge

### MON., FEB. 11

10 am Hands On Cooking with Chef Jarred

### THURS., FEB. 14

4-6 pm Cooking Demo with Chef Jarred

### MON., FEB. 18

11:30 am Decorating Den Presentation  
with lunch

7 pm Speaker : Technology

### TUES. FEB. 19

1 pm Joyful Living

### THURS., FEB. 21

4-6 pm Cooking Demo with Chef Jarred

### FRI., FEB. 22

11:30 am Fashions of Periwinkle Place  
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### MON., FEB 25

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## Cantors, Pastor To Perform Songs

A special musical afternoon organized by Bat Yam's Cantor Murray Simon will take place in the Sanctuary at Sanibel Congregational United Church of Christ on Sunday, February 24 at 4 p.m. Songs, duets and ensembles from the light classics, Broadway, pop, Leonard Bernstein and others will be presented. Selections will include *Isn't She Lovely* by Stevie Wonder, *Tonight* by Leonard Bernstein, *If Ever I Would Leave You* by Frederick Loewe.

The singers will be the Rev. Dr. John Danner, senior pastor of the Sanibel Congregational UCC, Bat Yam's host campus; Cantor Randy Herman from Bet Torah in Mt. Kisco, New York; Cantor Elizabeth Shammash from Tiferet Bet Israel in Blue Bell, Pennsylvania; and Cantor Murray Simon from Bat Yam – Temple of the Islands. Toby Simon will be the piano accompanist.

Following the performance, there will be a reception to meet the musical celebrities. The program is open to the public. The principal sponsor is the Leo Rosner Foundation in honor of June Rosner.

After a year of study in Jerusalem, Herman received his cantorial investiture and masters of sacred music from the Jewish Theological Seminary in New York City. He is a graduate of the University of Michigan. As an accomplished singer, songwriter and pianist, he has performed extensively at nightclubs and festivals as well as a studio musician and on live radio. Herman is the son of Bat Yam congregants Bluma and Don Herman.

Prior to entering the Jewish Theological Seminary, Shammash had a career in opera and concerts. She has appeared with the New York City Opera, Wolf Trap Opera, Sarasota Opera and at the Beijing Music Festival. Her symphonic appearances include the Israel Philharmonic, Berlin Radio Symphony, Cleveland Orchestra and the Leonard Bernstein 100th birthday concert at Philadelphia's Kimmel Center. She has degrees from Brown University, Manhattan School of Music, Boston University and the Jewish Theological Seminary.

Danner studied voice while at Bradford College and has performed with a variety of choral groups and in many recitals. He has directed productions of several musicals and plays, written children's

musicals and had numerous articles published. He has degrees from the University of Maine, Bangor Theological Seminary and Boston University.

Simon is the producer of the historic documentary DVDs, titled *Great Cantors of the Golden Age* and *Great Cantors in Cinema*. His musical degrees are from Temple, Hebrew Union College and Boston Conservatory of Music. Prior to coming to Bat Yam, Simon served congregations in Boston and New Jersey. He was been awarded two honorary doctor of music degrees – one from the Hebrew Union College and one from the Jewish Theological Seminary for his many contributions and achievements in the cantorate.

Simon is an accomplished piano and vocal musician and a music teacher with degrees from Temple University and Queens College. She has directed the Princeton Girl Choir and performed with the Boston Symphony as a member of the Tanglewood Festival Chorus. Simon performs as accompanist for choral groups and other musicians.

From September through April, the Friday evening Shabbat services at 7:30 p.m. at Bat Yam – Temple of the Islands feature Cantor Simon and Rabbi Stephen Fuchs. All are welcome. Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way on Sanibel. Visit [www.batyam.org](http://www.batyam.org) for more information.\*

## Locals Pitch In For Food Packing

On January 25 and 26, more than 670 volunteers gathered in Fellowship Hall of Sanibel Community Church to participate in the inaugural Sanibel Island Feed My Starving Children (FMSC) MobilePack event.

Headquartered in Minneapolis, Minnesota, FMSC is a Christian nonprofit that works to alleviate starvation in children worldwide. Approximately 6,200 children die daily due to starvation and hunger-related issues. A MobilePack is a tangible way for volunteers to change hunger to hope by funding and then packing nutritious meals which are sent to partners who are embedded missionaries, orphanages, schools and medical facilities. Ninety-nine percent of their shipments have reached their intended destinations in over 60 countries.

Volunteers came from churches,

groups, neighborhoods and businesses all over Sanibel. They packed 148,608 meals in four packing sessions which will feed 407 children one meal a day for a year. For more information on the organization, visit [www.fmsc.org](http://www.fmsc.org).

The organizers thank everyone for making this event so successful.\*

From page 1

## Mardi Gras

tellers, Cajun food, and beer and wine.

"This year, the Mardi Gras takes a ride on the New Orleans-style *Sanibel Queen* riverboat, complete with a Bourbon Bar, games of chance, a silent auction and the Homes of Love Giving Opportunity, a fantastic way to support the mission of CHR," said Melissa Rice, CHR executive director.

The games of chance will include blackjack, roulette, craps and poker. Guests can ante up to each table, playing to win raffle tickets for prizes. Raffle tickets will be pulled at the end of the evening (winners need not be present to win). New this year is a No-Limit Texas Hold 'Em poker-style tournament played in 30-minute increments, with winners taking home a selection of table prizes.

The Bourbon Bar, hosted by Sanibel resident and bourbon aficionado Martin Fleming, will offer a great assortment of bourbon fixed on the rocks, neat or with water, along with several flights of bourbon choices.

This year's game prizes, raffle items and silent auction offerings include dinners at local restaurants, such as MudBugs Cajun Kitchen, Sweet Melissa's Cafe, Thistle Lodge Beachfront Restaurant and Malia Island Fusion Cuisine, as well as catered culinary experiences; outdoor activities, ranging from a plane ride, eco-tours, boat rides, golf and parasailing, to wave runner, kayak and paddleboard rentals; trips to Key West and New Orleans; items from Lowes, including a power washer, generator and gift certificates; and numerous other items.

CHR's Homes of Love gives guests the opportunity to donate to the specific needs of the affordable housing organization. "As you can imagine, with 74 units in 11 locations throughout the island, there are always things to repair or replace," said Rice, who noted that donations to Homes of Love fund these critical needs.

Tickets are \$150 each and can be purchased online at [www.SanibelCHR.org](http://www.SanibelCHR.org) or by contacting [tickets@SanibelCHR.org](mailto:tickets@SanibelCHR.org). For more information, call 472-1189.\*



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## Prescribed Fire Task Force Meeting

All members of the public are invited to attend an informational meeting on Friday, February 8 at 10 a.m. in the JN "Ding" Darling National Wildlife Refuge Visitor and Education Center to discuss the burn plans and address any questions or concerns.

During the 2019 spring/summer season, the Sanibel Prescribed Fire Task Force is planning prescribed burns on the following conservation lands:

USFWS JN "Ding" Darling National Wildlife Refuge

Legion Curve

Sanibel-Captiva Road Parcel

SCCF/City of Sanibel

Sanibel Gardens Preserve

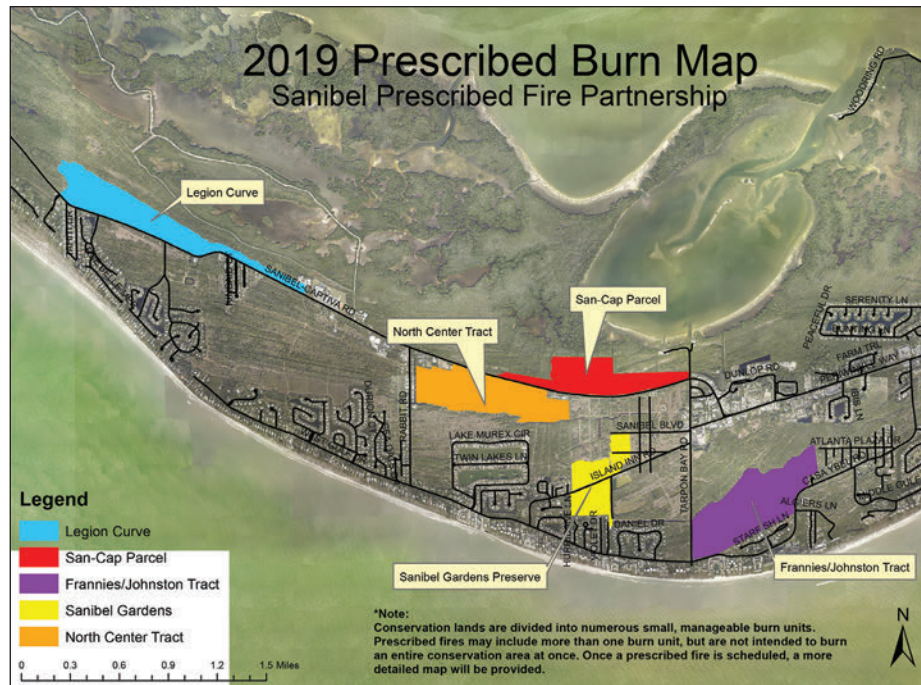
Frannie's/Johnston Preserve

North Center Tract

When forecasted conditions are favorable, the Sanibel Prescribed Fire Task Force will issue further notification that a prescribed burn is imminent and identify the specific location of the burn. All prescribed fires must be authorized by the Florida Forest Service on the morning of the scheduled burn. A change in the forecast conditions may result in cancellation of the planned burn. A prescribed fire will not be conducted if the prescription conditions cannot be met prior to ignition.

A burn plan – or "prescription" – has been established for the priority areas within these conservation lands. The prescription details the required conditions that must exist in order for a prescribed burn to take place. These include environmental conditions such as soil moisture, fuel conditions and recent rainfall, as well as forecasted and actual weather conditions including temperature, relative humidity, wind speed and wind direction.

Following a predefined prescription allows fire management officers to establish the desired fire behavior (intensity, flame length, direction of fire spread and smoke). The prescription also identifies the



Proposed prescribed burn sites for spring/summer 2019

image provided

number of qualified fire personnel needed to conduct the burn as well as the types and number of equipment required to safely complete the burn.

### Why Are Prescribed Fires Needed?

Fire is a natural part of Florida's ecosystem, historically set by lightning. Because of this history of periodic fires, many of Florida's natural communities are adapted to burning. Fire removes old vegetation, promotes new growth of native vegetation and suppresses the growth of non-native invasive plants. In the absence of fire, many plant communities are displaced by dense, woody vegetation which can reduce plant diversity and eliminate foraging opportunities for the island's wildlife. Species such as the gopher tortoise, eastern indigo snake, and Sanibel rice rat all depend on a fire-maintained ecosystem. In addition to the natural benefits of fire, carefully planning and conducting prescribed burns can reduce the likelihood of catastrophic wildfires by reducing the amount of vegetation – or "fuel" – that would be available in the

event of a wildfire.

### Why Can't Prescribed Burns Be Conducted Some Other Time?

The window of opportunity for conducting prescribed burns in Southwest Florida is very narrow, and may vary from year to year. By mid- to late spring, soils and fuels are often too dry and prescribed fires may be prohibited by state authorities. By mid- to late summer, soils on Sanibel are often too wet, humidity is high, and afternoon thunderstorms render wind conditions unsuitable. On any given day, all the conditions detailed in the prescription must be met, and personnel and resources must be available to conduct the burn.

To maximize our opportunities for conducting prescribed fires, the Sanibel Prescribed Fire Task Force has identified a number of priority burn sites for 2019. Because the prescription requirements for each site are different, this provides the task force with the flexibility to determine if the forecast conditions will meet the prescription requirements for any of the priority burns sites and then to schedule

the prescribed fire accordingly.

### What Can I Expect On The Day Of A Prescribed Burn?

Depending on the wind direction and strength, it may be possible to see or smell smoke. The fire prescription identifies the specific wind conditions necessary to achieve the burn objectives while minimizing smoke impacts to roads and communities. However, smoke and ash associated with a prescribed burn cannot be prevented. Smoke sensitive individuals should keep their windows closed and avoid outdoor activities in the affected areas.

If you would like to be registered on the city's list of smoke sensitive individuals, contact Joel Caouette in the City of Sanibel Natural Resources Department at 472-3700. Once registered, the city will notify you in advance of any prescribed burn on Sanibel.

During the prescribed burn operations, residents and visitors are encouraged to:

Close windows and cover pools;

Move cars and furniture indoors;

Stay indoors to minimize the impacts from smoke;

Visit other areas of the island away from the burn site;

Abide by all signs, road closures, and instructions about closed areas provided by law enforcement and fire personnel.

After the prescribed burn has been completed, there may be occasional smoke or burning embers seen from the burned area for several days. Fire personnel will monitor the burned area and adjacent roads, day and night, taking all precautions and maintaining readiness to minimize fire activity and smoke impacts to the public. Do not be alarmed if you see smoke or burning embers within a burned area.

### Is Sanibel At Risk For Wildfires?

Yes. However, prescribed fires, planned and carefully conducted by well-trained and experienced fire personnel are a cost-effective way to reduce fuel loads on Sanibel and reduce the risk of a catastrophic wildfire. To address safety and wildland fire issues on Sanibel, the City of Sanibel, Sanibel Fire and Rescue District,

continued on page 30

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Plant Smart

# Firebush, Superlative Native

by Gerri Reaves

**F**irebush (*Hamelia patens*) has understandably become one of South Florida's most widely used shrubs or small trees. This native's attributes include low maintenance, beautiful foliage and flowers, showy fruit and notable wildlife friendliness.

It should be included in any butterfly or natural garden. Indeed, its versatility qualifies it as a landscape staple – a veritable single-plant wildlife habitat. In the wild, it's found in hammocks, shell mounds and coastal and upland forests.

This fast-growing species grows as a multi-stemmed shrub or small tree, reaching up to 12 feet tall and often growing as wide as it is tall.

It is a member of the madder family and a relative of gardenia and coffee.

The clusters of orange-red flowers are a major nectar source for a wide variety of butterflies, especially the zebra longwing, hummingbirds and bees. Their color gives the plant another common name, scarletbush.

Sphinx and Pluto sphinx moths use species is used as a larval, or host, plant. The tubular flowers are about an inch and a half long, and bloom throughout the year. In fact, fruit and flowers in various stages of growth often exist on the plant.

The juicy berries, which ripen to a glossy purple-black, are a fourth- to a half-inch across. They are a food source



**Firebush is a plentiful food source for native and migrating birds** photos by Gerri Reaves

for small mammals and many bird species, including mockingbirds, blue-headed vireos and catbirds.

The fruit is said to be edible for people too.

The whorled oval leaves and the stems have a reddish tint. Textured and evergreen, they measure five to eight inches long. The foliage provides cover for birds and other wildlife.

Firebush has medium-to-high drought tolerance and low salt tolerance. It is wind-resistant and sensitive to cold.

It adapts to various light conditions, but flowers most in full sun. A shaded plant, however, will develop more attractive foliage. Give it sandy well-drained soil.

Use it as a specimen plant, background, or screen. If you use it as a hedge, take



**Bright red tubular flowers attract butterflies and hummingbirds**

care not to "hatrack" it and rob wildlife of nectar, cover and nesting sites.

Leaving the ripened berries on the plant, even if they look dried up, might be a boost for migrating birds.

Propagate it with seeds and cuttings.

In Central America, firebush is used to treat a variety of skin ailments. It is also used to treat many other conditions, such as rheumatism and dysentery.

A non-native species, African firebush (*Hamelia patens* var. *glabra*) is hybridizing with and posing a threat to the native one, so be sure to buy your firebush from a reputable native nursery.

The non-native one has red, yellow and orange flowers, as opposed to the native's red flowers, and yellow or orange fruit, as opposed to the native's ripe purple-black fruit.

Sources: *Betrock's Florida Plant Guide* by Edward F. Gilman; *Florida Gardener's Guide* by Tom MacCubbin and Georgia B. Tasker; *Florida Landscape Plants* by John V. Watkins and Thomas J. Sheehan; *Florida, My Eden* by Frederic B. Stresau; *Florida Plants for Wildlife* by Craig N. Huegel; *A Gardener's Guide to Florida's Native Plants* by Rufino Osorio; *Gardening for Florida's Butterflies* by Pamela F. Traas; *National Audubon Society Field Guide to Florida* by Peter Alden et al.; *Native Florida Plants* by Robert G. Haehle and Joan Brookwell; *The Shrubs and Woody Vines of Florida* by Gil Nelson; [www.floridata.com](http://www.floridata.com); [www.fnps.org](http://www.fnps.org); and [www.regionalconservation.org](http://www.regionalconservation.org).

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## SCCF Congratulates Trustee Chauncey Goss on Appointment to SFWMD Governing Board

As a member of the Sanibel City Council and a Trustee on SCCF's Board, Chauncey Goss brings a solid understanding of the water issues facing Sanibel and Captiva islands, the Caloosahatchee and Everglades, and South Florida. SCCF applauds Governor Ron DeSantis for this appointment to the South Florida Water Management District Governing Board.



Chauncey Goss accepting Governor DeSantis' first appointment to the SFWMD Governing Board on January 29, 2019 at Rookery Bay.

## THIS WEEK AT SCCF

### Mon-11

#### WEEDS & SEEDS

Travel off-island to explore Cypress Cove with this group of amateur botanists, armed with a plant list. Walk lasts about two hours. Please bring a hat, water, sun-block, and comfortable enclosed shoes with socks. Meet at the Nature Center at 8:30 a.m., at the base of the porch and carpool to the site with departure at 8:45 a.m. Walks are free but donations to SCCF are welcome.

### Wed-13

#### BIRDS OF A FEATHER PAINT TOGETHER WORKSHOP

As part of the *Water* exhibit at the Bailey Homestead, join SCCF and SCAL (Sanibel-Captiva Art League) for an art meets science workshop about birds! SCCF shorebird biologist Audrey Albrecht will talk about the anatomy of birds and helpful observation skills. Then Marion Hall, SCAL member and award-winning watercolor artist, will lead participants in creating a watercolor painting of a Royal Tern. Bring watercolor paints, brushes and paper plus reference photographs. Watercolor notecards will be available as part of the class materials. Registration required, call 472-1932. Wednesday, Feb. 13, 1 - 4 p.m. at the SCCF Bailey Homestead Pavilion, 1300 Periwinkle Way, Sanibel. Cost \$30 SCCF/SCAL members; \$40 non-members, limited to 15 participants. While at the Homestead, view *Water*, on display thru Feb. 28, with artwork available for purchase (20% of proceeds to SCCF).

### Thu-14

#### TURTLE TRACKS

Sanibel Island had one of the first sea turtle monitoring programs in the country. Learn about the life cycles and habits of the sea turtles that nest on our beaches, SCCF's monitoring activities, and what we are doing to protect them. You can also learn more about the devastating impacts on sea turtles of this past summer's Red Tide, when 204 dead sea turtles washed up on island beaches between July and November. Thursdays at 10 a.m. in the Nature Center auditorium. \$5. Free to members and children.

#### SHOREBIRDS OF SANIBEL & CAPTIVA

Join SCCF biologists to learn about the shorebird species that nest on our beaches, including snowy plovers, least terns and wilson's plovers. SCCF has been monitoring beach nesting birds on Sanibel since 2002. Learn how you can safely share the beach and help us protect our feathered friends. Thursdays, Feb. 14 and 28 at 2 p.m. \$5. Free to members and children.

#### BOWMAN'S BEACH WALK

Meet your SCCF guide at Bowman's Beach at the foot of the bridge to the beach. Walk towards Blind Pass, exploring the beach habitat, and then head back along the back dune/bayou trail, looking for shorebirds and gopher tortoises. Free to all but you must pay to park. Wednesdays, Feb. 6, 13, 20 and 27 at 9 a.m.

### Tues-12

#### TRAIL WALKS: EXPLORE SANIBEL'S INTERIOR WETLANDS

Sanibel Island is a unique barrier island in Florida because it still has an interior freshwater wetland ecosystem that has not been lost to development. Join us for a guided walk through the interior wetlands and mid-island ridges of the Center Tract with discussion of native habitats, natural and cultural history and preservation efforts. Trail walks will be offered through March on Tuesday through Thursday at 11 a.m. Meet at the Nature Center and proceed to the trails. \$5. Free to members and children.

**Programs meet at the  
Nature Center,  
3333 Sanibel-Captiva Rd,  
unless otherwise noted.**



# Scout About



by Capt. Matt Mitchell

It feels so good to be finally getting back to a much more normal Florida winter weather pattern. I am glad to report that I have hung up the thermals for now and have

really been enjoying the bright sunshine and light wind days that are associated with February. Water temperatures have begun to slowly creep back to normal levels after bottoming out in the high 50s last week.

This week, I took a morning on the water to go out and scout some areas that have been very productive in years past. Often, when fishing with clients, you simply cannot try these areas if you do not know if they are holding fish. It's just as important to know where the fish are not as well as where they are. Due to time restraints on a four-hour charter, I need to fish in the most productive areas.

On this scouting trip, I needed to check out some places in the south end of Matlacha Pass along with favorite Ding Darling creeks that require an idle to reach. Getting away from my daily routine of bouncing in and around the passes only lets me know I'm fishing in the right places as these other areas had very few fish and were a bust.

Our fishing has been very different this winter than in previous winters with

many places in the southern sound being just void of fish. Ding Darling creeks that I often fish with great success are holding very few fish. Though these creeks have mullet and a few sheepshead in them, they are just not stacked up with the sheepshead and snook like in past years. The water in these creeks is crystal clear so spotting fish and getting an accurate read is easy.

Other places like the docks and canals in the southern sound from the lighthouse to the powerlines have almost zero sheepshead in them, when in previous years, these areas had thousands of fish in them. All I can speculate is that the barnacles that these fish feed on in these places are covered up with a mossy-like substance and possibly dead.

Once I get north of the powerlines, I'm finding lots of fish in all the usual places I would get them any other winter. Sheepshead, black drum and rat redfish made up the majority of our fish again this week. With a few flat spots of very little tide movement, the bite would slow. Then, as expected, as the tide picked up speed, the action would pick up too.

No matter how long you fish a place, you are always learning something new about it. This has proved very true this winter with our fish being in different places than in years past. Areas in the southern sound have just not had the abundance of life like they had in years past, while areas from the middle sound north are better fishing than I can remember. If you are not catching fish in your usual places, it's time to do what I did this week and take a day to go scout.

Capt. Matt Mitchell has been fishing



Nick from Connecticut with a sheepshead caught while fishing with Capt. Matt Mitchell this week photo provided

local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country

fishing guide. If you have comments or questions, email [captmattmitchell@aol.com](mailto:captmattmitchell@aol.com).✱

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## CROW Case Of The Week:

## Virginia Opossum

by Bob Petcher



The Virginia opossum (*Didelphis virginiana*), also referred to as "possum" to many southerners, is North America's only marsupial, an animal that has a pouch, like the

Australian kangaroo or koala. It is also one of the Earth's oldest mammals.

The nocturnal animal begins its life as tiny as a honeybee and immediately crawls into its mother's pouch to develop further. Interestingly, a female opossum may give birth to as many as 20 babies in a litter, but fewer than half of them survive. Unfortunately, some never even make it as far as the pouch.

Virginia opossums are omnivorous, enjoying a diet both rich in plants and animals.

At CROW, an adult female Virginia opossum was admitted from Estero after suffering head trauma, possibly from being struck by a vehicle. The patient was stabilized overnight with fluid therapy, pain medication and anti-inflammatories. The following day, the opossum was anesthetized and a full set of radiographs were taken. The radiographs revealed that the opossum's right upper canine and premolar were

avulsed. The radiographs also showed fractures to both the upper and lower jaw. Later that day, the first of two surgeries was performed to remove the affected teeth.

"In total, three teeth were extracted. The most significant was the canine tooth, but there were two smaller premolar teeth that were extracted as well," said Dr. Kyle Abbott, CROW veterinary intern. "Teeth fractures unfortunately cannot heal and so any fractured teeth were extracted. Root canals are often the treatment for fractured teeth in pets, but these are complex procedures and not required in an opossum."

A day later, the patient underwent another surgery to hold the fractured area in place using wire.

"The surgery to stabilize the mandible, lower jaw, involved wrapping the wires around the jaw as well as teeth on both sides of the fracture," said Dr. Abbott. "The wire apparatus was left in place for two weeks while the soft tissues formed a callus to stabilize the fracture."

CROW officials reported the injuries have been healing appropriately, to the point that the wires were recently able to be removed.

"This opossum was certainly in a lot of pain with the fractures she sustained. She was kept on pain medications for a few weeks after the fractures occurred," said Dr. Abbott. "It is interesting to know that the opossum has the most teeth of any North American land mammal, and she will do well without these teeth



Patient #19-0114 had to deal with a lot of pain after suffering head trauma as well as fractured teeth and both her upper and lower jaw

photo by Brian Bohlman

because she has many others for eating."

The patient is still being offered a soft food diet, but will be transitioned to more solid food in the near future.

"The opossum will be transitioned over the course of a week to harder foods as long as she is able to eat the harder foods without issues," said Dr. Abbott.

The patient's release window will open only when she adapts to the food she will encounter in the wild.

"The opossum will be released once it can eat a normal opossum diet, which

is a large variety of both soft and hard foods. They are omnivores and will eat plants and animals. Once she can eat all foods offered without issue, then she will be ready for release."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit [www.crowclinic.org](http://www.crowclinic.org).

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Shell Of The Week

# Two-band Eulima



by José H. Leal, PhD, Bailey-Matthews National Shell Museum Science Director and Curator

**E**ulima bifasciata d'Orbigny, 1841 is a super-slender member of the family

Eulimidae. Eulimids are snails that parasitize the external or internal parts of echinoderms such as sea cucumbers and sea urchins, basically sucking their blood for a living. Two-band Eulimas may reach 10 mm (a little less than 0.5 inch), have a very glossy shell with slightly convex whorl outlines and a very pointed apex. Two golden-brown bands just below the suture (the groove separating two whorls) are characteristic of this species. Learn more about this species and other local mollusks at [www.shellmuseum.org/southwest-florida-shells](http://www.shellmuseum.org/southwest-florida-shells) and [www.shellmuseum.org/blog](http://www.shellmuseum.org/blog).

## Shell Museum Events

See truly giant shells. Watch a live Tank Talk. Take a daily beach walk. Check out our family programs. We are the only natural history museum in North America devoted entirely to shells. Drop by and let us inform and inspire you. Visit [www.shellmuseum.org](http://www.shellmuseum.org) or call 395-2233.



The Two-band Eulima, *Eulima bifasciata*, from Sanibel

The Bailey-Matthews National Shell Museum is located at 3075

photo by José H. Leal

Sanibel-Captiva Road. Call 395-2233 or visit [www.shellmuseum.org](http://www.shellmuseum.org).✧



**T**he Bailey-Matthews National Shell Museum broke ground on its aquarium project in January, but construction won't slow the museum's pace at bringing Sanibel the best in environmental education. Starting with hosting Pulitzer Prize-winner Jack E. Davis on February 20, the museum plans to continue providing great educational opportunities while it is being transformed to add a living collection of mollusks to its already extensive shell collection.

"In order to preserve our precious Gulf of Mexico, it's important to be well-versed in its history, both environmental and cultural," said Dorrie Hipschman, museum executive director. "The museum is pleased to host a Pulitzer Prize-winning author with expertise on our region. We invite Sanibel to attend this important lecture as we grapple with decisions now that will affect our future for many years to come."

Register at <https://www.shellmuseum.org/event-calendar> to attend the talk, titled The U.S. and the Gulf of Mexico: History, Wisdom, and Hope, which explores and celebrates the environmental history of the gulf's rich marine ecosystem, drawn from his 2018 Pulitzer Prize-winning book *The Gulf: The Making of an American Sea*.✧

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## Speaker To Address Orchid Culture

**B**ill Thoms, internationally recognized speaker, orchid breeder and grower, will speak at the Sanibel Captiva Orchid Society meeting on Monday, February 18 at St. Michael & All Angels Episcopal Church. Thoms and his wife, Doris Dukes, have been growing orchids around central Florida for over 45 years and have almost every award granted by the American Orchid Society (AOS). Thoms will be speaking on General Orchid Culture.

Orchid enthusiasts are encouraged to come for the fundamentals session at 1 p.m. to hear a member of the society speak on orchid basics. Anyone with questions or an "ill orchid" that needs diagnosis can bring their plants to the meeting during show and tell. Orchid society members are invited to participate in a monthly show. Ribbons are awarded for best hybrid and best species orchids. Most meetings will have orchids for sale as well as an orchid raffle. Annual society membership is \$25 for individuals and \$45 for couples. Guests are \$5. For more information, visit [www.sancaporchid.org](http://www.sancaporchid.org).

St. Michael & All Angels Episcopal Church is located at 2304 Periwinkle Way on Sanibel.✪



Jeanne Brinkerhoff and Mimie DiRico with their shared first place ribbons at the January meeting photo provided

From page 1

## BIG ARTS

Broadway to Main Street, USA. In April, a New York City Center Encores! Production is set to open. Other Loesser musicals continue to be staples among theater companies including *Guys and Dolls*, to which 20th Century Fox recently bought the film rights. The stage production opened in 1950; the 1955 film version starred Marlon Brando and Frank Sinatra. It's been reported that Channing Tatum and Joseph Gordon-Levitt may be starring in the upcoming film.

"*Guys and Dolls* is the most produced show every year by high schools and colleges," Loesser said. "We have a sort of a competition with *Oklahoma!* but *Guys and Dolls* usually wins."

That kind of staying power holds for plenty of his father's single songs as well. *Baby, It's Cold Outside* started life in 1944 as a duet that Frank and Lynn Loesser sang at parties and got a second life in the film *Neptune's Daughter* in 1949.

"He wouldn't sleep a lot. He'd nap a lot," Loesser said. "He'd be up playing on one of the first electric pianos at 3 a.m. And by six o'clock, he'd want a martini."

Loesser was assisting major Broadway producers by the time he was 16. He has since had a thriving career in music and then theater production. While in his early 20s, he ran the West Coast office of Frank Music Corporation, the family publishing company before its sale to CBS. He subsequently produced records for 20th Century Fox and was awarded *Billboard Magazine's* Special Disco Award for his *Broadway Brass* album. Launching his career in theater management and producing, he formed his own company

to manage the prestigious Westwood Playhouse in Los Angeles, as well as the Las Palmas and Coronet Theatres. He spent 18 years as the executive director of the Lyric Theatre in Stuart, Florida, from which he retired a year ago. Smaller theaters are where he can make a bigger difference, he said.

Loesser missed a film debut at about age 4. Alfred Hitchcock wanted him to play the little boy who finds the body in *The Trouble with Harry*. But when his parents found out he had to cry in the film, they didn't allow it.

He remembers his father's good friend John Steinbeck and playing with "the Steinbeck kids." But he would be an adult before he'd recognize many of the names of his parents' friends.

"I didn't know who they were at the time," Loesser said. "They were just people. Now that I know who they are, boy do I have questions! But most of them are gone now," he said.

"This guy I loved used to come over to the house (when Loesser was very young) and he'd give me piggyback rides and I'd pull on his beard. And I couldn't wait 'til the next time he came over," he said. That was Columbia Records' recording artist and executive Mitch Miller.

"I've forgotten half the people I knew as a child," Loesser said. "Now I find out and I catch myself thinking, 'That's who that was?'"

"A lot of people have come back into my life. As a presenter, which I've done for the last 40 years, it's amazing how many people will remind me they knew me as a kid. All my life people I've been friendly with people who knew my father. He's an American treasure."

For tickets, visit [www.bigarts.org](http://www.bigarts.org) or call 395-0900. BIG ARTS is located at 900 Dunlop Road on Sanibel.✪



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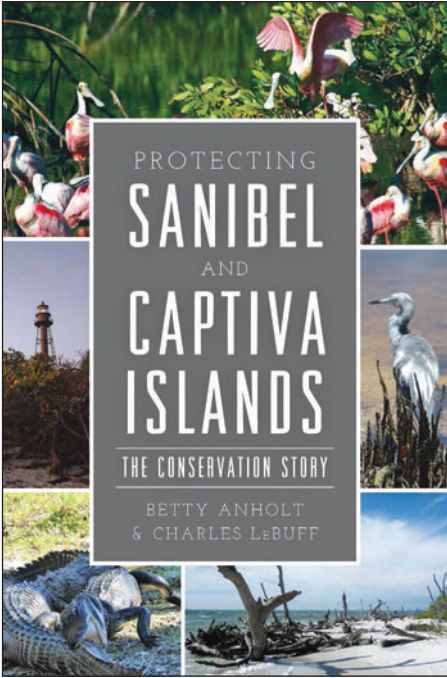
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# Local Authors To Share Story Of Conservation

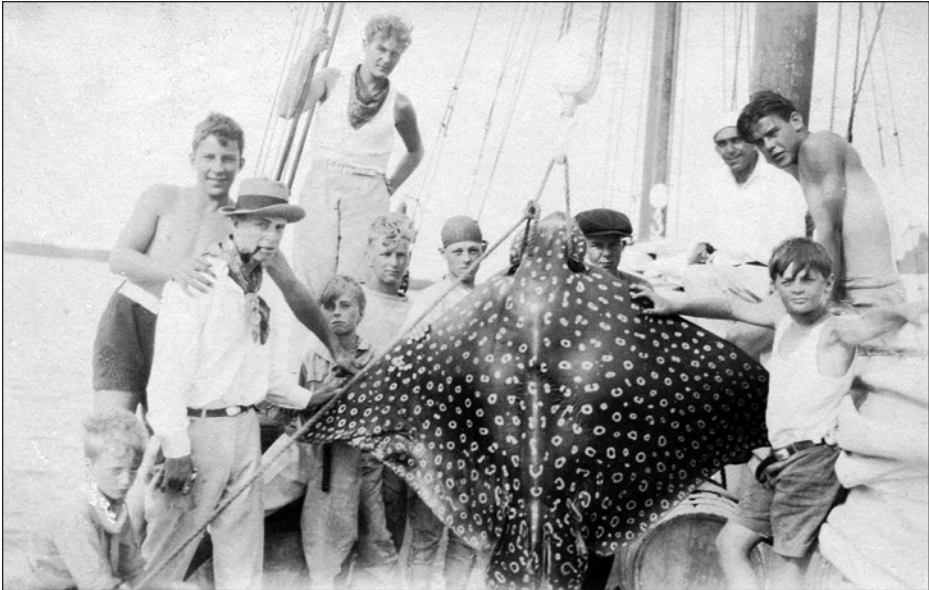
Long time island historians and authors Betty Anholt and Charles LeBuff will discuss the aspects and history of the islands' conservation ethics to which they have each made major contributions and is the subject of their newly published book. Anholt and LeBuff will speak on Thursday, February 14 at 7:30 p.m. as part of the Sanibel-Captiva Audubon lecture series. They will share a presentation showcasing the unique historical activities which have preserved Sanibel and Captiva islands.

The vibrant islands of Sanibel and Captiva are ecological marvels compared to Florida's many overbuilt barrier islands. Development began with the construction of the Sanibel Lighthouse in 1884, when only the lighthouse keeper, assistant and their families lived on the island. Noted conservationist Jay Norwood "Ding" Darling led the charge in preserving the islands' wildlife and natural beauty from the greed of real estate speculators and land developers in the 1930s. Former presidents like Harry Truman and cabinet-level executives worked alongside Sanibel and Captiva residents, setting up preserves and wildlife refuges to guard the integrity of the island's unique natural blessings, abundant wildlife and aquatic stores. Both authors will review the evolution of the islands' conservation ethic and how it has persevered even today.



photos provided

Anholt is a long-term student of Florida's natural and social history and, in particular, that of Southwest Florida and the islands. She has published four books, including *Sanibel's Story: Voices and Images from Calusa to Incorporation*, numerous articles, columns and smaller pieces. Born and raised in New Jersey, Anholt and her husband, Jim, moved to Sanibel with their young family many years ago. She has canoed the Suwannee from the Okefenokee Swamp to the Gulf of Mexico and crossed the Everglades by paddle. Her volunteer activities have included City of Sanibel committees,



Vintage photograph of local fishermen who caught a devil ray

local organizations and extensive work in archaeology and research. Presently, she works in reference and cataloging at the Sanibel Public Library.

In 1967, LeBuff was selected to fill the number two position at the Sanibel National Wildlife Refuge (now JN "Ding" Darling National Wildlife Refuge) from which he retired in 1990. During his time on Sanibel, he served as president of the Sanibel-Captiva Audubon Society, was a founding board member of the Sanibel-Captiva Conservation Foundation (SCCF) and was twice elected to the Sanibel City Council serving from 1974 to 1980. He also founded and directed the loggerhead sea turtle conservation project, Caretta Research Inc., that has continued since

1992 under the auspices of the SCCF. Today, LeBuff and his wife of more than 60 years, Jean, live near Fort Myers where he pursues his many hobbies and also self-administers his website, [www.amber-publishing.com](http://www.amber-publishing.com).

As always, all are welcome to attend. Doors open at 6:30 p.m. and parking is available at The Community House, 2173 Periwinkle Way, and across the street in the BIG ARTS Strauss Theater parking area. A \$10 donation per attendee is appreciated, with proceeds after costs being used to promote conservation on Sanibel and in Florida.

For more information, call Bill Jacobson at 395-1878 or visit [www.san-capaudubon.org](http://www.san-capaudubon.org).✧



Blair and Dawn Witherington photo provided

# Naturalists To Be Featured Authors At Shell Festival

The Sanibel-Captiva Shell Club, sponsors of the annual Sanibel Shell Festival, announced that naturalists Blair and Dawn Witherington will make an appearance at this year's show. The couple will be signing copies of their bestselling books, *Florida's Living Beaches: A Beachcomber's Guide*, *Florida's Seashells*, and *Our Sea Turtles*, at the Authors Table on Saturday, March 9 from 9 a.m. to 3 p.m. A portion of all sales will be donated to the Sanibel-Captiva

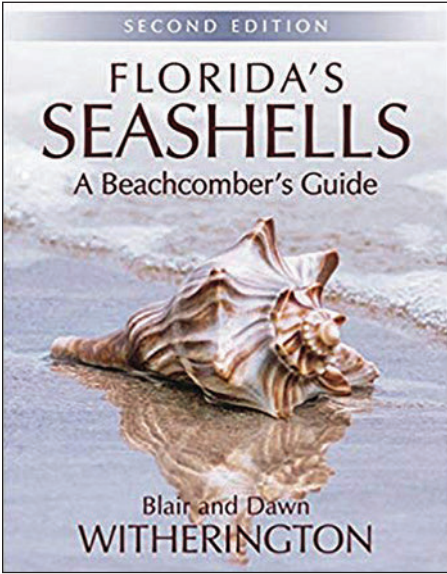


image provided

Shell Club to provide grants for students interested in the study of malacology (mollusks), local sea life, and marine biology and ecology. Florida natives with a passion for Florida's beaches, shells and sea life, the Witheringtons have collaborated on many projects over the years, combining their knowledge, writing, photography and design skills. This will be their first appearance at the shell festival. The 82nd annual Sanibel Shell Festival will be held on Thursday, Friday and Saturday, March 7, 8 and 9 at The Community House.✧

# Programs And Activities At SCCF

The Sanibel-Captiva Conservation Foundation (SCCF) will be offering the following programs and activities during the month of February:

Mondays at 8:30 a.m.: Weeds & Seeds – Join a group of amateur botanists who enjoy finding and identifying native plants on Sanibel and the Caloosahatchee watershed. Walks are held at different locations in Lee County and last for two hours. They are guided by a leader with a plant list. Depending on the location visited, you may need parking money. Bring a hat, water, sunblock and comfortable enclosed shoes with socks. Meet at the SCCF Nature Center at 8:30 a.m. (depart at 8:45 a.m.) at the base of the porch and carpool to the site.

Tuesdays at 10 a.m.: Florida Panthers & Wildlife Corridors – Florida panthers are the rarest mammals in North America and their future depends on wildlife corridors. While not found on Sanibel, they play an important role in maintaining the ecosystems of Southwest Florida. The last few years have seen record-breaking panther deaths, but there is hope in protecting their habitat and allowing the elusive cat to spread north into its historic habitat. SCCF Public Outreach Coordinator Alexis Horn leads the program. Horn ran the Sierra Club's

Florida Panther program. She will explain what makes Florida panthers unique and why they are so vital to the environment. Meet at SCCF Nature Center.

Tuesday to Thursday; 11 a.m.: Interior Wetland Trail Walk – Sanibel Island is a unique barrier island in Florida because it still has an interior freshwater wetland ecosystem that has not been lost to development. Take a guided walk through the interior wetlands and mid-island ridges of the Center Tract with discussion of native habitats, natural and cultural history and preservation efforts. Meet at SCCF Nature Center.

Wednesdays at 9 a.m.: Bowman's Beach Walk – Meet your SCCF guide at Bowman's Beach at the foot of the bridge that crosses the bayou on the way to the beach. Your guide will lead you along the beach towards Blind Pass and back along the back dune/bayou trail. Keep your eyes open for shorebirds and gopher tortoises. Learn about SCCF's 50-year role in island preservation. Free to all; participants must pay to park.

Thursdays at 10 a.m.: Turtle Tracks – Sanibel Island had one of the first sea turtle monitoring programs in the country. Learn about the life cycles and habits of the sea turtles and shorebirds that nest on the beaches, SCCF's monitoring activities, and what the organization is doing to protect them. Meet at SCCF Nature Center.

SCCF is located at 3333 Sanibel-Captiva Road. For more information, call 472-2329.✧



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# CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact the Visitor Education Center at 472-3644 ext. 229 or [reservations@crowclinic.org](mailto:reservations@crowclinic.org). Hours are 10 a.m. to 4 p.m. Monday through Saturday. Daily presentations are offered at 11 a.m. and 2 p.m. Wildlife Walk hospital tours are offered Monday through Friday at 11 a.m., and Wednesday, Thursday and Friday at 2 p.m. CROW is located at 3883 Sanibel Captiva Road.

**Friday, February 8, 11 a.m. to 12:30 p.m.**, \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

**Friday, February 8, 11 a.m.**, adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Why Animals Come to CROW (daily presentation).

Whether animals are sick, injured or orphaned, CROW aims to lead in their recovery. From fishing line entanglement to abducted babies, this presentation will address the most likely reasons patients are admitted to the hospital.

**Friday, February 8, 2 to 3:30 p.m.**, \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

**Friday, February 8, 2 p.m.**, adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles: Owls of Southwest Florida (daily presentation).

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida, specifically the five species of nocturnal hunters known as owls. One of CROW's animal ambassadors will be present.

**Saturday, February 9, 11 a.m.**, adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Baby Care at CROW (daily presentation).

Wildlife parents are devoted to the care of their young and rarely abandon them, and juveniles found “abandoned” might actually be in a natural stage of development. Those needing assistance are placed in a specialized wing of the wildlife hospital and are provided supportive care around the clock until they are old enough to care for



themselves.

**Saturday, February 9, 2 p.m.**, adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles: Gopher Tortoises (daily presentation).

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from southern Georgia to southeast Florida. Because of its contributions to the ecosystem, it is classified as a keystone species. CROW's presenter explains why they are admitted and how the medical staff treats this species. One of CROW's animal ambassadors will be present.

**Monday, February 11, 11 a.m. to 12:30 p.m.**, \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

**Monday, February 11, 11 a.m.**, adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles: Birds of Prey (daily presentation).

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida. One of CROW's animal ambassadors will be present.

**Monday, February 11, 2 p.m.**, adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – CROW Case of the Week (daily presentation).

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. One of CROW's animal ambassadors will be present.

**Monday, February 11, 4:15 p.m.**, adults: \$10, ages 13 to 17: \$5, ages 12 and under no charge, advance registration recommended (seasonal program) – Speaker Series: Butterflies of Southwest Florida presented by Pam Jones-Morton, PhD, volunteer for Florida State Parks.

Discussion will include the differences between moths and butterflies, butterfly development, plants that support butterfly life cycle, tagging and netting. Pictures of these beautiful creatures will be shared as well as advice on how to help increase the population. There will be time for

questions and clarification during the talk, and handouts will be available. See how you might support the butterflies of Southwest Florida.

**Tuesday, February 12, 11 a.m. to 12:30 p.m.**, \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

**Tuesday, February 12, 11 a.m.**, adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Wildlife Rescue 101 (daily presentation).

Have you ever come across wildlife in “distress” but did not know the appropriate steps to help? Florida is home to more than 700 terrestrial animals and other invertebrates, and they all depend on sustainable recreational practices to survive. From posturing to vocalizations, animals communicate in a variety of ways and, at times, indicate their need for human assistance. Whether deterring visitors from feeding birds on the beach or detaching a pelican from fishing line in the mangroves, this program will cover rescue assessment as well as handling techniques.

**Tuesday, February 12, 2 p.m.**, adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles: Virginia Opossums (daily presentation).

Virginia opossums are the only marsupial, or pouched mammal, native to the United States. They are highly adaptable animals and can live in a variety of habitats, both natural and human made. Although it may not be obvious to some people, opossums are a unique member of Florida's wildlife, playing an important role in the function of a healthy ecosystem. One of CROW's animal ambassadors will be present.

**Wednesday, February 13, 11 a.m.**, adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Wildlife Rescue 101 (daily presentation).

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**Wednesday, February 13, 12 to 1:30 p.m.**, \$35 per person, advance registration required (seasonal program) – Lunch & Learn with Dr. Barron.

Have lunch on the CROW campus with Hospital Director Dr. Heather Barron. Learn about the work at the clinic and how it is vital to Southwest Florida and beyond. Hear wildlife patient stories and end the program with a behind-the-scenes tour of the hospital.

Reservations include a boxed lunch

catered by Sanibel Deli.

**Wednesday, February 13, 2 to 3:30 p.m.**, \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

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**Thursday, February 14, 11 a.m. to 12:30 p.m.**, \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

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**Thursday, February 14, 2 p.m.**, adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Species Profile: Snakes of Southwest Florida (daily presentation).

Florida is home to 46 species of native snakes, only six of which are venomous. Although there is a widespread fear and misunderstanding of this animal, most species are harmless to humans and form vital links in the ecosystem. Snakes are extremely valuable because they are efficient at monitoring pest populations without relying on chemical pesticides which can degrade the environment and harm other animal species. One of CROW's animal ambassadors will be present.\*



## Student Assembly Held On Suicide Prevention

On February 1, The Sanibel School's fifth through eighth graders gathered in the cafeteria for an assembly with speaker Will Hutcherson of the Youth Leadership Collective, a nonprofit organization that partners with educators and parents to heal despair in teens.

"The number of suicide attempts in teens has doubled in the last 10 years. We do what we do to show students that no matter how bad things are, they can still have hope. They should never make a permanent decision based on a temporary problem," said Hutcherson.

The presentation, entitled Flip the Script, consisted of games, interactive illustrations, videos and a 20-minute talk by Hutcherson, hitting on topics, like bullying, depression, family problems and other hardships that contribute to despair.

Hutcherson told the students: "Some of you are believing the lie that no one cares about you. The truth is that there are people in this room who care about you. Your teachers and administrators are not your roadblocks to success. They're your



From left, Assistant Principal Jamie Reid, Will Hutcherson and Principal Chuck Vilardi

photo provided

pathway to it."

The purpose of the assembly was to encourage students to talk to a teacher or parent if they are thinking about hurting themselves or someone else. Hutcherson also explained to them that even though people will disrespect them or even bully them, it doesn't change their value. In fact, they have the opportunity to change the

world through acts of kindness towards those around them.

"I think the assembly hit home with the students, especially about how they can change the world with acts of kindness," said Chuck Vilardi, principal of The Sanibel School.

Hutcherson and the Youth Leadership Collective host school assemblies

across the country to promote positive school culture and help teachers build relationships with students.

To learn more about Youth Leadership Collective, visit [www.youthleadershipcollective.com](http://www.youthleadershipcollective.com).

From page 1

## Spaghetti Dinner

free. Dessert and coffee are extra. Advance tickets can be purchased from any Kiwanis member and also at Bailey's General Store, Bank of the Islands, Big Red Q Printing, Island Pharmacy and Periwinkle Park.

Primary sponsors for this year's event are Lee Health Foundation, Il Cielo Restaurant, Bank of the Islands, The Sanibel Captiva Trust Company, Bailey's General Store, Sanibel Captiva Community Bank and The Bubble Room Restaurant.

In addition to these primary sponsors, many other island businesses show their support by contributing food and prizes that are placed in the raffle and auction.

"The spaghetti dinner is always a fun time, and it's the best deal in town," said Kiwanis President Doug Congress. "More than that, it is great way for folks to show community support for youth education and recreational programs that benefit our local kids." \*\*



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**\*Winner Best Seafood 2010-2018**







### Sweet Potato and Carrot Cupcakes

2 cups mashed sweet potato (1/2 cup separated)

- 1 carrot, grated
- 1 cup pecans, candied and crushed
- 1 tablespoon ground cinnamon
- 1/2 teaspoon ground nutmeg
- 1/4 teaspoon ground cardamom
- 1/4 teaspoon ground ginger
- 1/8 teaspoon ground white pepper
- 1/8 teaspoon sea salt
- 1 cake mix, store bought or homemade
- Cream cheese frosting, store bought or homemade

Preheat oven to 375 degrees if using the homemade recipe (if using store bought, follow package instructions). Prepare cupcake batter using box mix or homemade recipe provided. Once the batter is prepared, place cupcake liners in the cupcake pan and set aside. In a small bowl combine the cinnamon, nutmeg, cardamom, ginger, white pepper,



### Sweet Potato and Carrot Cupcakes

and sea salt and set aside. In another small bowl combine 1 1/2 cups of the mashed sweet potato and 1/2 of the spice mixture. Fold this mixture along with the grated carrots into the cupcake batter until combined. Using an ice cream scoop, evenly divide the batter into the liners (about 2/3 full) do not overfill. Bake for about 16-18 minutes (if using the scratch made recipe) or until a toothpick comes out clean when inserted. Set aside to cool

photo courtesy Fresh From Florida

completely.

Meanwhile, fold in the remaining 1/2 cup sweet potato mixture into the cream cheese frosting. When the cupcakes are completely cooled, frost each cupcake with desired amount of frosting. Sprinkle the crushed pecans and a small amount of the remaining spice mixture on each cupcake. Keep the cupcakes in a cool and dry area until ready to serve.✱

## LIVE ON THE ISLANDS

**Il Cielo** has live entertainment with Scott McDonald on Tuesday, Wednesday, Thursday, Friday, Saturday and Sunday.

**Island Cow** on Periwinkle Way has live entertainment on Friday with Dan Confrey. Peter Redpath plays on Saturday. On Sunday, it's Dan Confrey.

**Traditions on the Beach at Island Inn** has live entertainment on Friday with Dusk. Woody Brubaker and Barbara Dexter perform on Saturday. Mike Arnone plays on Sunday and Monday. Dusk returns on Tuesday and Wednesday. On Thursday, it's Woody Brubaker and Barbara Dexter.

*Restaurant owners/managers, please email or fax any changes to your entertainment schedule to [press@islandsunnews.com](mailto:press@islandsunnews.com) or 395-2299.✱*

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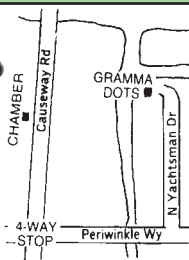
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Surfing is a favorite activity among Sanibel Sea School campers

photo provided

## Summer Camp Registration

General registration for Sanibel Sea School's 2019 summer camp programs will open at 10 a.m. on Saturday, February 16. A variety of ocean camps are available for campers

ages 4 to 18 at three locations, including the nonprofit organization's flagship campus on Sanibel's east end, Sundial Beach Resort & Spa and Canterbury School in Fort Myers.

Each week has a different ocean theme, and highlights include sharks, shells and sea turtles for 6- to 13-year-olds. These programs include ocean skills like surfing, snorkeling and net

fishing, as well as games, activities and art. For 4- to 6-year-olds, frigate bird, octopus, and hermit crab-themed weeks will offer a chance to splash and learn while getting comfortable in the ocean.

Teens can participate as Counselors In Training (CIT), learning useful leadership skills in a fun setting, and

the organization offers coral reef expeditions to the Florida Keys and Belize for older campers. Teen camps also include paddling, camping, fishing and survival skills.

Visit [www.sanibelseaschool.org](http://www.sanibelseaschool.org). To receive camp-related emails, contact [info@sanibelseaschool.org](mailto:info@sanibelseaschool.org).

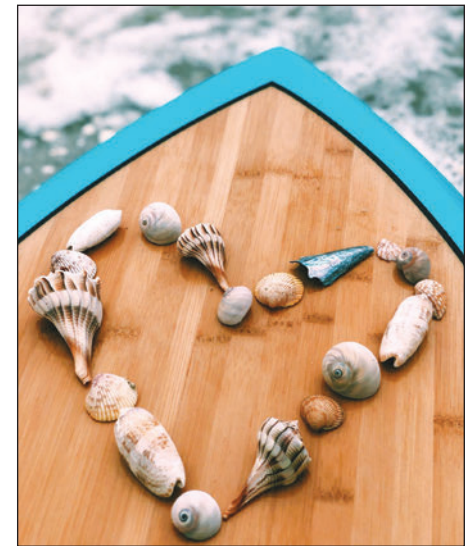
## Paddle With Love

by Kealy McNeal

On Thursday February 14, in celebration of Valentine's Day, Ocean Tribe Paddlers will host a sunset paddle on San Carlos Bay. Bring a loved one and enjoy the views with us, then let's share a seaside toast. Festive refreshments will be provided post-paddle.

Those interested in joining can bring their own vessel or borrow one of ours. To reserve a loaner vessel, email [oceantribepaddlers@sanibelseaschool.org](mailto:oceantribepaddlers@sanibelseaschool.org). We have a limited number of tandem kayaks available for pairs who would like to stay close to one another.

This paddle will launch at 5:45 p.m. from Causeway Island A, and will last until approximately 7 p.m. Visit our Facebook page for any weather related updates before the event, or call 472-8585.



Bring a friend or loved one for a Valentine's Day sunset paddle

photo provided

Ocean Tribe Paddlers is a branch of Sanibel Sea School that helps the local paddling community better explore, enjoy and understand the ocean. Visit [www.oceantribepaddlers.org](http://www.oceantribepaddlers.org) or follow on Facebook to learn more.

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# Record-Setting Evening For Under The Sea Fundraiser



From left, Liz Podolsky, Leigh Gay, Rebecca Mensch, Char Gulbrandsen, Stephanie Muddell and Jane Henshaw at Saturday's Under The Sea fundraiser for the Bailey-Matthews National Shell Museum  
photos by Jeff Lysiak



From left, Leslie and Joe Anding with Gary and Cheryl Bittgen



From left, Karen Roberts and John Henshaw with Toni and John White



Museum Executive Director Dorrie Hipschman



Grand Junonia Sponsor Al Hanser of The Sanibel Captiva Trust Company



Board President Holli Martin presented Past President Chris Davison with a plaque



Roger and Sandy Grogman by the Clam Boat of Wine auction prize





Auctioneer Andrew Bost solicited a record-setting \$113,000 in donations for 11 auction items



Mark Anderson with the table centerpiece he won, congratulated by Gayle Laufer



From left, Armando and Tamara Llechu with Stephanie and Jeff Muddell



Lisa and Chris Heidrick



From left, Holli Martin, Chris Davison, John Henshaw, Richard Johnson, Pete Bender and Roger Grogman



This year's Under The Sea live auction more than doubled last year's total



The Community House  
Vanilla



by Resident Chef Jarred Harris

Vanilla is the world’s most popular flavor and aroma, but did you know that the vanilla bean is really a fruit that comes from an orchid? In fact, the vanilla orchid is the only fruit-bearing member of the orchid family. The vanilla orchid was first cultivated by the Aztecs in Mexico and Central America. They called the orchid “black fruit” because of the black vanilla pods they produced.

The Spanish conquistador Hernán Cortés introduced vanilla and chocolate to Europe around the 1520s and Thomas Jefferson introduced vanilla to the United States in the late 1700s. The word vanilla comes from the Spanish word “vaina,” meaning “little pod.”

After saffron, vanilla is the most expensive spice in the world. This because of the labor-intensive process it takes to produce the fruit. The flower that produces the vanilla bean only lasts one day and it can only be pollinated

by hand, hummingbirds or a specific bee only found in Central America. The beans are hand-picked, then dried and cured in a process that takes four to six months.

The vanilla orchid is grown in several regions around the world. The majority of the world’s vanilla, known as bourbon vanilla or Madagascar vanilla, is produced in Madagascar and in parts of Indonesia.

In Europe, vanilla was once used to produce certain medicines, such as aphrodisiacs and nerve stimulants, because the smell of vanilla actually induces calmness. Natural vanilla extract contains appetite-suppressing properties and powerful antioxidants, including vanillic acid and vanillin. These antioxidants protect our bodies against free radicals and toxins.

Here is a simple recipe to try using vanilla:

**Pear and Vanilla Sorbet**

- 1 cup water
- ½ cup sugar
- 1 vanilla bean (split and seeds removed) or substitute 1 tsp. vanilla extract

4 large ripe pears (peeled and cored, cut into small pieces)  
4 tbsp. honey  
2 tsp. lime juice  
Method  
Place the first 3 ingredients into a saucepan and bring to a simmer, stirring until the sugar has dissolved.

Place the pears in the pan and simmer until the pears are translucent, about 10 to 15 minutes.

Remove from heat and add the honey

and lime juice. Mix well, then remove the vanilla pod from the pan.

Pour the liquid into a blender or food processor and blend thoroughly.

5. Cool the liquid over an ice bath. When liquid is completely cooled, pour into an ice cream maker and freeze according to manufacturer’s instructions.

Resident Chef Jarred Harris heads the Culinary Education Center at The Community House on Sanibel. For volunteer opportunities or questions, contact him at [kitchen@sanibelcommunityhouse.net](mailto:kitchen@sanibelcommunityhouse.net) or call 472-2155.\*

From page 12

Prescribed Fire

Sanibel-Captiva Conservation Foundation and U.S. Fish & Wildlife Service’s JN “Ding” Darling National Wildlife Refuge formed the Sanibel Firewise Task Force.

To reduce the risk of wildfire around your home and to help ensure the safety of your home during a prescribed burn, the Sanibel Firewise Task Force recommends that you: trim dead palm fronds from trees; trim tall grasses near the home; prune large, leafy hardwood trees so the lowest branches are six to 10 feet above the ground; do not store combustible materials such as gasoline containers, firewood, and building supplies under or around the home; and keep mulch and other landscaping material well watered.

For more information regarding fire and prescribed burning on Sanibel, contact the City of Sanibel Natural Resources Department at 472-3700.\*

American  
Legion Post 123

American Legion Post 123 is serving barbecued ribs and chicken this Sunday, February 10 from noon to 8 p.m. The following Sunday, February 17, there will be a fish and shrimp fry from noon to 8 p.m.

Celebrate Valentine’s Day at Open Mic Night, held every Thursday from 5 p.m. to close.

Non-perishable food items for FISH of SanCap can be dropped off during regular operating hours.

On Tuesdays, tacos are served all day. Spaghetti and meatballs are served all day on Wednesday. On Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m.

Every Monday night beginning at 5 p.m., the 8 Ball Pool League is in play.

If you have a flag that needs to be retired, drop it off at Post 123.

American Legion Post 123, located at Mile Marker 3 on Sanibel-Captiva Road, is open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. The public is welcome. For more information, call 472-9979.\*



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Paul Bannick

photos provided

## Lecture Focuses On A Year In The Life Of Owls

Award-winning author and wildlife photographer Paul Bannick will present a program featuring video, sound, stories from the field, and dozens of new images from his new book, *Owl*:

*A Year in the Lives of North American Owls*, at two presentations at JN "Ding" Darling National Wildlife Refuge on Sanibel. The programs will be held on Friday, February 15 at 10 a.m. and 1 p.m., part of the 2019 "Ding" Darling Friday Lecture series.

Coupling his love of the outdoors with his skill as a photographer, Bannick creates images that foster the intimacy between viewer and subject, inspiring education and



A page from Bannick's book portraying snowy owls

conservation. *Owl: A Year in the Lives of North American Owls* received a gold medal in the 2017 Independent Publisher Book Awards Animals/Pets category. Bannick also authored *The Owl and The Woodpecker*, *Encounters with North America's Most Iconic Birds*.

His work has been featured prominently in bird guides from Audubon, Peterson, The Smithsonian, Stokes, The National Wildlife Federation, and *Birds of the World*; and has appeared in a variety of publications from *The New York Times* and *Birds and Blooms* to *American Way* and the *Seattle Times*. Bannick has appeared on *NBC Nightly News*, *Evening Magazine* and dozens of NPR stations and programs, including *Travels with Rick Steves* and *BirdNote*.

The author-photographer will sign copies of his books, available in the Refuge Nature Store, following the two lectures. Profits from Nature Store sales directly benefit refuge wildlife, education and research.

HighTower/Thomas & Swartz Wealth Management sponsors the 11-lecture series with support from the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS). The free lectures are held twice each Friday through April 12 at 10 a.m. and 1 p.m. The season's remaining schedule is listed below. Book signings follow all starred (\*) lectures.

Lectures take place in the admission-free "Ding" Darling Visitor & Education Center. Seating for the lectures is limited

continued on page 37



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Book Review

Our Little Secret



by Di Saggau  
Roz Nay's international bestselling and award-winning novel *Our Little Secret* is a tour de force of psychological suspense. It's a twisted tale of love, pain and revenge

that will stay with the reader long after they turn the last page. They say you never forget your first love. What they don't say, though, is that sometimes your first love won't forget you.

Angela Petitjean, a 20-something young professional, sits in a cold, dull room in the local police station. She faces grim detectives who want to know if she can explain why her first love's wife has gone missing. The police have been interrogating her for hours, asking about Saskia Parker. She's the wife of Angela's high school sweetheart, HP, and the mother of his child. She has vanished. Homicide detective J. Novak believes Angela knows what happened to Saskia. He wants the truth, and he wants it now. Angela asks: "Do you really want to know what happened?" He does, so she tells him everything.

But Angela has a different story to tell. It began more than a decade ago, when she and HP met in high school



image provided  
in Cove, Vermont. As Angela speaks, it becomes obvious that she is odd, maybe even haunted. She was an awkward, shy teenager, while HP was a popular athlete, captain of the high school swim team. They became friends, fell in love and dated senior year. Everything changed when Angela went to college. When time and distance separated the two and when Saskia entered the picture. Angela has never been able to let it go.

That was eight years ago. HP foolishly married a drama queen, and Angela moved on with her life. Whatever marital rift caused Saskia to leave her husband has nothing to do with Angela. Nothing at all. Detective Novak needs to stop asking questions and listen to what Angela is telling him.

Once he understands everything, he'll have the truth he so desperately wants. In the end, she provides the answers in the final sentence of this remarkable novel.  
*Our Little Secret* is a gripping story that leaves you guessing until the very end.\*

School Smart



by Shelley M. Greggs, NCSP  
**Dear Shelley,**  
My almost 17-year-old daughter wants to get an after-school job. While I think it's a good idea, I'm concerned about how it will affect her school work. Do you have any suggestions about teenagers, school and working?

*Michelle M, Fort Myers Beach*  
**Michelle,**  
Work offers important self-esteem benefits to teens and some relief from the routine of school. It can help build a resume for future employment, and a regular paycheck can provide an important sense of empowerment as well as some life lessons about budgeting and taxes. Your daughter may also need to be aware that she might have to give up some things to make time for a job. And, school can easily get shortchanged in the process.

Here are some things to consider and discuss with your daughter as she looks for a job. Studies show that work starts to take a toll on grades when teens spend more than 15 hours on the job each week. It may be wise for your child to work even fewer hours. A steady and predictable work schedule can make it far easier for your teen to manage time wisely. Employers know that high school students have academic commitments and will often make adjustments so that teens can work just on weekends, or perhaps two afternoons and a weekend day each week.

Talk with your daughter about how she sees her job and her schoolwork both getting done. What will she need to put off or give up in order to succeed at both the job and school? Organization is key to balancing schoolwork and jobs. Plan for homework and study times as well as work times and keep a highlighted, visible calendar in the kitchen as a reminder for her to study.

Make sure your daughter tells her teachers that she's taking a job. In most cases, school staff can be quite supportive of teens who are working and offer strategies for prioritizing schoolwork. They may be willing to share information about upcoming projects and due dates. Equally important, encourage your daughter to be open with her employer about her workload at school. If a boss

isn't accommodating or flexible, your child may be better off finding work elsewhere.  
Once your daughter begins working, check in frequently with her and find and ask how she's handling his job and schoolwork. It may also be wise to check in with her teachers to make sure all is well at school during this time of increased responsibilities and workload.  
If your daughter starts showing signs of increased anxiety or depression or starts falling behind in school, act promptly. Talk to her immediately about what you're seeing, and discuss ways to help her get back on track. If you don't see prompt results, ask her to consider putting work aside for the time being. It may be that summertime, without the academic responsibilities, would be a better time for her to enter the working world. She would learn her job and then when school begins again, she would be more at ease with her work and be able to accomplish both school and work successfully.

*Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.\**

Top Ten Books On The Island

1. *No Sunscreen for the Dead* by Tim Dorsey
  2. *The Gown* by Jennifer Robson
  3. *Wife Between Us* by Greer Hendricks
  4. *In the Market for Murder* by Jennifer Schiff
  5. *Varina* by Charles Frazier
  6. *Golden Tresses of the Dead* by Alan Bradley
  7. *I, the Sanibel Sunset Detective* by Ron Base
  8. *The Current* by Tim Johnston
  9. *Liar Liar* by James Patterson
  10. *Becoming* by Michelle Obama
- Courtesy MacIntosh Books and Paper.\**

Local Student Studies Abroad

**H**annah Fay, a resident of Sanibel and student at Wofford College in Spartanburg, South Carolina, studied abroad during Interim 2019 in the Galapagos Islands.\*

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## Meet Some Historical Village Volunteers

There are approximately 120 volunteers currently working at the Sanibel Historical Village. Their duties run the gamut, from greeting guests at the door to working in the museum store, to giving tours and to farming the pioneer garden. "We'd like to both recognize our volunteers' contributions and share with the community what it means to be part of the historical village family," said Executive Director Emilie Alfino. "Volunteering at the village is a great opportunity to be part of a committed, dedicated – and fun – group."

Kathy Lear started volunteering at the village in 2006. She is from New Jersey and stays on Sanibel six months out of the year. In her "previous life," she was a registered nurse, volunteered in a clinic, and was a member of many clubs such as book clubs and yacht clubs. What brought her to Sanibel? "In 1976, we visited a friend who moved from New Jersey to Sanibel and fell in love with the island as soon as we crossed over the causeway," Lear said. At the village, she leads a tour once a week on Friday afternoons. She's also been on the volunteer appreciation luncheon committee for the past four years. "What I enjoy most is sharing my love of island history and our village," Lear said. "The social gatherings and getting to know other docents are



**Ken Gnazzo**

photos provided

some of the best parts of this volunteer opportunity." She names the Rutland House as her personal favorite building due to all the wood and memorabilia it contains. "Volunteering at the village is my small way of giving back and by doing so, I have gained ever so much more," she said.

Ken Gnazzo became a village volunteer in 2017. He is from Farmington, Connecticut and lives on Sanibel from January to May. His career was in retail. He ran his family's supermarket, which is now in its third generation, and his son is now in charge. He came to Sanibel via a college



**Kathy Lear**

acquaintance and serves as a tour guide. "I most enjoy the interaction with the visiting guests and their interests in the village sites and its history," Gnazzo said. His favorite building is the old Bailey General Store, because it relates to his family's retail past.

Frankie Tozzi is a new volunteer, starting in 2018, and she lives year-round in Cape Coral, commuting to Sanibel for her volunteer hours at the village. She lived near Pittsburgh and worked in the hospitality industry for Holiday Inn for 30 years. Moving to Cape Coral in 2005, she worked for the Lee County School District for nine years. Tozzi



**Frankie Tozzi**

has been vacationing on Sanibel since the 1980s. She enjoys working in the museum store and sometimes docents as well. "I love being a small part of preserving the history of one of my favorite places," Tozzi said. Her favorite building is Morning Glories. "It seems to give a welcoming, comfortable vibe," she said. "When you walk through the door, it feels peaceful and welcoming." Why does Tozzi choose to volunteer at the village? "I love Sanibel. I enjoy learning about the events and people that made it what it is today," she said. "It's important to me to introduce visitors to the other side of the island." ❄️

## The Fish House Restaurant

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Barbara Eisenberg photos provided

## Artist To Speak At League Meeting

Sanibel artist Barbara Eisenberg will be the guest speaker at the Sanibel Captiva Art League meeting on Thursday, February 21 from 1 to 3 p.m. at The Community House. The topic will be Thinking In Reverse, The Art of Printmaking. There is no charge to attend and the public is welcome.

In vibrant color and energetic design, recognized artist Barbara Eisenberg uses the printmaking process as a primary means of expression. Her presentation will incorporate the emphasis placed on spatial concepts and her intuitive response to these ideas in simple, bold, imaginative forms through monotype, relief, intaglio, collograph and lithograph. This medium offers limitless possibilities for the artist.

An Ohio snowbird wintering on Sanibel for the past 35 years, Eisenberg has studied with visiting professional printmaking artists and design professors at the Cleveland Institute of Art and full-time at local colleges. Her work has been shown in



Streets of Italy by Barbara Eisenberg



Outer Limits

solo and group shows at galleries and museums regionally and nationally and is represented in private collections.

For more information, visit [www.sancapart.com](http://www.sancapart.com). The Community House is located at 2173 Periwinkle Way.\*

## Valentine's Day Artists Reception And Gallery Stroll

Tarpon Bay Arts District galleries – Tower Gallery, Hirdie Girdie Gallery and Suncatchers' Dream – are hosting artist receptions on Thursday, February 14 from 5 to 8 p.m. There will be food, wine and live music by Bob Housler.

Tower Gallery, 630 Tarpon Bay Road, is featuring its February exhibit, Life in Full Bloom, a romantic exhibition of floral artwork by some of Sanibel's finest artists. Artists will be on hand to meet guests and discuss their works.

Hirdie Girdie Gallery, 2490 Library Way, will have a reception for etched glass artist Lucas Century, the featured



Etched glass by Lucas Century

image provided

artist for February. Highlighted in his show are exploratory photo prints of quantum dimensions.

Suncatchers' Dream in Olde Sanibel Shoppes is having a meet the island artists reception.\*

## Adult Learning Opportunities



Dr. Valerie Paul

photo provided

Sanibel Sea School will host three events for adults who want to learn more about the ocean during the month February.

On Wednesday, February 13, a screening of the documentary *180 Degrees South* will be held at the organization's flagship campus, located at 455 Periwinkle Way on Sanibel, from 5 to 7 p.m. Follow adventurer Jeff Johnson as he retraces the epic 1968 journey of his heroes Yvon Chouinard and Doug Tompkins to Patagonia. This event is donation-based and no reservations are required. The film will be followed by a discussion.

From 10 a.m. to noon on Friday, February 15, take a field trip to Island Water Association to learn about where the island drinking water comes from.

This is a behind the scenes experience that you will not want to miss. Cost is \$10 per person; space is limited. Call 472-8585 to make reservations.

Dr. Valerie Paul, director of the Smithsonian Marine Station at Fort Pierce and the head scientist of the chemical ecology program, will offer a guest lecture at Sanibel Sea School on Friday, February 22 from 5 to 7 p.m. Dr. Paul researches marine chemical ecology, marine plant and herbivore interactions, coral reef ecology and the ecological roles of marine natural products. More specifically, in her coral reef ecology research she studies the impact of cyanobacterial blooms on coral reefs and the larvae of reef building corals. Cost is \$10 per person; call 472-8585 to RSVP.\*

### BIG ARTS Corner

## Workshops And Seminars

BIG ARTS is offering the following workshops and seminars:

Learn to Write a Beach-Style Mystery Novel with Nancy Daversa – Wednesday, February 13, 10 a.m. to noon.

Beginner Watercolors with Pen and Ink with Linda Benson – Thursdays and Fridays, February 14 to 22, 9 a.m. to noon.

Starting 3 Sketchbooks with Francesco Gillia – Tuesday, February 19, 9:30 a.m. to 3 p.m.

WOW (Wet-On-Wet) Boot Camp with Patty Kane – Tuesday and Wednesday, February 19 and 20, 9 a.m. to 3 p.m.

Acrylic Painting, Still Life with Barbara Lipman – Tuesdays, February 19 to March 26, 10 a.m. to noon.

Wheel Throwing and Slab Building with Clay with Martha Grattan – Tuesdays, February 19 to March 19, noon to 3 p.m.

Learn to Write a Beach-Style Thriller Novel with Nancy Daversa

– Wednesday, February 20, 10 a.m. to noon.

Clay Sculpting and Pottery on the Wheel with Marjorie Bronsted – Wednesdays, February 20 to March 27, 3:30 to 6 p.m.

Shells 2 Share/Seashell Decorating with Meg Scott – Thursday, February 21, 9:30 to 11:30 a.m.

Clay 101/201: How to Be Creative With Clay with David Hoggatt – Thursdays, February 21 to March 28, 9 a.m. to noon.

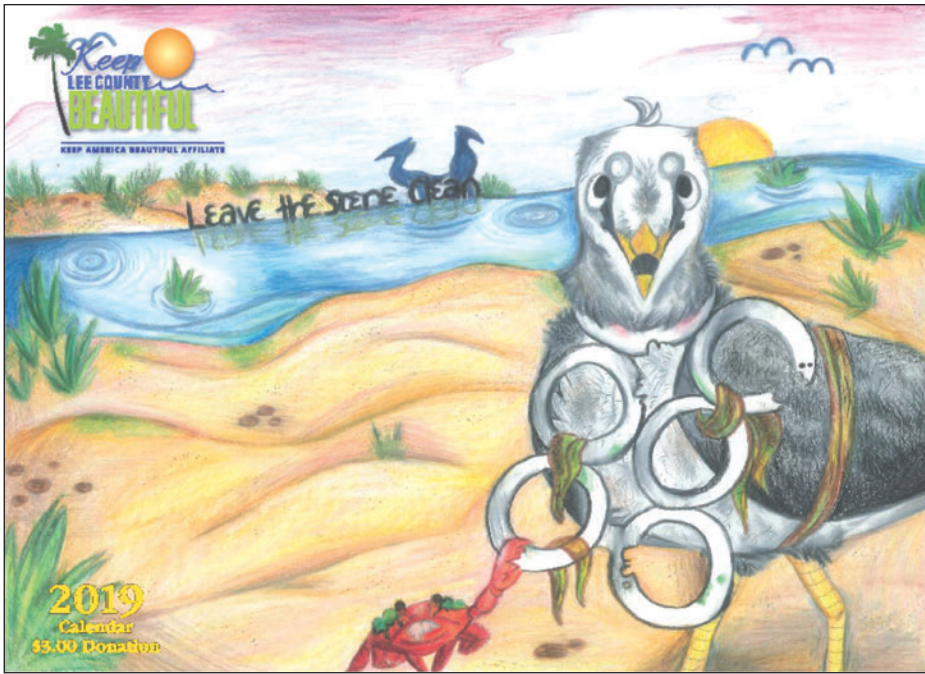
HD LIVE at the Met Lecture on *La Fille du Regiment* with Tom Cimarusti – Friday, February 28, 1 to 3 p.m.

Spanish I and II with Barbara Peterson – Saturdays, February 23 to March 30, 9 to 10:30 a.m.

Paint Seascapes in Oil with Douglas David – Tuesday and Wednesday, February 26 and 27, 9:30 a.m. to 3:30 p.m.

Call 395-0900 or stop by the BIG ARTS Center at 900 Dunlop Road to enroll. Preregistration is recommended. For complete course descriptions and the full season's workshops and class schedules, visit [www.bigarts.org/workshops](http://www.bigarts.org/workshops), or email [info@bigarts.org](mailto:info@bigarts.org).\*





The 2018 cover winner

## Student Artwork Sought For 2020 Calendar Contest

Keep Lee County Beautiful, Inc. (KLCB) is seeking student artwork for its 30th annual calendar art contest. KLCB's Leave the Scene Clean calendar features environmental artwork by Lee County students. Public, private and home-schooled students are invited

to enter.

All school students in Lee County are asked to visualize a correct environmental action and transpose their thoughts into a work of art. Thirteen first place winners – one from each grade 1 through 12 and an overall cover winner – will be selected. Artwork will be judged on artistic execution as well as environmental theme, such as litter prevention, recycling, community cleanup and tree planting.

The winning artwork and student's

image provided

picture will be featured in the 2020 calendar. There will be an award ceremony where winners will receive prize packages and cash prizes. Each of the first 11 first place winners will receive \$50. The 12th grade and cover winners will receive a \$500 cash scholarship.

The full color calendars are sold in schools and other community outlets. Participating schools keep 100

percent of the proceeds for in-school environmental projects. Since its first print, the calendar has given more than \$500,000 back to local schools.

Deadline for entries is April 22, 2019. For more information on judging criteria, how to enter the contest, or how to raise funds for your school through the calendar project, call 334-3488 or visit [www.klcb.org/leave-the-scene-clean-calendar.html](http://www.klcb.org/leave-the-scene-clean-calendar.html).✱

## Author To Tell Love Stories On Valentine's Day

MacIntosh Books will host local author Jeri Magg on Thursday, February 14 at 2 p.m. Magg will be telling funny and sad stories about the women who first pioneered the islands from her books *Remarkable Women of Sanibel and Captiva* and *Historic Sanibel & Captiva Island; Tales of Paradise*. Their love for the islands, along with those who first lived here, helped them sustain themselves through the hardest times.

MacIntosh Books is located in Palm Ridge Place at 2330 Palm Ridge Road on Sanibel. For more information, call 472-1447.✱

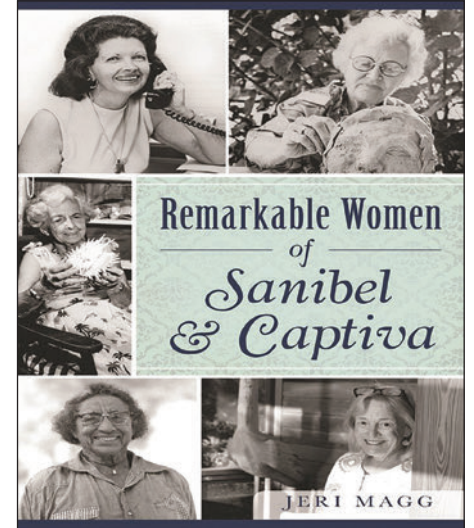


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On your way  
out to Valentine's  
Day Dinner, stop  
by and meet  
our artists

February  
14th  
5-8 pm

And be sure to visit the other  
Tarpon Bay Arts District  
galleries open on the same  
evening:

- **Tower Gallery**  
at 751 Tarpon Bay Road and
- **Hindi-Gardie Art Gallery**  
at 2490 Library Way



**Suncatcher's Dream**

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630 Tarpon Bay Road #2  
[www.SuncatchersDream.com](http://www.SuncatchersDream.com)

2018 Best Of  
The Islands  
Gift Shop

**MEET  
THE  
Island  
ARTISTS**



BIG ARTS Monday Night Film Series

Collette

by Di Saggau

The BIG ARTS Monday Night Movie for February 11 is *Collette*, a shrewd and witty film from France. It's a biographical drama of the accomplishments of an extraordinary woman, Alice Guy-Blache, played by Keira Knightly. It shows the tempestuous, convention-defying marriage of Colette to Henry Gauthier-Villars (Dominic West), known as Willy, a self-styled impresario of the publishing world. He nurtured, exploited and ultimately betrayed his wife's writing talent.

Colette was a literary titan and bisexual pioneer. The film is a lively, credible portrait of their complicated marital arrangement and how one woman's genius could flourish under so much oppression and compromise. Colette produces a novel, *Claudine at School*, drawn from her own experiences as a young schoolgirl. Willy publishes it under his name. The book becomes a sensational scandal, making a fortune that Willy quickly squanders.

Colette rises in Parisian society and we see her interest in women – emotional, intellectual and physical – as she has a fling with an heiress from Louisiana and then permanently with Mathilde de Morny, a gender-nonconforming artist. Willy doesn't discourage her dalliances with women, and their open marriage will hold your attention and give the story its emotional momentum. Willy is a man

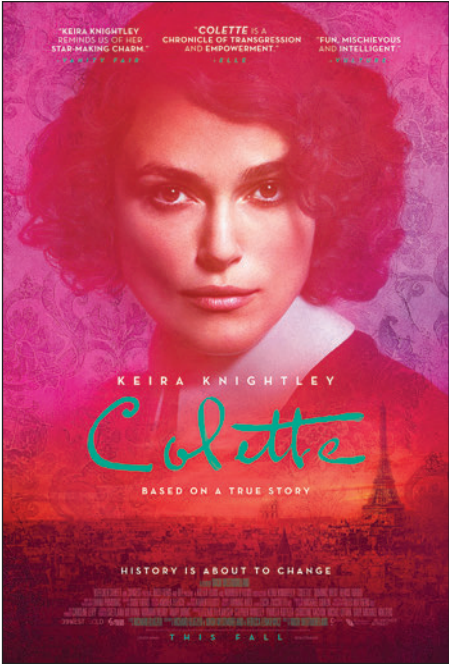


image provided

of flaunting dishonesty and crude habits. There's something Faustian about Colette's marriage to Willy, who would buy her a beautiful house in the countryside, only to trap her in the study until she'd finished writing her next book. The film runs 111 minutes. Moderator for the evening is Rob Raab.

Our annual Film Society Wine Tasting Celebration starts at 5:30 p.m. prior to the film, featuring numerous wines from Austria, Hungary and Germany along with decadent desserts. Tickets are \$10 and are available at the BIG ARTS box office.

Admission to BIG ARTS Monday Night Film Series is \$10 and all screenings begin at 7 p.m. in Schein Performance Hall. Each film is followed by a complimentary

reception and discussion. BIG ARTS is located at 900 Dunlop Road. Tickets are available at [www.bigarts.org](http://www.bigarts.org), at the door or by calling 395-0900.\*

Academy Award Contenders

The Wife

by Stan Gembicki



On Wednesday, February 13 at 12:30 p.m., Island Cinema will show *The Wife*, the seventh movie in this year's BIG ARTS Film Society Academy Awards Contenders Series. After the movie, a

discussion will take place at the cinema, where tickets are available. Other movies in the series will be announced prior to the weekly showing.

After nearly 40 years of marriage, Joan and Joe Castleman (Glenn Close and Jonathan Pryce) are complements. Where Joe is casual, Joan is elegant. Where Joe is vain, Joan is self-effacing. And where Joe enjoys his very public role as Great American Novelist, Joan pours her considerable intellect, grace, charm and diplomacy into the private role of Great Man's Wife.

Joe is about to be awarded the Nobel Prize for his acclaimed and prolific body of work. Joe's literary star has blazed since he and Joan first met in the late 1950s. *The Wife* interweaves the story of the couple's youthful passion and ambition with a portrait of a marriage, 30-plus years



image provided

later – a lifetime's shared compromises, secrets, betrayals and mutual love. Glenn Close won the 2019 Golden Globe award for best actress and has received a 2019 Academy Award nomination for best actress.

The film runs 1 hour and 40 minutes. Island Cinema is located at 535 Tarpon Bay Road in Bailey's Center.\*



Tower Art Gallery Presents:

A Fantastic, Romantic Night With Food, Wine and Fun. Come on Out to Meet The Artists and Share the Love!

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Thursday, February 14,  
5:00-8:00 PM  
751 Tarpon Bay Road

And be sure to visit the other Tarpon Bay Arts District galleries open on the same evening:

- Suncatcher's Dream at 630 Tarpon Bay Road #2 and
- Hirdie-Girdie Art Gallery at 2490 Library Way

(239) 472-4557



www.towergallery.net

Tower Gallery, Sanibel Island, Florida

LIFE IN FULL BLOOM

Reception For New Artists At Tower Gallery

Sally Dutko and minimalist acrylic painter Patrick Conolly have joined the fold of artists at Tower Gallery. They join one of the oldest running art galleries in the area with over 35 continuous years of operation.

Visitors to the gallery will be able to meet the artists in person at the opening kickoff of the next exhibit, *Life in Full Bloom*, on Thursday, February 14 from 5 to 8 p.m. Wine, beer, and hors d'oeuvres will be provided.

Dutko is an award-winning fiber artist who hails from Upstate New York. She dyes and paints much of the fabric used in her art quilts and mixed-media collages. These works, unlike traditional quilting, are more like painting with fabric and thread. And her combination of hand-dyed fabric, transferred images and geometric compositions make her artistic vision shine.

Dutko received her bachelor of fine arts degree from The Cooper Union School of Art, Architecture and Engineering. Her background in fine art and design has greatly influenced her work. She retired from over 30 years at Cornell University as a graphic designer, art director and director of publications and marketing.

"I really get inspired by anything and everything," Dutko said. "I don't have

a single source that I look to for ideas. I have a wealth of ideas in my head all the time. I am very lucky that way. I've never experienced a block, it just comes out in volume all the time."

Dutko's work continues to evolve as she brings a painter's eye to fiber art. The new pieces continue to include different media, but have a painterly feeling to them. She said that the future of "art quilting" is rosy as it becomes increasingly acceptable in the mainstream art world.

Conolly said, "All my life I have dabbled with the arts, and now the arts seem to be dabbling with me."

With some exceptions, most of Conolly's art springs spontaneously from his imagination. His brightly-colored canvas paintings, with their smooth, semi-gloss surfaces bring to mind the pop art of mid-century America. But they have a minimalistic, more relaxed tropical vibe that is a perfect fit for the Sanibel and Captiva lifestyle. Conolly said, "Although I never know quite what will appear on my next canvas, much of my recent work celebrates and reflects the unique beauty of Southwest Florida."

"Lately I've been playing around with surfaces both flat and shiny, as well as line work that is somewhat minimal or painted with very bright colors. My larger works may look simple, while my smaller ones can be filled with tiny details."

Tower Gallery is open from 10 a.m. to 9 p.m. daily, located at 751 Tarpon Bay Road on Sanibel. For more information, call 472-4557.\*





Pieces from the Henderson Collection

photo provided

## Meet The Designer At Valentine's Event

**L**ecil Henderson of the Henderson Collection and LUCA by Lecil will be at Lily & Co. Jewelers on Tuesday and Wednesday, February 12 and 13 for A Valentine's Precious Jewel Event.

Henderson credits Frank Lloyd Wright's design sense and his mother's common sense for his comfortable, stylish lines. He has built collections that move and flow with a woman's form and created a trademark with various shades of gold including brown, black and blue.

The Henderson Collection is built on a principal of contrast – designed to be contemporary yet classic and luxurious yet suitable for everyday wear. "Each piece is crafted by hand ensuring every

aspect is customized for your style and easy to put on and take off by yourself," said Henderson.

"Our enamel is beautiful. It's a glass resin composite and has the beauty of Faberge glass, but the translucency of resin, so it's durable and flexible," Henderson said. "My goal with each design, from earrings with lower posts to oval-shaped bracelets, is to make gorgeous pieces you can wear every day."

The Lily & Co. team will be on hand to assist in choosing the perfect piece, and provide gift wrapping. Purchases of \$500 or more include a \$50 gift card to Paper Fig Kitchen, serving made-from-scratch items; a box of Norman Love Chocolates; a plush Lily teddy bear; and a Valentine's card – all in one sweet package.

Lily & Co., Jewelers is located at 520 Tarpon Bay Road, open from 10 a.m. to 5 p.m. For more information, call 472-2888.✴

From page 31

## Life Of Owls

and available on a first-come basis. Early arrivals can save their seat and one extra with personal items. Saved seats must be filled 15 minutes before lecture time or they will be assigned to the next in line.

As usual, Wildlife Drive closes on Friday, but visitors are welcome to explore the Visitor & Education Center, Indigo Trail, Bailey Tract and recreational opportunities at Tarpon Bay Explorers.

Note: Opinions expressed in guest lectures do not necessarily reflect the views of refuge and DDWS management, staff and board of directors.

For more information, call 472-1100 ext. 241 or log on to [www.dingdarlingsociety.org/articles/lecture-and-film-series](http://www.dingdarlingsociety.org/articles/lecture-and-film-series).

\*February 22 – Author Anurag Agrawal, *Monarchs and Milkweed: A Migrating Butterfly, a Poisonous*

*Plant, and Their Remarkable Story of Coevolution*

\*March 1 – Author Warner Shedd, *Owls Aren't Wise & Bats Aren't Blind: A Naturalist Debunks Our Favorite Fallacies about Wildlife*

March 8 – Yve Morrell, *The Big Year: A First for Women*

March 15 – Jeremy Conrad, *Sea Level Rise: Globally & Locally*

March 22 – Dusty "Wildman" Crum, Robbie and Geoff Roepstorff, Mike Kirkland, *Pythons: The Hunters, The Science*

March 29 – Marine scientist Lauren Blickley, *Drastic Plastic - Turning the Tide on Plastic Pollution*

April 5 – Ornithologist Dr. Jerry Lorenz, *Flamingos & Spoonbills: Pink Canaries in a Coal Mine*

\*April 12 – Author Denege Patterson, *Five Islands Never Flooded: A Tour of the Islands of Pine Island Sound, Florida*.✴

## BIG ARTS Film Society Wine Tasting

by Di Saggau

**O**n Monday, February 11, starting at 5:30 p.m. the BIG ARTS annual Film Society Wine Tasting Celebration will take place prior to the regular Monday Night Movie showing of *Collette*. This year we will be tasting the wine production of three countries: Germany, Austria and Hungary. In doing so, we will be honoring the many movies we have shown over the past 21 years, critically acclaimed and award winning films produced or filmed in these locations. A few examples: Hungary, *Son of Saul* and *The Grand Budapest Hotel*; Germany, *Hannah Arendt* and *The Lives of Others*; and Austria, *Amour* and *The White Ribbon*.

Our founder, JR Pascall, with assistance from Barbara Ruben, has selected a wide variety of wines, reds and whites, for you to sample. There will also be a selection of decadent desserts for everyone to enjoy.

Tickets for the event are \$10 and are available at the BIG ARTS box office, located at 900 Dunlop Road. We invite you to join us for a good hour of camaraderie with other Monday Night Film lovers while sampling fine wine and enjoying the tasty desserts. We will also present Movie Maven T-shirts to three of our moderators whose names were drawn this year.

Visnja Gembicki, chair of the BIG ARTS Film Committee, will address the remainder of our movie season, which includes a visit by some special guests from the film industry. The Film Society Wine Tasting Celebration is always a festive, fun event and we hope you will join us.

For more information, call 395-0900.✴



JR Pascall and Barbara Ruben selecting wines

photo provided

## San-Cap Art League's 2nd Saturday

# ART

## SHOW & SALE

On the Veranda at Bailey's Center

## Saturday, February 9

### 10 am to 3 pm

Meet the artists and enjoy their many styles and subjects



# Highlights From A Foot Stomping Evening At BIG ARTS



Pam and Clark Rambo were among the guests at BIG ARTS recently for a live musical performance by the Bumper Jacksons  
photos provided



Nancy and Ray Tatko



William and Gail Bachman



From left, Dulce Doss, Cathy Suthard and Mollie Avery



From left, Richard Johnson, Wayne Boyd and Jim Sprankle



Liz Lombardo and Ada Shissler



Ken and Kim Kouril



BIG ARTS co-chair Susan Heisler and Don Rice





From left, author Hampton Sides with Matt Shaul and Dan Moeder

photos provided

## Upcoming Programs At Sanibel Library

As Sanibel Public Library continues the next phase of its remodel project, parts of the library are being renovated as the facility is open for normal operating hours.

At 2 p.m. on Wednesday, February 13, Sanibel Public Library's own Cathy Cameron will guide you through the steps of creating a Steampunk Valentine using pieces of discarded jewelry, wire and other ephemera.

Sanibel Public Library's Betsy Eidem will be presenting her annual culinary program at 10 a.m. on Thursday, February 14. Her topic is SPICE up your Valentine's Day.

There will be a book talk on *Alligators, Sharks & Panthers* with author Charlie Sobczak on Friday, February 15 at 2 p.m.

Author Jennifer Schiff will be discussing and signing copies of her books from the Sanibel Island Mystery Series. She will have copies of *A Shell of a Problem*, *Something Fishy* and *In the Market for Murder* for sale on Monday, February 18



Betsy Eidem of Sanibel Public Library will present her culinary program on February 14 at 2 p.m.

The full event schedule, which includes technology programs in virtual reality and 3D printing, is on the calendar at the library's website. No registration is required for these programs.

The Sanibel Public Library welcomed narrative nonfiction writer Hampton Sides to its Author Series on January 31. In his lecture, Sides told the crowd about his research, interviewing veterans for his



From left, Kim and Joyce Ross with Carol Strange at the Author Series

book *On Desperate Ground* and writing history to read like a story. This was the first event in the library's newly-reimagined space, which Hampton said, "still has that new car smell!"

Major funding for the Author Series is provided by the Sanibel Public Library Foundation and its donors. For more information about the foundation or to make a donation, call 472-2483 or visit online at [www.sanlib.org](http://www.sanlib.org).

Weekly Children's Schedule:

Geared specifically for children in fourth through sixth grade, the After-school Clique will meet on Tuesdays at 3 p.m. The group will be crafting, building and playing, with books and a snack.

Storytime for preschoolers and their caregivers will be held on Wednesdays and Thursdays at 11 a.m. This program helps

develop pre-reading skills through songs and stories. A Saturday Family Storytime will be held at 11 a.m. on February 9.

The After-School Crew, (for children in kindergarten to third grades) will meet at 3 p.m. on Thursdays. There will be books, crafts, plus snack provided. If you love dogs and books, you can read to Bessie, a bearded collie and trained reading education assistance dog. At 3:45 p.m. on rain-free Thursday afternoons, sign up on-the-spot; program finishes by 5 p.m. No registration is required for weekly children's programs.

For more information, call 472-2483 or visit [www.sanlib.org](http://www.sanlib.org). Sanibel Public Library cards are available to all residents of Sanibel and Lee County at no charge.

Sanibel Public Library is located at 770 Dunlop Road.\*

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## Local Student Named Best Of Fair Winner

by Jeff Lysiak

A fourth grader with former ties to Sanibel recently took top honors at the Thomas A. Edison Festival of Light Regional Inventors Fair, winning first place in his elementary school division, a Florida Power & Light (FPL) scholarship and the prestigious Best of Fair award.

Ten-year-old Hayden Fuller's entry into this year's fair, a portable life pod that can be used for temporary shelter following a natural disaster, topped hundreds of entries submitted by elementary, middle and high school students from across the Southwest Florida region, between Sarasota and Marco Island.

"Science has always been interesting to me," said Fuller, a student currently enrolled at Rayma C. Page Elementary School in Fort Myers. "I enjoy doing work in physics, studying the solar system and doing anything that's mechanical. There are so many things that are fun to learn



**Hayden Fuller with his Edison Regional Science Fair award** photo provided about."

Fuller's invention, called Hayden's Life Pods, is a 10-foot by 8-foot by 8-foot portable life pod, made entirely out of

continued on page 2B

## New Manager At Island Water Association

by Jeff Lysiak

Last week, the newly-appointed general manager at Island Water Association (IWA) arrived on Sanibel and began to settle in to her new surroundings.

And, being from Iowa, she couldn't have been happier with the change in climate.

"Sanibel is an amazing place. Paradise, for lack of a better word," said Diana Wilson, who joined the IWA team on January 27. "And what I like about Sanibel most is that it's a preserved paradise. Because people who live here truly appreciate what they have, they've taken such good care of the island. Stewardship is built into the culture here."

A native of Marshalltown, Iowa, Wilson was raised with "a blue collar upbringing," the middle sibling of five girls. She recalled enjoying lots of outdoor activities, excelling in science and math in school, and "doing



**Diana Wilson** photo by Jeff Lysiak

lots of baking with my mom and sisters." After high school, Wilson enrolled at Iowa State University and earned a bachelor's degree in civil engineering. She later earned her state-issued license, with

continued on page 11B

## Zonta Grants Top \$100K Again

submitted by Sue Denham,  
Zonta Club of Sanibel-Captiva

Drawing on proceeds from the 2018 A Peek at the Unique, the signature home tour, the Zonta Foundation of Southwest Florida has again awarded grants totaling \$105,000 to local and regional nonprofits whose mission mirrors Zonta's own: empowering women and girls. Separately, the foundation pledged \$35,000, its highest ever contribution, to Zonta International for global initiatives that enhance women's education, health and freedom from violence.

Locally, organizations are invited over the summer to submit preliminary applications, from which 17 qualified through the rigorous selection process. With requests totaling almost \$165,000 – a record – the committee again faced a daunting challenge.

Diane Chesley and Janine Boardman, co-chairs of the grants committee, commented that grants were awarded to organizations – some long-standing recipients – whose work supports women at risk due to financial, health and domestic safety issues. "We focus



**Representatives from the 17 local nonprofit organizations attended the Zonta meeting of January 23 to receive their grant awards in person** photo provided

on organizations that help women on our islands and in the Southwest Florida community achieve greater safety, success and self-worth," they said.

Barbara Beran, past president and 2018 Peek co-chair, added, "As governmental support continues to decline, Zonta's financial support for these

organizations is more important than ever, and we are so grateful for continued community support so that we can meet

continued on page 6B





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From page 1B

## Best Of Fair Winner



Scale version of Hayden Fuller's Life Pod, on display during the competition photo provided

a durable Styrofoam material. The lightweight and collapsible temporary shelter, which also includes an inverter generator and portable air conditioning system, costs approximately \$500 to manufacture.

"It's a shelter that you could stay in temporarily, in case you were displaced by a hurricane, a tornado or a wildfire," said Fuller, who explained that the unit could also house sleeping bags or cots, some small furniture pieces and ready-to-eat meals that require modest cooking facilities. "It's sturdy but it's also lightweight... it could be dropped out of the back of an airplane."

The young inventor said that only a few years ago, the technology behind the inverter generator did not exist, thus making a portable A/C system inefficient and expensive. He paired the low energy-consuming technology with the lightweight shelter idea to create a lightweight, insulated pod. Such structures could be sold in places like Florida, where frequent tropical storms and weather-related events might require temporary housing units that could be easily moved, since they can be collapsed for shipping.

According to Fuller's mother, Tonya Johnson, a gentleman who identified himself as a U.S. Marine approached them at the fair and stated that one of Hayden's Life Pods could be used for temporary shelters for servicemen deployed to areas hit by natural disasters.

"First responders that have to go out and fight wildfires often do that in extreme heat conditions, but if they

had a shelter with air conditioning, they would be able to get better rest," said Johnson. "We heard a lot of positive comments from people at the fair... they were very encouraging to all the kids."

One of the stories that Fuller said helped inspire his invention came in the wake of Hurricane Irma back in 2017. A nursing home in Hollywood Hills, Florida lost power following the storm, displacing its residents for days afterward. As a result of living in temporary quarters without air conditioning, 12 senior residents of the facility died.

Fuller's next project is building a full-sized model of the prototype life pod created for the science fair.

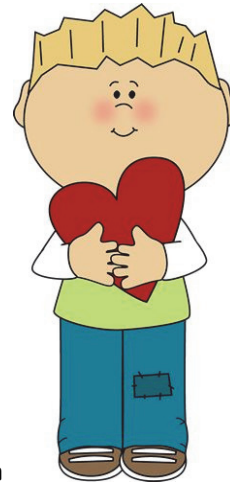
"My favorite part of the fair was being able to talk with the judges and explaining to them how my invention works," said Fuller, who credited several of his former teachers – including Leslie Hoy Celestin at Summit Christian Preschool and both Karen Thompson and Emily Wells at The Sanibel School – for encouraging his creative enthusiasm. "I think it will inspire me to keep inventing things whenever they pop up in my mind."

In addition to Fuller, science fair winners from Lee County included (middle school division) Robert Stewart, seventh grade, Paul Laurence Dunbar Middle School; and (high school division) Arianna Carrillo, ninth grade, Bonita Springs High School. All three will be honored at the Edison Festival of Light Parade on Saturday, February 16.✧





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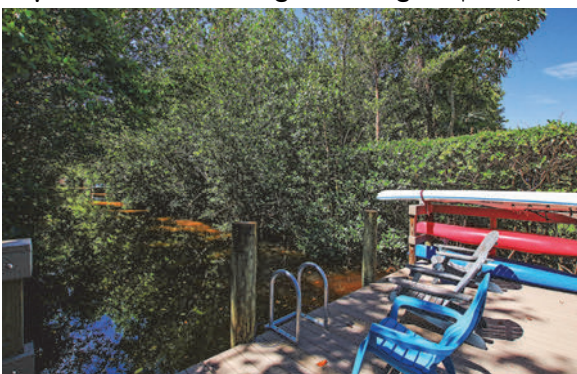
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From left, Bailie, Calli, Mead, Dane and Richard Johnson photo provided

# Historical Village Welcomes New Gala Sponsor

Sanibel Catering Company by Bailey's will be a gold sponsor of the February 19 Sanibel Historical Village Gala. The event is sold out. The historical village has a long history with the pioneer Bailey family. In fact, the Bailey's donated several of the buildings in the village, including the Old Bailey Store, the Post Office and Miss Charlotta's Tea Room.

"Here at the village, we feel intrinsically linked with the Baileys and very proud of our long relationship," said Historical Village Executive Director Emilie Alfino. "The presence of Sam and Francis is always felt. To have the support of now four generations of the Bailey family means the world to us."

"The Historical Village is an integral part of the community and our family's heritage. We're so blessed to be able to add to the future of the museum," said Calli Johnson.

For more information or to make a donation, visit [www.sanibelmuseum.org](http://www.sanibelmuseum.org) or call 472-4648.\*

# Technology Bolsters Planning

by West McCann, CFA, President, The Naples Trust Company, a division of The Sanibel Captiva Trust Company

Wealth management encompasses so much more than just implementing an investment strategy. In recent years, evolving technology has enabled us and our clients to consider a bounty of options in developing a focused investment plan and meeting spending goals that coincide with your lifestyle.

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West McCann photo provided

are uniquely honed to a client and provide easy-to-digest numerical and visual projections of the probability of success.

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continued on page 14B



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<p><b>Sandpiper Beach #303</b></p>  <p>Beautifully updated corner unit with vaulted ceilings and gulf-front and pool views. Fully outfitted for rental with great rental income history.</p> <p><b>\$785,000</b></p>	<p><b>Pointe Santo de Sanibel B3</b></p>  <p>UPGRADED 2BR/2BA ground floor unit with partial Gulf views! Great rental income w/weekly rentals; 600 feet of beachfront, heated pool, tennis and more!</p> <p><b>\$729,000</b></p>	<p><b>836 Donax St.</b></p>  <p>Sanibel Shores opportunity. 3 BR/2BA single family with WEEKLY RENTALS. Community pool and easy walk to beach</p> <p><b>\$599,000</b></p>	<p><b>9248 Kincaid Ct.</b></p>  <p>Perfect investment opportunity. 2 BR/1BA; Close to school and Rec Center; Move in ready!</p> <p><b>\$399,000</b></p>





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# Sheriff To Speak To Republicans

On Saturday, February 16 at 10 a.m., Lee County Sheriff Carmine Marceno will speak at the second Sanibel-Captiva Republican Caucus meeting of 2019. The meeting, open to the public, will be held in the Pelican Room at the Sanibel Recreation Center, located at 3880 Sanibel-Captiva Road.

Marceno joined the Lee County Sheriff's office in 2013, was appointed undersheriff in 2016, and sheriff in September 2018. He has decades of law enforcement experience, beginning in New York before moving to Florida in 1999, where he joined the Naples Police Department and then the Collier County Sheriff's Office.

Marceno is the recipient of numerous awards and commendations. In 2012, he was awarded Collier County's Distinguished Public Service Award, given to the county's top public servant.



Carmine Marceno photo provided

In 2017, he graduated from an intense 10-week program at the prestigious FBI National Academy.

Marceno will talk about his goals for Lee County. Refreshments will be served. For more information, call Will Smith at 395-0819.\*

# Zonta Grants



Melissa Rice, right, executive director of CHR, attended the Zonta meeting to receive her grant award with Zontians/CHR liaisons Sue Denham and Elaine Swank photo provided

needs that grow every year."

For 2018, local projects supported by Zonta include:

Abuse Counseling & Treatment (ACT): For an economic empowerment program;

Children's Network of Southwest Florida: Program for 18-year-olds aging out of foster care;

Community Housing & Resources (CHR): Educational support and emergency funds for female residents facing crisis;

Dr. Piper Center for Social Services: Foster Grandparent program uniting seniors and children with special needs;

Dress for Success/Fort Myers: Two programs helping women find employment or succeed as entrepreneurs;

FISH of SanCap: Emergency medical and dental care for women;

Goodwill Industries of Southwest Florida, Inc.: Support for Micro-enterprise Institute promoting economic independence;

Habitat for Humanity Lee County Women Build: Rehab or help build two homes for female heads of household;

Healthy Start Coalition of Southwest Florida, Inc.: FOCUS program to educate teen mothers;

Human Trafficking Awareness Partnerships (HTAP): ArtReach and school-based programs for pre-teen

awareness;

OILE (Organizacion Internacional de Latinos en el Exterior SWFL): Teaching immigrant women sewing skills;

PACE Center for Girls Lee County: Attendance at PACE day, a field trip to the state capitol;

Parent University at Head Start: Literacy classes and support services for immigrant women;

Partners for Breast Cancer Care: Mammograms in at-risk communities;

SalusCare: Economic empowerment for women in recovery;

Southwest Florida Women's Foundation: Partially fund Earn to Learn: Four to five years of college for lower income women.

Finally, to demonstrate support for the work done by Girl Scouts organizations to mentor and support young girls, a small "support award" was made to help fund a financial literacy workshop for middle school girls in Lee County.

The 18th annual Peek at the Unique is set for Saturday, March 16.

Tour tickets are \$100 plus a small service fee, available through [www.EventBrite.com](http://www.EventBrite.com) or via a link at [www.zontasancap.com/Events/Peek](http://www.zontasancap.com/Events/Peek). Anyone needing assistance may send an email to [info@zontasancap.com](mailto:info@zontasancap.com). For more ways to support the club and foundation, visit [www.zontasancap.com](http://www.zontasancap.com).\*

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## Royal Shell Supports Rotary Arts Festival

**R**oyal Shell Real Estate – Vacation Home Rentals has been servicing the needs of buyers, sellers, owners and guests on Sanibel for the past 22 years. The business is a proud supporter of the 36th annual Sanibel-Captiva Rotary Club Arts and Crafts Festival, the club's major fundraiser.

The two-day festival generates grants of about \$100,000 to support local and international programs. The international groups work to deliver wheelchairs, water, shelter, heart surgery, eliminate polio and provide micro-finance loans to improve the health and financial stability of those in other countries. The work of local organizations is supported by donations to FISH of SanCap, Clinic for the Rehabilitation of Wildlife (CROW), Bailey-Matthews National Shell Museum, Boy Scouts and college scholarships. Many others are aided by Sanibel-Captiva Rotary Club funds as well.

The Rotary Arts & Crafts Festival will be held on Friday and Saturday, February 16 and 17 at The Community House, located at 2173 Periwinkle Way on Sanibel. This juried show presents over 120 artisans from around the country. Outside you can purchase their one-of-a-kind art items in all media and styles while inside the remodeled



**Royal Shell Real Estate – Vacation Home Rentals team**

photo provided

Community House is a silent auction. The silent auction fundraiser includes premier vacation stays, fine and casual

dining experiences, personal services, gift baskets and jewelry.

For more information concerning

Rotary's charity giving or to make a contribution, contact Chet Sadler at 472-7257.\*



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# New Sponsor Added For Village Gala



From left, Historical Village Board Member Blair Wyatt, The Grog Shop manager Rich Bennett and Historical Village Executive Director Emilie Alfino

The Sanibel Historical Village announced that The Grog Shop liquor store will be a silver sponsor of its February 19 Historical Village Gala, An Evening on the Old Algiers. The event is currently sold out.

"Tee Ann Bailey of The Grog Shop said the historical village was her dad Sam's special project, so she wanted to make sure we were being supportive," said Grog Shop manager Rich Bennett.

Sam Bailey was the force behind the formation of the historical village.

"The village wouldn't be here without Sam, so it means a lot to us that his support of the village continues through his family," said Historical Village Executive Director Emilie Alfino. "They have our deepest thanks."

For more information or to make a donation, visit [www.sanibelmuseum.org](http://www.sanibelmuseum.org) or call 472-4648.\*



South Seas Island Resort Holiday Stroll 2018

photo by Nick Adams Photography

## Holiday Stroll Proceeds Benefit Clean Water

The South Seas Island Resort Holiday Stroll, an event that's open to the public and which took place over three consecutive weekends in December, was a huge success, even with weather forcing the cancellation of two dates. As a result, South Seas was able to donate over \$4,200 to Captains for Clean Water. Daniel Andrews, the organization's

executive director, said, "We're grateful to have received this generous donation from South Seas, and we appreciate their continued commitment to Southwest Florida's water."

During the Holiday Stroll, the marina and north end of the resort were transformed into a winter wonderland with thousands of twinkling lights and endless entertainment. Included in the \$10 ticket price were treats, skating, live music, arts and crafts, face painting, stilt walking, juggling and balloon artists, holiday movies playing in Yacht Harbour Marina and photos with Santa. All ticket proceeds benefitted Captains for Clean Water.\*

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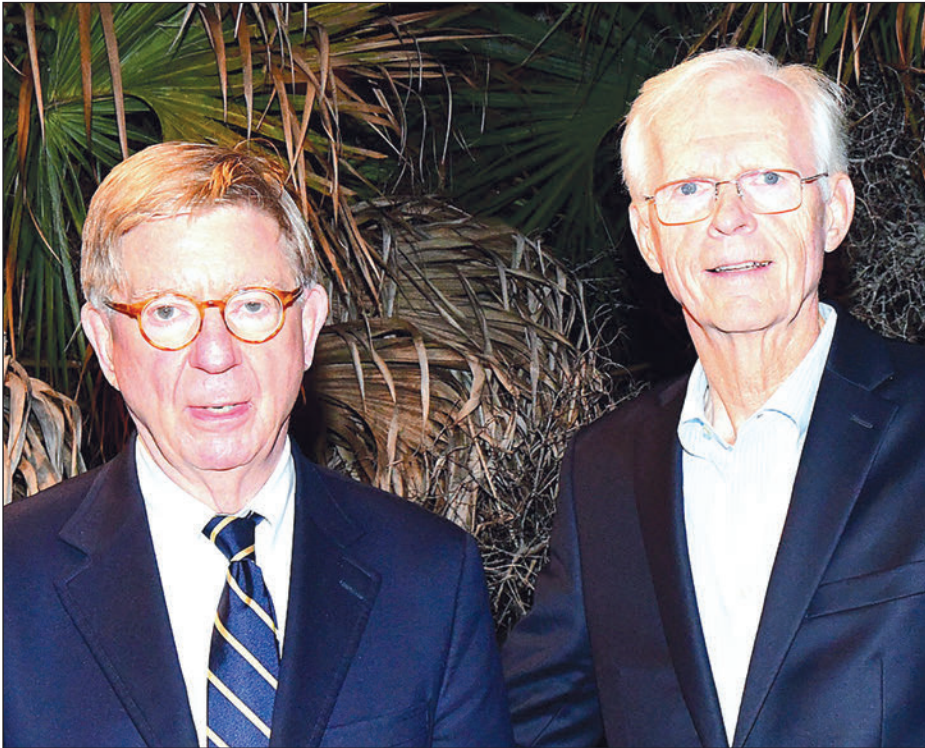
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## Foreign And Domestic Issues Addressed At BIG ARTS FORUMS



George F. Will with Neal Halleran at the BIG ARTS FORUM on January 20. Will was the featured speaker and addressed The Future of American Governance. photos provided



Martin Walker speaks with guests following his lecture, Brexit and the Future of the EU, at the BIG ARTS FORUM held on January 27



Mickie and Al Kaplan



MJ Luebbers and Maddy Hanlon

## Island Realtors Installation And Award Winners

The Sanibel & Captiva Islands Association of Realtors installed its 2019 board of directors at The Sanctuary Golf Club on January 18. In attendance as the installing officer was Andrew Barbar, 2015 Florida Realtors president. The association would like to thank all of the affiliate business partners who sponsored the event.

The 2019 officers are President Kasey Albright, John Naumann & Associates; President-elect Mike Badenoch, Buyers Choice Realty; Secretary Tina DiCharia, VIP Realty Group; Treasurer Ted Benjamin, VIP Realty Group; and Past President

Dustyn Corace, RE/MAX of the Islands.

The 2019 directors include Three-Year Director George Kohlbrenner, John Naumann & Associates; Three-Year Director Connie Walters, VIP Realty Group; Two-Year Director Amy Wainwright, VIP Realty Group; and One-Year Director Becky Mulka, VIP Realty Group.

The 2018 award winners include Realtor of the Year, Dustyn Corace, RE-MAX of the Islands; Community Service Award, Eric Pfeifer, Pfeifer Realty Group; Affiliate Business Partner of the Year, David Arter, Private Client Insurance Services; Rookie of the Year, Greg Demaras, Pfeifer Realty Group; President's Award, Bill Robinson, Sanibel & Captiva Islands Association of Realtors; and Administrative Assistant of the Year, Danette Keim, RE/MAX of the Islands.✧

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# Rotary Happenings

submitted by Shirley Jewell

Every Friday morning before leaving my home for our weekly Rotary meeting, I check out who is going to be our speaker that morning. This past week, the speaker's name was not familiar nor after reading the speaker's topic was I aware of what we were going to learn about that morning. The topic: cone snails, tennis rackets and pain medications – A Mollusk's Story.



Dr. Tom Annesley speaking to Sanibel-Captiva Rotary Club members

photo provided

extent, was connected to his topic of the day.

How many islanders have collected cone shells on our island beaches? How many of you know that live cone shells/ cone snails are venomous and some of the species can exude a toxic poisonous venom that can kill humans? I really had no idea until Friday morning. Before I get too deep into this, I want to say the cone snails in our local waters are not the highly venomous ones, but live ones can sting you and cause discomfort, so handle with care. There are around 700 species of cone snails, marine gastropod mollusks/ mollusks.

Dr. Annesley showed a video clip of a highly venomous live cone snail and the speed at which they can attack and paralyze their prey and then devour them. Cones feed on worms, mollusks, or small

fish. Those that eat worms have the weakest venom, our local cones eat marine worms, but those that eat fish and mollusks can produce highly venomous toxins. They use a harpoon-like proboscis to inject venom into its prey causing it to seize and then become paralyzed. The fish is then drawn to the mouth of the cone and devoured. A cone snail itself moves slowly and this process of projecting its venom out through this method allows them to capture food quickly.

The next topic was tennis rackets. There really isn't a direct connection between cone snails and tennis rackets but a connection with seashells; crushed seashells of all kinds, to be exact. Philippine born scientist Baldomero "Toto" Olivera spent a great deal of time around the tennis courts where his father played tennis in the Philippines. He loved the

shells and had a great deal of time to study them. Later in the states, Olivera's college graduate studies included studies of the predatory cone snails, each having unique venoms and neurological responses in prey. In the lab, the study included peptide toxins that induced neurological responses. Studies further included how these peptides could be used to treat humans for blocking pain and other nervous system functions.

Cone snail venom studies are leading pharmaceutical companies to explore the potential of cone snail peptide toxins in the field of medicine. Ziconotide (Prialt), a pain reliever 1,000 times as powerful as morphine, was initially isolated from cone venom. The usage of isolated cone peptide toxin compounds are leading medical studies for use for Parkinson's and Alzheimer's diseases, depression and epilepsy. Other studies are being conducted for use with postsurgical and neuropathic pain.

Something so seemingly harmless as a beautiful seashell can hold a sea creature that produces deadly toxins that can kill in a flash, but that same toxin can save the quality of life for so many humans. Nature is a true wonder and the possibilities that can be derived from the study of nature are boundless.

Another lesson here is, let your kids explore nature, encourage their curiosity about nature. You never know what might come of it. Both Dr. Annesley and Dr. Olivera were two kids who had that opportunity, and look what happened.

The Sanibel-Captiva Rotary Club meets Friday mornings at 7 a.m. at The Dunes Golf & Tennis Club. Guests are welcome.\*

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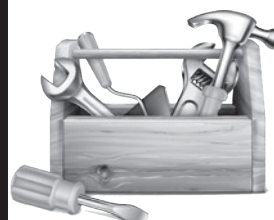
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## Designer Opens New Showroom



Bridget Vandenburg and her husband Erik, center, cut the ribbon on the Blue Bungalow showroom with members of the Sanibel & Captiva Islands Chamber of Commerce

photo provided

A ribbon cutting ceremony was held on January 16 for the new showroom of Bridget Vandenburg Interiors in Anchor Point Plaza on Sanibel. The ceremony was hosted by the Sanibel & Captiva Islands Chamber of Commerce.

Vandenburg expanded her business from a single unit in the plaza to include a second unit as a showroom called the Blue Bungalow. It's a place where clients can see, feel and explore ideas. There is a selection of slip covers, jewelry, lamps, rugs, vintage furniture and original artwork created by Vandenburg's cousin.

"We are grateful for a successful first year that allowed us to offer clients a showroom experience and have a full studio office in the original unit next

door," said Vandenburg, who opened her island business in August 2007.

She continues to offer a full array of services, including delivery by her husband Erik, to take design projects from concept to completion. Vandenburg uses her more than 25 years of experience and hands-on approach to guide clients through the design process. Her product knowledge and attention to detail ensure every project is a success and reflects her client's vision.

"Congratulations to Bridget and her team on opening their showroom," said Chamber President John Lai. "We are always excited to see our island businesses grow and wish Bridget the best in the new year."✱✱

From page 1B

## New Manager

an emphasis in environmental engineering. Her first job was with a geotechnical firm, where she performed duties including inspecting wells, designing foundations and inspecting construction sites.

Her professional career continued with the Iowa Department of Natural Resources, where she worked in the water supply engineering section. Wilson served as an environmental engineer for the state over the next seven years. "It was a lot of regulatory work," she noted. "Anything that had to do with the drinking water industry."

Over the next nine years, Wilson worked for West Des Moines Waterworks. Initially hired as an engineering project manager, she ascended to the general manager position. In fact, she was the first female general manager for the utility in the state of Iowa.

Recently, she was perusing the American Waterworks Association's website, where she came across a help wanted advertisement for a position on Sanibel.

"When I read the ad and saw where the job was, I thought to myself, 'Hmmm... that's interesting,'" said Wilson, who noted that she and her husband, Marc, have traveled to the gulf coast and Southwest Florida frequently over the years. But they had never been to Sanibel.

The couple quickly decided that a move from Iowa to the islands sounded perfect.

"This was our happy place," Wilson said. "We're very excited about being here on a permanent basis."

Stepping in to her new role at IWA, Wilson said she is looking forward to getting to know her fellow staff members and the desires of the utility's board of directors.

"I want to better understand how every facet of this utility works, how they treat and distribute water on the island, because there are a lot of processes that are unique to this utility," added Wilson. "Since I started, everybody's been so accommodating and kind. It's a first class organization with a great group of people. I'm looking forward to learning how to best serve our membership."✱✱

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From left, gross winners Jeff Muddell, Brooks Selby, Ross Selby and Jamie Doss  
photos provided

# Sanctuary Golf Classic A Gift To The Community

For nearly 20 years, The Sanctuary Charity Classic golf tournament has been a fundraising success and a testament to the generosity and commitment of The Sanctuary Golf Club's membership and partnering sponsors. Proceeds from the tournament are directed to the Charitable Foundation of the Islands, whose mission is to make sure that friends and neighbors in need on the islands are cared for, especially in times of crisis. Held this year on January 26, the Charity Classic was a record-breaking

success, garnering over \$163,000 for the island communities. Despite blustery winds and cool temperatures, more than 130 people gathered for a gourmet brunch, 18 holes of golf followed by an awards reception. Winners this year were: Couple winners, Doug and Paige Babcock, and David and Joan Burrows; Gross winners, Jamie Doss, Ross Selby, Brooks Selby and Jeff Muddell; and Net winners Steve Greenstein, Paul Munns, Jeff Mistler and Bob Rohl. But the real winners were the island nonprofit organizations that have benefited from The Sanctuary Charity Classic proceeds. The long-time partnership between Charitable Foundation of the Islands and The Sanctuary Golf Club have impacted many nonprofit organizations,



From left, couples winners Doug and Paige Babcock, and Joan and David Burrows

among them: FISH of SanCap, Community Housing and Resources (CHR), City of Sanibel employee scholarships, Bailey-Mathews National Shell Museum, Children's Education Center of the Islands, The Sanibel School, "Ding" Darling Wildlife Society, Sanibel-Captiva Conservation Foundation (SCCF) and The Community House. "The Sanctuary Golf Club's members overwhelmingly embrace this event, allowing the course to be closed each year on this special Saturday. They are exceptionally generous and committed to this fundraiser. The fact that this is the 17th year demonstrates the dedication of the members to make The Sanctuary Charity Classic a success," said Ken Kouril, chief operating officer of The Sanctuary.

Charitable Foundation of the Islands has the role of reaching out to the nonprofit community, structuring grant guidelines, assessing applications and assuring that the funds are used to the best and highest purpose with tangible impact. There is also an army of volunteers for this event who are members and friends of The Sanctuary as well. "It's a great partnership," said Al Hanser, founder of Charitable Foundation of the Islands. "It's a win-win for all involved, and we could not be more grateful to the members and friends of The Sanctuary for offering our community this kind of exemplary support." Sponsors included: Founding Sponsor - The Sanctuary Golf Club;

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**Net winners Steve Greenstein and Paul Munns**

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**Bret Borshell, clubhouse manager, and Ali McFarland, food and beverage captain, helping with the helicopter ball drop**

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Redfish Pass Tides				
Day	High	Low	High	Low
Fri	2:20 am	8:55 am	3:28 pm	8:52 pm
Sat	3:05 am	9:22 am	3:53 pm	9:46 pm
Sun	3:57 am	9:50 am	4:24 pm	10:49 pm
Mon	5:02 am	10:19 am	4:59 pm	None
Tue	6:33 am	12:02 am	5:42 pm	10:51 am
Wed	8:52 am	1:24 am	6:34 pm	11:24 am
Thu	7:37 pm	2:44 am	None	None

Point Ybel Tides				
Day	High	Low	High	Low
Fri	1:25 am	8:57 am	2:33 pm	8:54 pm
Sat	2:10 am	9:24 am	2:58 pm	9:48 pm
Sun	3:02 am	9:52 am	3:29 pm	10:51 pm
Mon	4:07 am	10:21 am	4:04 pm	None
Tue	5:38 am	12:04 am	4:47 pm	10:53 am
Wed	7:57 am	1:26 am	5:39 pm	11:26 am
Thu	6:42 pm	2:46 am	None	None

Punta Rassa Tides				
Day	High	Low	High	Low
Fri	1:45 am	9:08 am	3:29 pm	9:15 pm
Sat	2:33 am	9:28 am	3:50 pm	9:57 pm
Sun	3:34 am	9:46 am	4:04 pm	10:48 pm
Mon	4:44 am	10:07 am	4:27 pm	None
Tue	6:16 am	12:10 am	5:05 pm	10:33 am
Wed	7:43 am	1:37 am	6:00 pm	11:08 am
Thu	9:02 am	2:42 am	7:17 pm	1:03 pm

Cape Coral Bridge Tides				
Day	High	Low	High	Low
Fri	4:30 am	12:11 pm	5:38 pm	None
Sat	5:15 am	12:08 am	6:03 pm	12:38 pm
Sun	6:07 am	1:02 am	6:34 pm	1:06 pm
Mon	7:12 am	2:05 am	7:09 pm	1:35 pm
Tue	8:43 am	3:18 am	7:52 pm	2:07 pm
Wed	11:02 am	4:40 am	8:44 pm	2:40 pm
Thu	9:47 pm	6:00 am	None	None

Island Seniors  
At Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

**Page Turners with Louise Fitzgerald and Ann Hartman** – If you are not on the Page Turners list and wish to be, email [oceann@comcast.net](mailto:oceann@comcast.net) or contact the center.

The book for discussion on Wednesday, February 13 at 2:30 p.m. is *The Death of Mrs. Westaway* by Ruth Ware.

“On a day that begins like any other, Hal receives a mysterious letter bequeathing her a substantial inheritance. She realizes very quickly that the letter was sent to the wrong person – but also that the cold-reading skills she’s honed as a tarot card reader might help her claim the money. Soon, Hal finds herself at the funeral of the deceased... where it dawns on her that there is something very, very wrong about this strange situation and the inheritance at the center of it.” – *LitLovers*

**Naples Botanical Garden** – Thursday, February 14. Cost is \$22 for members and \$32 for non-members.

During this private tour, guests will learn how Naples Botanical Gardens continues connecting people with plants by conserving and researching the biological diversity of their collections and ecosystems. Lunch is on your own at the popular Fogg Café. Afterwards, you can stroll the gardens. Carpool arrangements will be available. Depart from Sanibel location at 8:30 a.m. Contact the center to sign up.

**Ninth Annual Justine Bridge Charity Bridge Tournament** – Friday, February 15, 1 to 5 p.m. The tournament

is held in honor of former volunteer and bridge director, Justine Smith. Proceeds benefit PAWS of Sanibel. Contact the center to sign up.

**Museum of Fine Arts and Dali Museum** – Friday, February 18. Cost is \$72 for members and \$82 for non-members. Fee includes entry into both museums and transportation.

This is a docent-led tour of the museums in St. Petersburg. Lunch is on your own in the MFA Café followed by a headset tour of the Salvador Dali Museum, which houses the largest collection of Dali’s works outside of Europe. Depart from Sanibel location at 7 a.m. and return at 5:30 p.m. Contact the center to sign up.

**Sanibel Health Fair** – Friday, February 22, 1 to 4 p.m. Learn how better health starts with you – knowledge is key to prevention and treatment. The fair is sponsored by Parish Nurses of Sanibel.

**Line Dancing Classes** – Tuesday, February 12, 19 and 26 at 1:30 p.m. Cost is \$2.50 for members and \$5 for non-members. Join the group for an hour of fun. The instructor will review dance steps then turn up the music for dancing. Bring a friend.

**Games** – Cost for all games is \$2.50 for members and \$5 for non-members. Prizes will be awarded.

**Bridge** – Monday and Wednesday. Registration begins at 12:30 p.m.; the game begins at 1 p.m.

**Mahjongg** – Thursday at 12:30 p.m.

**Hand & Foot** – Thursday at noon.

**Hearts** – Friday at 12:30 p.m.

**Kayaking on Tuesdays and Thursdays** – February 12 and 14 and 19 at 8:30 a.m. (weather permitting). There is space for 16 people on eight two-person kayaks and limited space for

those who own their own kayaks. Island Seniors, Inc. will provide kayaks, paddles and life jackets. Bring water, a small snack, sun screen, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$20 for non-members. Advance registration is required.

**Fitness Classes** – Island Seniors, Inc. members pay \$4 per class, visitors pay \$10 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend. Fitness class schedule is as follows:

**Happy Hour Fitness** – Monday, Wednesday and Friday at 8 a.m. Keep your brain fit and your heart, lungs and muscles strong. Hand weights, stretch cords and your body weight will be used. The format is 40 minutes of cardio, 20 minutes of balance exercises, core strength, flexibility exercises and mat work. Athletic footwear is required. Connie DeCicco is the instructor

**Essential Total Fitness** – Monday, Wednesday and Friday at 9:30 and 11 a.m.

Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear is required. Mahnaz Bassiri is the instructor.

**Power Hour Fitness** – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

**Gentle Yoga** – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Bring a towel. Kim Kouril is the instructor.

**Chair Yoga** – Tuesday and Thursday at 11 a.m. Similar to gentle yoga but all poses are done in a chair. Kim Kouril is

the instructor. For more information, call 472-5743 or stop by the Center 4 Life, located at 2401 Library Way on Sanibel.\*

From page 4B

Technology

Understanding and modeling for inflation is likewise important to make sure the portfolio keeps pace with increased future outflows.

Today, the wealth management technology we use allows a client to model and test a variety of scenarios to see whether there are sufficient assets to meet goals as well as prioritize goals based on needs, wants, and wishes. Most importantly, the experience instills a greater confidence that “your plan” is going to work.

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We believe that the effort dedicated to your lifestyle and investment plan is of utmost importance as you age, and that reviewing your plan regularly with your advisor is vital. Goals change over time, and investment returns will vary from estimates, so spending time with your advisor and portfolio manager helps them offer more tailored solutions, and provides you the confidence in the choices you’ve made.\*



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## Restaurant To Sponsor Historical Village Fundraiser

**D**oc Ford's Rum Bar & Grille will be a silver sponsor of the February 19 Sanibel Historical Village Gala. The event is currently sold out.

Restaurant owner Marty Harrity said, "History dictates the future, so the preservation of history is so important to all the new people who come here that we can educate about the history of our island."

"We're thrilled to have the support of such a popular island business," said Historical Village Executive Director Emilie Alfino. "Doc Ford's, with its interest in island history, has been a friend of the village for a long time. We're very grateful."

So far, this year's business sponsors include Allegra Printing, Sanibel Catering Company by Bailey's, Bank of the Islands, *Island Sun*, Congress Jewelers, Doc Ford's Rum Bar & Grille Sanibel, The Grog Shop, *Times of the Islands*, John Grey Painting, Sanibel Captiva Beach Resorts, The Sanibel Captiva Trust Company and VIP Realty Group.

Individual sponsors include Edward and Catherine Anderson, Bill and Gail Bachman, Dennis and Blair Wyatt Berry, Wayne and Linda Boyd, Liz Clark, Ralph and Billye Curtis, Dorothy Donaldson and Aaron Cohen,



Back from left, owner Mark Marinello, general manager Kim McGonnell, and managers Tyler Wussler and Blake Colbert. Front from left, manager Katy Forret, owner Brenda Harrity, Historical Village Executive Director Emilie Alfino and owner Marty Harrity. photo provided

Garlinghouse Foundation, Doug and Sherry Gentry, Roger and Sandra Grogman, Neal and Sherry Halleran,

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Edward and Dorothy Miller, Kevin and Deirdre O'Donnell, Bill and Stephanie Rahe, Todd and Karen Roberts, Ron and Faith Souders, Davis and Patricia Thurber, Rod and Gerry Verblaauw, Alex Werner and Karen Storjohann, and Larry and Judy Yenkele.

For more information or to make a donation, visit [www.sanibelmuseum.org](http://www.sanibelmuseum.org) or call 472-4648.\*

## Community Panel To Meet

**T**he next meeting of the Captiva Community Panel is set for Tuesday, February 12 beginning at 9 a.m. in the Cone Rooms in Chadwicks Square at South Seas Island Resort. This meeting is open to all interested islanders and the public.

Among the agenda items will be a workshop on the clean air and water protection issues in the Captiva Code; discussion about iguana control and MSTU funding options; an update on the wastewater committee and the Captiva Drive walkway; election of panel officers; plus committee reports and updates from other island organizations.

Public participation is invited and encouraged. The next Captiva Community Panel meeting tentatively will be held on March 12. Information and background documents are available online at [www.captivacommunitypanel.com](http://www.captivacommunitypanel.com).\*

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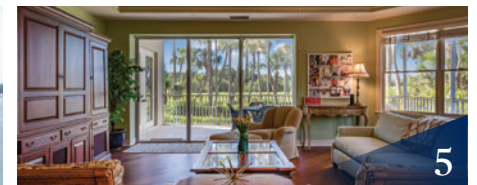
- www.CaptivaMarina.com
- **\$18,770,000** EUR € 16,481,654

### 5. Heron at Sanctuary – Sanibel

- 3 BR/ 2.1 BA walkout condo with over 2500sqft under air overlooking a Arthur Hill design golf course
- Open floor plan, Pella windows, 10ft ceilings with crown molding, new wood floor, spacious master suite & private enclosed garage
- **\$775,000** EUR € 681,620

### 6. Gulf views at Loggerhead Cay - Sanibel

- 2BR/2BA condo located in one of the most desirable Gulf front buildings at Loggerhead Cay
- Enclosed lanai, updated bathrooms, open kitchen, and a short walk to beach and community pool
- **\$799,000** EUR € 704,681



## NEW LISTING

### 10. Gulf to Bay on Captiva, "The Ark"

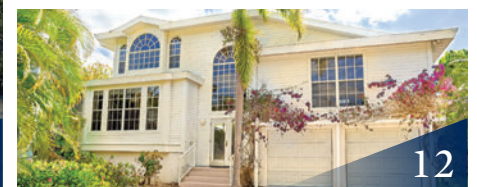
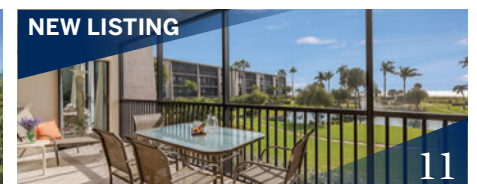
- Vintage charm with stunning location on Captiva Island
- Custom details throughout, 2nd floor master suite with his & her baths and large sitting area overlooking Bay. Boat dock on Roosevelt Channel & deeded beach access
- **\$4,150,000** EUR € 3,644,052

### 11. Direct Gulf views at Sundial East -Sanibel

- 2 BR/2BA condo with views directly out on the Gulf of Mexico
- Open kitchen with granite countertops & SS appliances, community pool, tennis, beach access & more
- **\$919,900** EURO € 807,750

### 12. Direct Access Canal home with Boat dock & Lift – Sanibel

- 3 BR/3 BA home located on 100 feet of canal frontage with direct Gulf access
- Old Florida style home with boat dock & lift, quick access to San Carlos Bay, screen enclosed pool
- **\$1,100,000** EURO €901,136



### 1. Shell Seekers – Captiva

- 6BR/7.5 BA Olde Florida architecture style home offering stunning 180degree direct views of the Gulf of Mexico
- Stunning coastal décor, 2 story coffered ceilings in the living room, gorgeous master suite & fantastic outdoor living
- **\$7,980,000** EUR € 6,983,307

### 2. Direct Bay front views at Lighthouse Point – Sanibel

- 3 BR/ 2 BA east end condo featuring water views from almost every room
- Remodeled in contemporary European flair, open kitchen, crown molding & multiple lanai's
- **\$719,000** EUR € 634,125

### 3. Seagull Estates - Sanibel

- 3BR/2 BA home located directly across the street from the beach
- Soaring ceilings, fireplace, screened porch & yard. Comm amenities pool, tennis, clubhouse, & beach access.
- **\$815,000** EUR € 715,639

### 7. South Seas Beach Home – Captiva

- 4BR/ 3BA with open and enclosed lanai space, perfect for daily sunsets
- Fully upgraded and remodeled, private deck, steps from the Gulf
- **\$3,375,000** EUR € 2,822,195

### 8. Remodeled Contemporary Beach Home - Captiva

- 4 BR/4 BA completely remodeled from top to bottom, located in the private Captiva Village area
- Views of the Bay from the top floor master, stunning kitchen, Zen garden, pool oasis, & more.
- **\$2,795,000** EUR € 2,454,247

### 9. Bay Front Antebellum Home with boat dock & lift – Sanibel

- 3BR/4BA home located on a direct Gulf access canal with private dock and a 25,000pound lift
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Tiffany, Jeff, Joan & Joe Burns



Tim Drobnyk, Kathy Haungs, Denice & John Beggs



Will Power

## Writing In The Margins



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

Growing up, I watched my great-grandmother, who I affectionately referred to as my Bubby, cook family meals with an old cookbook that had a worn spine and dog-eared pages smeared with stains. When Bubby discovered how to improve a recipe, she would write notes on the margins of the pages. Her modifications were always first rate.

But I want to tell you not to write notes or changes in your legal documents like a will or a trust. I can't describe how many times I've seen wills where changes have been written in the margins.

Some changes delete beneficiaries, others add beneficiaries. Some change the dollar amount of bequests, while others alter who is to receive what property.

Unlike the alterations my Bubby made in the margins of her cookbook, the writings in the margins of these folks' wills and trusts almost always have no significance. They won't serve to change the will or trust.

Why?

Because the law clearly states how a testamentary (after death) bequest must be both signed and witnessed in a very specific manner. In Florida, a testator must sign a legal document that contains testamentary bequests at its end. The testator must sign in the presence of two witnesses, who sign as witnesses in the presence of the testator, as well as in the presence of each other.

Then, so you don't have to get the witnesses' testimony about the signing after the testator's death, the will is usually "self proved." In order to be self-proved, a notary must witness the whole process in much the same manner and sign a statement using the exact words found in the Florida statute.

So, if Julia signs her will, but later goes back and writes changes in the margins, those changes will have no legal effect. The only result of Julia's action is likely litigation between the beneficiaries. After the beneficiaries spend thousands of dollars on attorney fees, the result will be that the margin changes will be disregarded.

What Julia needs to do if she wants to change her will is to add a codicil to her will (or an amendment to her trust) that is signed with the same statutory formalities that her original document was signed with.

Sometimes individuals will type up their own codicils and amendments rather than have their attorney do it. They may not want to pay the attorney for a simple change. Do this at your own risk, as oftentimes a codicil or amendment isn't so simple. If it isn't prepared correctly, it could cause more problems than it solves.

Consider, for example, that Hayden has a will that says something to the effect of, "I give my home to my son Payne." At the time of the creation of the original will, Hayden's home is in Atlanta. Hayden later gives his Atlanta home to Payne and then purchases a new home for himself on Sanibel. Hayden feels that he should give his daughter Suzanne a large specific bequest to "even out" the gift of the Atlanta residence to Payne, so he writes in the margin of his will, "I give \$150,000 to my daughter Suzanne" but doesn't remove the language in his document giving his home to Payne.

Hayden then dies.

What happens? The margin note of the \$150,000 bequest is disregarded. It wasn't signed with the statutory formalities.

But has Hayden also bequeathed his Sanibel residence to Payne? Florida has an ademption statute that says in part, "Property that a testator gave to a person in the testator's lifetime is treated as a satisfaction of a devise to that person, in whole or in

part, only if the will provides for deduction of the lifetime gift, the testator declares in a contemporaneous writing that the gift is to be deducted from the devise or is in satisfaction of the devise, or the devisee acknowledges in writing that the gift is in satisfaction."

Even if the margin note gifting \$150,000 to Suzanne is not a valid amendment, could it be construed as a "contemporaneous writing" that the lifetime gift of the Atlanta home satisfies the bequest found in Hayden's will? That position would be a stretch even if it can be established that the gift was made in an attempt to even the score. In this fact pattern, the statute would seem to require Payne to acknowledge in writing that the gift of the Atlanta residence satisfied his father's bequest. What if Payne isn't willing to sign such a statement?

There are many laws governing estates and trusts. Writing your own document without the knowledge of what those laws are and how those laws affect your own plan may lead to unintended consequences.

So, it's generally unwise to alter your own recipe without the help of a qualified professional. If you need to make notes to remind yourself of what you want changed, first make a copy of your legal document, then write in those margins and discuss what you want with your estate planning attorney.

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## Impacts Of Immigration Topic Of Lecture

The world's immigrants have historically been welcomed to our country since its inception and usually with open arms. What immigrants face when coming into the country has varied widely from generation to generation. Unfortunately, immigrants are often a polarizing lightning rod, particularly in the current political environment with its emphasis on restriction and the unravelling of accepted immigration law.

Indera DeMine, Esq., will be the featured speaker at the League of Women Voters (LWV) of Sanibel meeting on Thursday, February 21. The meeting will be held at Sundial Beach Resort & Spa, located at 1451 Middle Gulf Drive on Sanibel. Registration starts at 11:30 a.m. for the noon to 2 p.m. luncheon and program, with time for questions afterwards.

DeMine is on the front line of representing clients throughout Florida. As an immigrant herself, she is passionate about immigration law and has welcomed the opportunity to help



Indera DeMine

photo provided

her clients navigate the often confusing immigration process.

In 2016, DeMine opened her solo practice with the idea of having an immigration-law-only law firm in Fort Myers. She has represented clients throughout Florida and has successfully defended clients in removal/deportation

continued on page 23B

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## Free Tax Filing Assistance

by Chauncey and Allison Goss,  
Sanibel-Captiva United Way  
Campaign Committee

We have proudly been involved with our United Way since 2010. There are many great United Way Partner Agencies and programs like FISH of SanCap, Literacy Council Gulf Coast, Harry Chapin Food Bank, and United Way 211. One program that sometimes flies under the radar is an incredible opportunity our United Way operates to help thousands of local workers and residents with their income taxes. The Volunteer Income Tax Assistance (VITA) program is a free service for individuals and families making \$66,000 a year or less, and is available at the Sanibel-Captiva United Way House operated by FISH.

VITA tax preparers are trained and certified by the IRS, and are knowledgeable of credits and deductions such as the Earned Income Tax Credit (EITC), education, childcare and other refundable credits which may be helpful to people who make less than \$66,000. They also prepare and e-file your return at no cost to the taxpayer.

Free VITA service is offered on Fridays in February at FISH. Additional days for VITA service at FISH are March 8 and 22, and April 5. Appointments are required and slots fill up quickly. In addition to the



Chauncey and Allison Goss

photo provided

FISH location at 2430-B Periwinkle Way on Sanibel, assistance is available at 11 other sites in Lee County. To find the most convenient location for you, and make an appointment, visit [www.UnitedWayLee.org/FreeTaxPrep](http://www.UnitedWayLee.org/FreeTaxPrep). You can also make an appointment by calling United Way 211; just dial 2-1-1 or 433-3900. United Way VITA services will continue to be available through the tax filing deadline of

April 15. A few VITA sites are open year-round.

If you'd like to do your own taxes online, free online filing is available at [www.MyFreeTaxes.com](http://www.MyFreeTaxes.com), which offers a toll-free helpline or a web chat when self-filing.

Last year, 5,000 individuals and families used the free VITA tax preparation service, giving them access to the EITC, childcare and education

credits. Refunds totaled an amazing \$6.7 million, which came back to the Southwest Florida economy, plus saved families an average of \$250 in tax preparation fees.

The average refund was \$1,677. That is truly meaningful money for families or seniors with modest incomes. For a family in need, the refund could help with lingering debts, medical expenses or delinquent mortgage payments. United Way wants hard-working individuals and families keeping more of what they earn in their own pockets.

Volunteer preparers have relayed many stories of taxpayers who were overjoyed with the assistance and the refunds they received. A mother and daughter who had been struggling to pay bills, and who had also received food and other assistance at a United Way House said that the refund obtained through the VITA service allowed them to pay off debts, and helped her daughter to continue at college. The mother wrote, "Thank you for all you do from the bottom of our hearts. It is a blessing to see my daughter continue her education."

As we wrap up this year's United Way campaign, please join us in supporting our great United Way, and partner agencies and programs like VITA. You can give by returning the pledge card you received in the mail by calling 433-7201 or give safely online at [www.UnitedWayLee.org/Donate](http://www.UnitedWayLee.org/Donate). If you have already given, thank you for your continued support.✱



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# Baseball’s Color Barrier Broken But Much Remains To Be Accomplished



by Ed Frank

With the opening of baseball’s Spring Training next week, it is proper and respectful to review how the face of America’s pastime has changed since Jackie Robinson broke the color barrier 72 years ago. We often wonder if the growing numbers of minority baseball players today, particularly Latino players, have any idea what the famous No. 42 meant to their careers. Robinson would have been 100 years old on January 13 of this year and unfortunately died at the young age of 53 just as players of color were beginning to rapidly fill Major League rosters. Major League Baseball will observe the 100th Anniversary of his birth throughout the upcoming season.

There have been many, many books, movies and articles published about Robinson and, even if you’re not a baseball fan, you owe it to yourself to read or see some of these movies or documents. Let’s just look at some figures published two years ago by the Society for American Baseball Research. There are both positives and negatives in the report. At the conclusion of the 1947 season, Robinson’s first, white ballplayers made up 98.3 percent of Major League rosters, African Americans, 0.09 percent and Latino, 0.07. In 2016, the year the report was published, the percentage of white ballplayers had dropped to 63.7 percent, African American only 6.7 percent, Latino up to 27.4 percent and Asian at 2.1 percent. What is alarming about the study is the precipitous drop in African American ballplayers beginning in the mid-1980s when they accounted for 18.8 percent. Baseball has addressed this problem with a number of programs, particularly among inner city youth. The results have been far less than successful as the figures show. There are many reasons why many talented, athletic African Americans have turned their backs on baseball in favor of basketball and football. Undoubtedly, it’s a matter of demographics and economics. The obstacles can be too few playing fields and the cost of equipment to play in traveling baseball

leagues. The overall effect is that the pipeline feeding African Americans into the Major Leagues is even less populated than baseball itself. A recent study by ESPN showed there are less than 5 percent of collegiate African American baseball players. The road to riches obviously is much quicker in professional basketball and football where African Americans make up 80 percent of NBA rosters and nearly 70 percent in the NFL. And African American athletes dominate these sports at the college level as well. We wonder how the courageous Robinson would view Major League baseball today? My guess he would be proud of the strides that have been made, but frustrated that the number of African American players in the game remains low.

## Power Squadron Installs Officers

The Sanibel-Captiva Power Squadron conducted its 2019 Change of Watch at The Community House during the annual general business meeting in January.



Joanne Heroy-Giller

Installed as the 2019 commander is Joanne Heroy-Giller and the new executive officer is George May. Steve Abbott will lead the education department and Tom Schmidt will serve as the administrative officer. The secretary position will be filled by Lynne Campean and John Fridlington will be treasurer, completing the bridge. The 200-plus member organization

is dedicated to safe boating through education and community service. Plans are under way for six-week and nine-week courses as well as half-day seminars, most of which are open to the public with no pre-requisite courses. Classes will cover a range of subjects from weather to GPS systems to paddle boarding to celestial navigation. In addition, the club works with The Sanibel School teaching all sixth graders a nine-week Boat Smart course. The Sanibel Emergency Rescue Assistance Team (SERAT) assists the Sanibel Fire and Rescue Department to respond as called upon in helping boaters in trouble. Also, free vessel safety checks are available to determine if boats meet the United States Coast Guard’s level of required safety equipment on board. America’s Boating Club of Sanibel-Captiva meets monthly at The Community House, located at 2173 Periwinkle Way on Sanibel, on the third Tuesday at 5 p.m. For more information, visit [www.sancapboating.com](http://www.sancapboating.com) or call 985-9472.

## SPORTS QUIZ

1. How many of the top five spots for intentional walks for a season does Barry Bonds hold?
2. Entering 2019, Washington’s Max Scherzer had struck out 250 or more batters for how many consecutive seasons?
3. Since the 1970 merger, six rookies have led the NFL in rushing for a season. Name three of them.
4. In 2018, Jay Wright became the winningest men’s basketball coach (career victories) in Villanova history. Who are second and third on the list?
5. Who are the only two Russian-born winners of the NHL’s Conn Smythe Trophy (MVP of the Stanley Cup playoffs)?
6. In how many different seasons has Formula One driver Lewis Hamilton recorded at least 10 victories?
7. Name the last country to repeat as tennis’ Davis Cup champion.

## ANSWERS

1. He holds the top three, including a record 120 intentional walks in 2004. 2. Five (2014-18). 3. Czech Republic (2012-13). 4. Alexander Severance (413 wins in 19 seasons). 5. Pittsburgh’s Evgeni Malkin (2009) and Washington’s Alexander Ovechkin (2018). 6. Four times (2014, ’15, ’16 and ’18). 7. (1999), Ezekiel Elliott (2016) and Kareem Hunt (2017). 4. Alexander Severance (413 wins in 19 seasons). 5. Pittsburgh’s Evgeni Malkin (2009) and Washington’s Alexander Ovechkin (2018). 6. Four times (2014, ’15, ’16 and ’18). 7. Czech Republic (2012-13).



From left, George May, Steve Abbott, Tom Schmidt, Lynne Campean and John Fridlington photos provided

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# League Tackles Important Issues At Luncheon

submitted by Christine Schluter,  
LWVS Board Member

Perspectives on a number of important issues were presented at the monthly luncheon of the League of Women Voters of Sanibel (LWVS) on January 17. League board member Robert Terry, a retired judge and constitutional attorney, spoke about the 2020 census citizenship question, while Dr. Peter Bergerson, senior professor of political science at FGCU, spoke on governance, primarily in the United States, but with some reference to China.

For the first time since 1950, the U.S. Census Bureau plans to ask everyone living in the U.S. whether they are citizens on the 2020 census. Lawsuits by the attorneys general of California and New York argue that this will result in undercounting immigrants, which could impact the allocation of congressional seats, government funding, etc. The impact of undercounting could be especially damaging in states with large immigrant populations, such as California, Florida and New York. This question clearly is headed for the U.S. Supreme Court, since a federal district court justice in Manhattan ruled last week in favor of the New York state lawsuit against adding the census question. Timing is very short for a judgment, as the census bureau must print census forms by May-June of 2019.

The census bureau in 1980 won a lawsuit arguing against a change that would have required a citizenship question on the census. The bureau stated that innovations in survey methods had provided a more accurate and less burdensome way of counting the country's non-citizen population – a well designed sample rather than a complete count like the census. Moreover, the bureau's research demonstrates that asking questions about citizenship causes unprecedented concerns about



Dr. Peter Bergerson and Bob Terry  
photo provided

data sharing and confidentiality among immigrants and those who live with immigrants. Thus, the bureau has argued for decades that including a citizenship question would make the census less reliable.

## Is Democracy Working?

The public's trust in government to do the right thing is at a historic low – 19 percent, compared with 75 percent during the Eisenhower administration. Many factors have contributed to this, including the Vietnam War, Watergate, gerrymandering, the increasing gulf between haves and have nots, the fact that four of the last seven presidents have been chosen by a minority of the voters, and the sharpness of political rhetoric.

Many are questioning the belief and purpose of political institutions, our leaders, their decisions and values. Our democracy was formed at a pre-technological time when the population was much smaller and more homogeneous. All these conditions have changed.

Nevertheless, this is not as perilous a time for our democracy as the Civil War, World Wars I and II, or the McCarthy

period. Several key factors determine whether democracy is working. The separation of powers – our system of checks and balances – is fundamental to democracy. The executive, judicial and congressional branches of government must function independently to ensure the sharing of powers, and the judiciary must have unimpeded ability to review actions by the other branches. Bipartisan legislation is important, and a free press is vital to democracy.

In a democracy, the process of decision making legitimizes the goals and policies, not vice versa as is the case with China. In China, political life is based on the model for the Confucian family. The central authority is the father figure, who is infallible, tyrannical and protective. There is no idea of sharing power among several institutions, as in the U.S. With a billion more people than the U.S., seven major dialects, and four major active religions, China devotes most of its public money to uniting the country.

Today, concerns are expressed that the leaders of the Senate and the House of Representatives are too powerful. In fact, there have been far more powerful and effective leaders in those positions in the past (Lyndon Johnson, for example). The government flaws that concern most people are flaws of personality, not flaws of the pillars of our democracy. People lose perspective about sensitive appointments, etc. An example is Supreme Court appointments, which have averaged one new appointment every two years.

Dr. Bergerson concluded that we should keep in mind Winston Churchill's

statement that "Success is not final, and failure is not fatal. Keep going. Never, never give up."

The next League of Women Voters luncheon will feature Indera DeMine, an immigration attorney who will speak on the impact of immigration on Southwest Florida. The luncheon will begin at noon on Thursday, February 21 at Sundial Beach Resort & Spa on Sanibel. Luncheon is available for \$25 in advance for members and non-members. To make a reservation, email lwvsanibel@gmail.com or visit [www.lwvsanibel.org](http://www.lwvsanibel.org) to learn more.✱

## ISLAND SUN BUSINESS NEWSMAKERS

### Kingfisher Real Estate



Valerie Tutor



Mary Bondurant

The top producers at Kingfisher Real Estate for the month of January were: Valerie Tutor, top listing agent; and Mary Bondurant, top selling agent.✱

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# A Valentine For Your Heart



by Ross Hauser, MD  
and Marion Hauser, MS, RD

**H**earth: The central or innermost part of something. In the human body, it pumps blood through the circulatory system. The emotional or moral nature of the heart is love and compassion. Both types of “heart” can be strengthened at any time – even as we age.

We spoke in an earlier article how love and generosity strengthen the heart, reduce stress and can help us live longer, more vibrant lives.

Let’s look at the physical human heart – the hardest working muscle in the body. By the time many people are in their 50s, parts of the heart weaken and vessels stiffen, leading to increased blood pressure, making our hearts work harder, which can eventually lead to

cardiac failure. Research cardiologist Benjamin Levine, MD, of University of Texas Southwestern Medical Center and director of the Institute for Exercise and Environmental Medicine in Dallas, wanted to know if it was “too late” for those people who have been sedentary most of their adult lives to strengthen their hearts.

He took a group of sedentary middle-aged adults and started them on an exercise program four or five times per week. The control group began stretching and balance work. One workout per week was a short but strenuous interval workout, while the other workouts were more moderate, like fast walks or jogs lasting 30-plus minutes. They continued this pattern for two years.

The results showed that by the end of two years the exercisers were more fit compared to the control group, with stronger and younger left ventricle heart muscles. Dr. Levine concluded his results suggest that our hearts can still change if we exercise. As they say in Chicago, vote early and often. Same goes for exercise: start early in life and exercise regularly. It is never too late.

*This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@ caringmedical.com.\**

Superior Interiors

# The Coastal Home



by Linda Coin

**A**lthough embraced throughout the country, beach-inspired interiors are a given for our Southwest Florida location. New residents relocate to our area with visions of living in a home enhanced with coastal details.

Coastal design can be fun and colorful, or soft and sophisticated. The key to both is to embrace this style with restraint. Limit yourself to just a couple of beach- or nautical-inspired accents per room. This could be a couple of throw pillows, or sculptural seashell art. Next, include subtle elements that relate to the water, sand and sky of a beach landscape. The addition of a well selected paint palette cannot be overstated. Blue tones in various shades always translate themselves to life at

the beach. Subtle variations of blue can also be a beautiful backdrop to colorful statements in accent pieces. Texture and architectural interest can be added with the addition of the ever-popular shiplap or classic beadboard for a charming vintage feel.

A more contemporary approach to coastal design can be achieved by introducing neutral colors with natural or organic materials. Light and airy is the key to be a compatible backdrop to washed driftwood-inspired furniture pieces. Metal finishes with patina can bring life to a soft, almost monochromatic scheme as do textural sisal rugs. For a finishing touch, the subtle addition of dusty aqua and grayed blue in accessories can create a tranquil space.

Finally, a simple layout or floorplan is preferable for each room. Consider the function of the room that is being designed and leave plenty of open space so that people can move around freely. Leaving this negative space will allow the coastal elements included in the room to be noticed and enjoyed.

*Linda Coin is an interior designer on Sanibel/Captiva Islands and can be reached at linda@coindceden.com.\**

# Lions Club Offers Free Health Screenings

**T**he Sanibel Captiva Lions Club will host complimentary health screenings in February and March at the Sanibel Recreation Center, located at 3880 Sanibel-Captiva Road on Sanibel. Screenings include diabetes, glaucoma, hearing and blood pressure tests, and no appointment is necessary.

“It takes about a half hour per screening,” said Lion Rick Siders, a retired physician. “The screening allows us to detect any potential diabetics, vision impairment or hearing loss. We then refer them to local physicians for further diagnosis and/or treatment.”

While sight is undoubtedly one of the Lions’ defining causes, diabetes has become the leading cause of new-onset blindness and those with Type 1 or Type 2 are at risk. It’s why Lions have taken action and support diabetes

awareness, education, prevention, detection, control and research of the disease.

According to the World Health Organization, 360 million people worldwide have disabling hearing loss with another billion at risk. In addition to hearing screenings, Lions have developed an array of programs for those who are deaf or have a hearing impairment.

The Sanibel Captiva Lions typically perform 110 individual health screenings each year and have introduced retina screenings. Lions partner with an ophthalmologist, and a Lion, to professionally read the retina camera screening results.

“We enjoy seeing those who return each year, but hope to see some new faces,” said Siders. “The screening is an important step in having a healthy life.”

The adult health screenings will be held from 9:30 a.m. to noon on Mondays, February 11 and March 11. For more information, visit [www.sanibelcaptivalions.org](http://www.sanibelcaptivalions.org).\*



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## Supplements That Should Be Taken With Food



by Suzy Cohen, RPh

**D**ear Readers: There is much confusion about when to take herbal supplements, vitamins and medications. Do you take them on an empty stomach or with food?

No matter what you take, you should be drinking a full glass of water to make sure the pill doesn't linger in your esophagus and cause irritation.

When a dietary supplement, enzyme or medication states the directive to "take with food," it usually means to take while your eating, or a few minutes beforehand. But since you have food in your gastrointestinal tract for a little while, it would be fine to take the item right after you eat. There's no right or wrong.

### The following supplements should be taken with food:

**Ashwagandha** – This popular adaptogen should be thought of a little bit like 'food' because it is an herb. All herbs should be taken with a snack or a meal in order to amplify the benefits and reduce nausea.

**Multivitamins or pre-natal vitamins** – There are so many constituents in these supplements, that it's best to take them with food in order to minimize stomach upset and nausea.

**CoQ10** – Some people take this powerful antioxidant for cellular energy production to support their heart, pancreas, liver and brain. CoQ10 (ubiquinone) should be taken with food, or a fatty meal to speed absorption.

**Selenium** – This is taken for thyroid inflammation, bone health, prostate support and immune support. It's ideally taken with food.

**Magnesium** – Some people take magnesium for depression, regularity, reduction of leg cramps and blood pressure support. Like most minerals, taking magnesium with a snack can minimize diarrhea and stomach discomfort.

**Vitamin D** – You can take this without regard to meals, according to the newest research. However, most of the older scientific literature say to take it with food since it's fat-soluble.

**Fish oil** – Some people take fish oil to help with cholesterol, triglycerides, depression and blood joint health. Taking fish oil supplements (EPA, DHA or both) with food or fatty meals is ideal because it boosts the absorption.

### The following medications should be taken with food:

**Antacids** – These help with heartburn or reflux. They should always be taken with food so that it can neutralize the acid that is secreted while you're eating.

**Amoxicillin** – The most popular antibiotic, especially for children. I recommend it be given to toddlers and teens with food in order to reduce

indigestion, nausea and vomiting.

**Corticosteroids** – These are used for pain, allergic reactions, rashes and overactive immune systems. These should always be taken with food or milk. Some examples include prednisone, hydrocortisone and dexamethasone.

**Aspirin and ibuprofen** – Ideally these are taken with food.

**Metformin** – Taken for diabetes, this medication is best taken around meal time in order to reduce blood sugar levels after eating.

**Enzyme supplements or medications** – Some people can't digest food normally, so they take enzyme supplements which break down the starch, fat and protein in a meal. Take these with meals. If a medication (i.e. Creon) is required to restore pancreatic function, it needs to be taken with meals.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit [www.SuzyCohen.com](http://www.SuzyCohen.com).* ✨

## Movement Courses Offered

**W**hat if you were able to move through your day effortlessly, comfortably feeling light and free in your body? Imagine not feeling restricted by tightness in muscles and joints, not weighted down by gravity. Explore posture and movement in your body with Marva Sletten, PT, certified Trager practitioner on Thursdays, February 28 and March 28 from 9:30 to 10:30 a.m. at The Community House, located at 2173 Periwinkle Way. ✨

From page 18B

## Immigration

DeMine has also represented clients before the U.S. Citizenship and Immigration Services and has guided her clients as they pursue petitions through the U.S. consulates around the world.

DeMine's family immigrated in 2002 and since then has worked hard to assimilate in the U.S. Her father, once a small rice farmer in Guyana, is now a small business owner in New Jersey. DeMine credits every ounce of her success to her parents. In her spare time, she provides free immigration consultation at local churches and community centers.

RSVP by email to [lwvsanibel@gmail.com](mailto:lwvsanibel@gmail.com). Deadline to RSVP is noon on Monday, February 18. Cost is \$25 per person. Mail your check to: LWV Sanibel, P.O. Box 1194, Sanibel, FL 33957. You may also pay at the door (check or cash only).

Note: Because LWV Sanibel is required to pay for each reserved meal, persons with unpaid or absent reservations will be billed.

New this year: A vegetarian option can be arranged for lunch; note with your reservation. Those who would like to attend just the program are welcome to do so but an RSVP email is requested for seating arrangement. Arrive around 12:30 p.m. ✨

## Got A Problem? Dr. Connie Is In



by Constance Clancy

**Q:** I set some goals for the new year, and I am already struggling with achieving them. How can I get serious and stick to achieving my goals?

**A:** The fact that you have set goals for yourself is wonderful. I would make a list of action steps you can take in order to achieve your goals, and that will help you manifest your goals. Also check your intuition to see how in the flow you are with your goals. Here are some suggestions:

It feels good and right in your gut

You feel a sense of energy at achieving your goals

You are taking the necessary action steps to achieve your goals

You make note of even the minimal progress and get excited

You're not encountering ongoing struggles to achieving your goals

You can look for synchronicities, moments where the timing is just right, to assist you in reaching your goals

Have fun along the journey

Be patient with yourself and don't sweat the small stuff

Don't allow your anxiety to get the best of you – breathe and meditate

These reliable signs will be your guide to reaching your goals. Sometimes we don't reach our goals in the time frame we set. However, we don't always know just how long it can take to achieve our goals, so be patient with yourself. In all situations, it's important to be aware of flow. While success and achievements focus on work and perseverance, when you are in the flow without expectations and just let it ride, you may have opportunities knocking that intuitively feel just right. So learn to get out of your own way by not overthinking. Learn to surrender as the blessings unfold. They will.

Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at [drconstanceclancy@gmail.com](mailto:drconstanceclancy@gmail.com) or visit [www.drconstanceclancy.com](http://www.drconstanceclancy.com). ✨

## Overeaters Anonymous

If food is a problem for you, Overeaters Anonymous can help. Meetings are held in Room 132 at Sanibel Community Church on Tuesdays at 5:30 p.m. and on Fridays at 4 p.m.

For more meeting information, visit [www.southwestfla.org](http://www.southwestfla.org).

Sanibel Community Church is located at 1740 Periwinkle Way. ✨

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**PETS OF THE WEEK**

photos provided

Haven on Earth Animal League

**Lily And Sylvia**



Lily

Hi, I'm Lily! I'm a beautiful 2-year-old female tabby with a white bib. I have been fully vetted and brought up to date on all vaccines. My adoption fee is \$100. Come see me at Petco in Gulf Coast Town Center. Hello, I'm Sylvia. Aren't I just adorable? I'm only 6 months old and a very sweet little girl. I'm



Sylvia

currently staying with a foster family and would really like a home to call my own! My adoption fee is \$100 which includes vaccines and spaying. We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email [haveneearthanimalleague@yahoo.com](mailto:haveneearthanimalleague@yahoo.com).✧

Lee County Domestic Animal Services

**Dusty Gracy And Leeloo**



Dusty Gracy ID# A766326

Hello, my name is Dusty Gracy. I am a 6-year-old female domestic shorthair who has found myself at Animal Services after my owner passed away. I have the cutest kewpie doll face that is very expressive. I like to talk to you even through my cattery window. I would prefer to be the queen bee in my new home, but with a beauty like me, what more could you need?! My adoption fee is \$14. Hi, I'm Leeloo. I am a 2-year-old female pit bull mix who is a pint-sized cutie that weighs just 32 pounds. So, if you like a big dog personality but need a smaller-sized dog, I am the gal for you. My favorite thing is belly rubs. Rub my belly, and I will be your best friend for life. I have great manners, am very even tempered and would make a great addition to your family. My adoption fee is \$14.



Leeloo ID# A765338

Puppy love is in the air at Lee County Domestic Animal Services (LCDAS). Plenty of "smitten kittens" and "devoted doggies" are available to adopt as furry valentines this year instead of the traditional roses and chocolates. All adoptions this month will cost \$14 with an approved application. The reduced adoption fee includes the complete package of services: sterilization, age appropriate vaccinations, county license, microchip ID, deworming, flea treatment, a heartworm test for dogs, feline AIDS and leukemia test for cats, and a 10-day health guarantee. The adoption package is valued at more than \$500. The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at [www.leegov.com/animalservices](http://www.leegov.com/animalservices) or call 533-7387.✧



PUZZLES

Answers on page 29B

Super Crossword

HER MIXED-UP ACTIVITIES

- ACROSS**

1 Make hostile

9 Sliced to bits, as a potato

14 Quibble

19 Used with both ears

20 Love, in Lido

21 Like a lamb

22 Eleanor Roosevelt's successor charrs beef and pork?

25 Step foot in

26 Pluralizable word

27 By means of

28 D.C.'s nation

30 "The Cosby Show" actress defeats a jungle beast?

37 Lamb's cry

40 Org. for cavity fillers

41 Suffix with election

42 High volcano in Europe

43 "La La Land" co-star makes an animated fish docile?

52 First episode

53 Actor Hale

54 "— big girl now"

55 Piece of lifting lingerie
- 58 "Mixed Nuts" actress successfully woos a seamster?

65 Ivanisevic of tennis

66 "Cómo —?" (Jorge's greeting)

67 Tiptoed about

68 Smear (on)

70 Female pastor, e.g.

75 Poet Gallagher

76 Deep dislike

78 Battery pole

79 Some iPods

81 "Crazy" singer cuts a gossipy meddler's fingernails?

87 Comedian Schumer

88 Wade's rival

89 Top 40 tunes

90 Big name in tractors

92 "Gidget" star challenges the head of a college?

98 Frozen drink brand

101 Savings plan, for short

102 Holiday in Vietnam

103 Divs. of a ton
- 104 1980s astronaut irritates a peeress?

113 — tight leash

114 Poet's p.m.

115 Ray of McDonald's

116 Brewery kilns

120 "Buttons and Bows" singer stashes away dozens of cases of classic soda?

127 Habitué

128 Circus venue

129 Part of PG

130 Franklin's belief in God

131 Burdened

132 "No turning back now!"
- 11 "See how many there are," informally

12 Be off target

13 Fox's home

14 Sky streaker

15 Declares

16 By means of

17 Know instinctively

18 Classroom instruction

23 Year, to Jorge

24 Hot tub site

29 Gasteyer of "Mean Girls"

31 Roosted

32 Busyness

33 Ho-hum

34 Queen, e.g.

35 Hosp. sites

36 Singer Sayer

37 Queen, e.g.

38 ABA or AMA part: Abbr.

39 Uncertainty of meaning

44 Large tour vehicle

45 Sky shiner

46 Loop trains

47 Eastern ideal

48 Actress on NBC's "The Brave"

49 Leaf, Sentra and Maxima

50 Ambulance VIP
- 51 "Serpico" author Peter

55 1990 Jamie Lee Curtis action thriller

56 Birds of Arabian myth

57 Torah cases

59 WWII female enlistee

60 Got some air

61 Toronto-to-Detroit dir.

62 Midori on ice

63 War zone of the '60s

64 Spoke slowly and solemnly

68 L- — (drug treating Parkinson's)

69 Actor West

71 Prefix with lateral

72 Actor Silver

73 Pre-F string

74 Vetoing vote

77 Gore Vidal's Breckinridge

80 Beatty and Buntline

82 Cheat

83 Tell untruths

84 "— be a pleasure!"

85 Exams for some jrs.

86 Yemeni, e.g.
- 91 Navy off.

92 Salt, in Paris

93 Disposed

94 "... and yet here we —"

95 Burgundy or maroon

96 Kinsman: Abbr.

97 Greek letter #7

98 Prefix with lateral

99 Frank

100 May of film

105 A long time

106 Alter, in a way, as a skirt

107 Seat holders

108 Actress Rich

109 Actress Lindsay

110 — warrior

111 Prescription amounts

112 One-named New Age musician

117 Tennis units

118 Baht earner

119 Sediment

121 Rapa — (Easter Island)

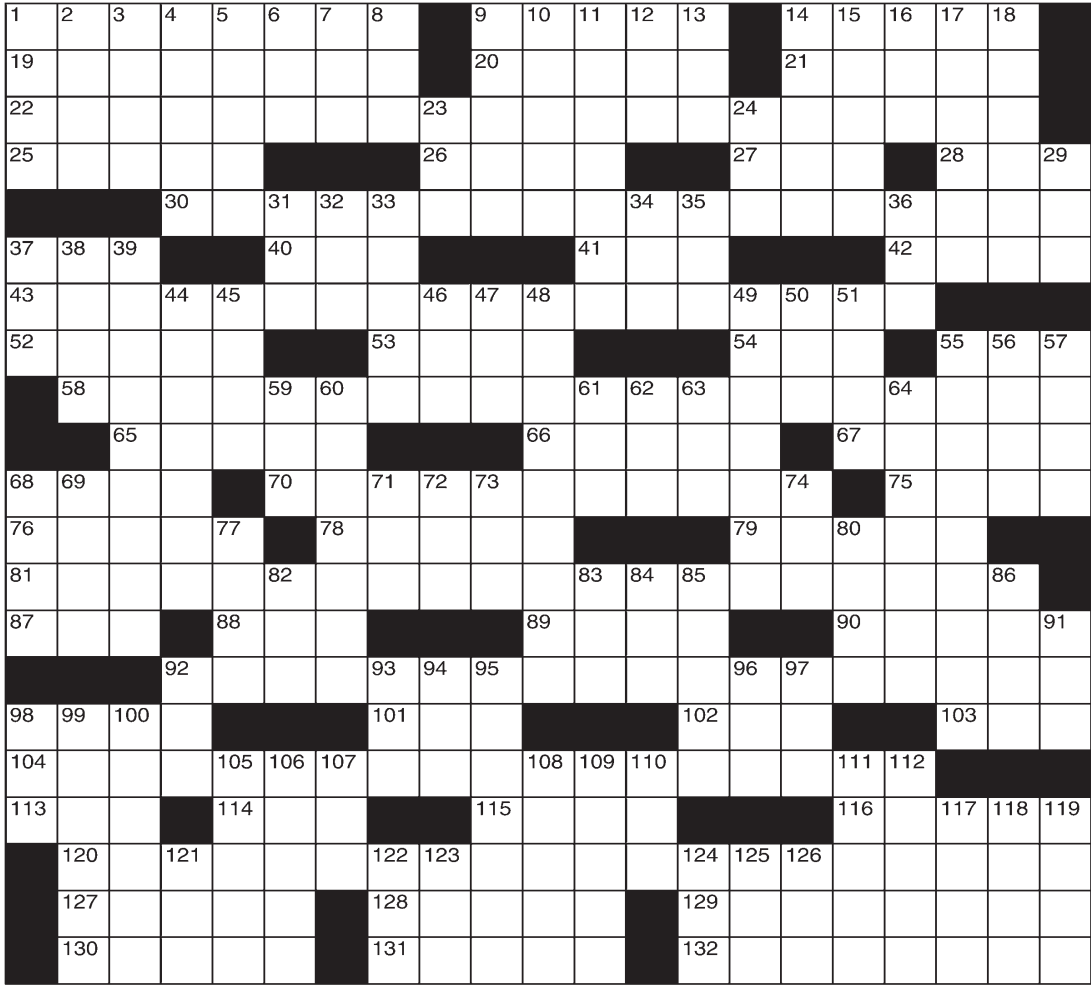
122 TV's Linden

123 Man-mouse linkup

124 Disposed

125 Cheer yell

126 Soft & —



King Crossword

- ACROSS**

1 Soybean paste

5 Young fellow

8 In the thick of

12 Pastoral poem

13 Hockey surface

14 Start over

15 Tear

16 Some inoculations

18 Left the premises

20 Grown-up nit

21 Petrol

22 Jan. and Feb.

23 Building wing

26 Battery brand

30 Golf prop

31 Whammy

32 Equal (Pref.

33 Combat-zone helicopter

36 Connection

38 Express

39 Peruke

40 Accumulate

43 Empty spaces

47 Time away from work

49 Largest of the seven

50 TV trophy

51 Conk out

52 Trawler equipment

53 Actor Roger

54 Peculiar
- 55 Citrus drinks

17 Satiated

19 Levy

22 Baer or Schmeling of boxing

23 \$ dispenser

24 Born

25 Homer's neighbor

26 Fun 'n' games

27 Compete

28 "— was saying, ..."

29 Anti

31 Dinner for Dobbin

34 English compositions
- 35 Expansive

36 Twitch

37 Galapagos lizard

39 Subsided

40 State

41 Jerry Herman heroine

42 Pinnacle

43 Null and —

44 Secondhand

45 Teeny bit

46 Back talk

48 Altar affirmative

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U G S Q N L J G E C Z X Y V T  
R I P N L J H E N N C S N A Y  
W B M A D I S O N O O V O T R  
P S N L C N S N K N S S S I G  
E O C B A I O O O N Z N R X W  
U N O S R E T S A M O O A A S  
R P O R L M N P N L J S C W L  
I G A E S H D M B O A N T Y S  
X H W N O S L I W U R E T A S  
Q P O J N N O S L E N B N L W

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- Benson

Bronson

Carlson

Carson
- Gibson

Harrison

Johnson

Larson
- Masterson

Nelson


Simpson

Swanson
- Tyson

Watson

Wilson





Bob Schwartz

"It's so nice that Jim's \_\_\_\_\_  
and can enjoy his free time."  
answer on page 31B

### SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Deepen  
**GEDDER**          

Cheer  
**ASPIRE**          

Adore  
**DREAMI**          

Secede  
**TAPERD**          

TODAY'S WORD

1	7		9			6		
		3			7		9	1
2				4				8
	1				8	5		
9			4				8	
		5		1				2
	3		8			2	7	
7				6			1	
	9	2			1			4

### SUDOKU

**To play Sudoku:**  
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 29B


### HOCUS-FOCUS

BY HENRY BOLTINOFF

FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS

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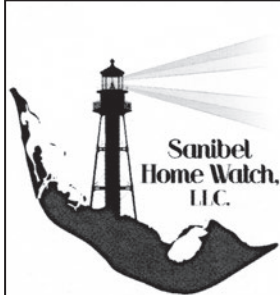
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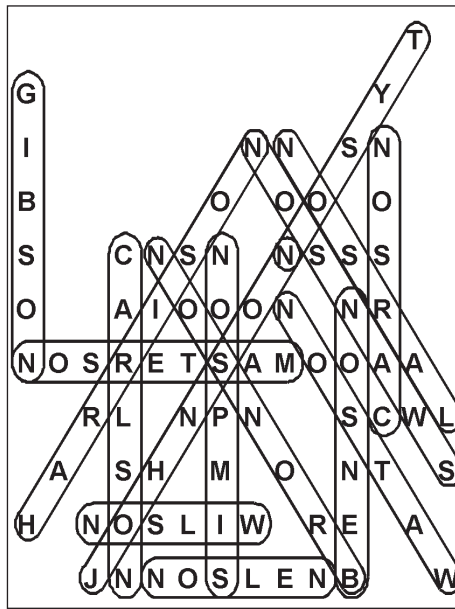
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 GAS MOS  
 ANNEX RAYOVAC  
 TEE HEX ISO  
 MEDEVAC TIEIN  
 SAY WIG  
 AMASS VACUUMS  
 VACATION ASIA  
 EMMY DIE NETS  
 REES ODD ADES

## MAGIC MAZE



## SUDOKU

1	7	4	9	8	3	6	2	5
8	6	3	2	5	7	4	9	1
2	5	9	1	4	6	7	3	8
3	1	7	6	2	8	5	4	9
9	2	6	4	3	5	1	8	7
4	8	5	7	1	9	3	6	2
5	3	1	8	9	4	2	7	6
7	4	8	5	6	2	9	1	3
6	9	2	3	7	1	8	5	4

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## SERVICES OFFERED

### DOG SITTER

We are looking for a person who loves dogs to stay with our friendly, lovable English Setter 2-3 mornings a week, in March, for two hours. Fiona loves company and hates being alone. She is happy to enjoy TV with you in our condo on E. Gulf Drive. She especially loves HGTV! If you are interested in learning more please call 603-463-1063 and we can have a conversation.

Thank you,  
Peter and Carol in New Hampshire  
2/8 ★ 2/15

## HELP WANTED

### CRICKET SHOP

Looking for seasonal sales help for women's store on Sanibel  
Call Jeff @ 239-992-4546  
1/25 ★ TFN

### SANIBEL DELI

Kitchen help wanted  
Monday – Friday  
Days and afternoons  
472-2555  
1/25 ★ 2/8

### 1962 SEEBURG JUKEBOX REPAIRMAN

Wanted: 1962 Seeburg Jukebox Repairman. Family heirloom, 3 gens. Minor repairs, last worked 2005. I have full schematics, know what is wrong. Knowledgeable tinkerers welcome. Call Rachel @239-728-7192.  
2/8 ★ 2/8

### JERRY'S FOODS SERVERS & BARISTAS

Part Time Evening And Weekend Front End Associates Needed. Looking for energetic, personable, and fun individuals, with open availability Monday through Sunday. If interested call and ask for John, Norm Sarah 472-9300. 1700 Periwinkle Way  
5/6 ★ TFN

To advertise in the  
*Island Sun* and *The River Weekly News*  
Call 395-1213

## LOCAL AUTHOR SERIES

### NEW LOCAL FL AUTHOR

*Cooper's Moon Crime Thriller* – signed copy avail. at Baileys, Jerry's, MacIntosh, Amazon or Barnes & Noble/2nd in series will be avail mid-Feb. Local author, Dr. Richard Conrath: Former Catholic priest/headmaster of a rural Turkish school. Available for presentations.  
www.richardconrath.com  
727-644-6493  
2/8 ★ 2/15

## LOST & FOUND

### LOST WEDDING RING

Woman's ring. Lost on Sanibel. 3 diamonds, white gold Very sentimental  
Please call or text if found  
Lisa 801-703-7647. Reward  
1/18 ★ 2/8

## GARAGE SALE

### YARD SALE – MULTI-FAMILY

670 Emeril Ct. in East Rocks, Sanibel  
Bikes, furnishings, household items, art and more  
Friday & Saturday, February 15 & 16  
9 a.m. – 1 p.m.  
2/8 ★ 2/8

### GARAGE SALE

3 household yard sale. Everything from blenders to bikes. Come by and check it out. Friday, Feb. 15 and Saturday, Feb. 16, 8 a.m. to 12 p.m. 1427 Sandpiper Circle, Sanibel (in the Dunes)  
2/8 ★ 2/15

## Cycling Safety Notes

Ride to the right

Warn to pass

Wear a helmet

Use lights at night

Always be courteous



**SANIBEL BICYCLE CLUB**



# My Stars ★★★★★

## FOR WEEK OF FEBRUARY 11, 2019

**Aries** (March 21 to April 19) Doing something nice for others is typical of the generous Arian. But be prepared for some jealous types who might try to question one of your more recent acts of kindness.

**Taurus** (April 20 to May 20) You're eager to take on new responsibilities. But before you do, you might want to check out exactly what would be required of you so that you don't face any "surprises" later.

**Gemini** (May 21 to June 20) It might be best to put off an important decision until a fluctuating situation becomes more stable. Recently received news could help resolve a long-standing family matter.

**Cancer** (June 21 to July 22) If you still have a problem getting that information gap closed, you might consider asking a higher authority to resolve the matter, leaving you free to move on to another project.

**Leo** (July 23 to August 22) A family matter needs to be dealt with at the start of the week. Once it's resolved, the Big Cat can devote more attention to that new opportunity that seems to hold so much potential.

**Virgo** (August 23 to September 22) Pay attention to those niggling doubts. They could be warning you not to make any major decisions until you've checked them out -- especially where money matters might be involved.

**Libra** (September 23 to October 22) A business venture might need more of your attention than you are able to provide. Consider asking a trusted friend or family member to help you work through this time crunch.

**Scorpio** (October 23 to November 21) A more-positive aspect helps you get a clearer focus on how to handle your time so that you can deal with several responsibilities that are just now showing up on your schedule.

**Sagittarius** (November 22 to December 21) A very close friend (you know who that is!) has advice that could help you work through a confusing situation. So put your pride aside and ask for it. You'll be glad you did.

**Capricorn** (December 22 to January 19) A workplace situation could turn a bit tense. The best way to handle it is to confront it and deal with it openly. Doing so can help reveal the underlying reasons for the problem.

**Aquarius** (January 20 to February 18) A colleague's remarks appear to be especially cutting. But don't waste your time or your energy trying to deal with the situation. You have more important things to do.

**Pisces** (February 19 to March 20) Support

for your work comes as a surprise from someone you thought was critical or, at least, indifferent. Your spouse or partner has big plans for the weekend.

**Born This Week:** Your spiritual strength often acts as an inspiration to help others make decisions about their lives.

### STRANGE BUT TRUE

- It was 20th-century American author Margaret Mitchell – best known, of course, for her Civil War-era novel *Gone With the Wind* – who made the following sage observation: “Until you’ve lost your reputation, you never realize what a burden it was or what freedom really is.”

- It seems that the Germans have a word for everything. For instance, “*waldeinsamkeit*” describes the feeling of being alone in the woods.

- In rural Wisconsin in 1921, two third-grade students in a one-room schoolhouse became sweethearts. At the end of the school

year, Lorraine Beatty and Mac McKittrick lost touch with each other. This story would be unremarkable, except for what happened 87 years later. In 2009, their brothers, who had become friends, brought the couple back together. Shortly thereafter, the couple married and moved in with each other in a retirement home.

- You might be surprised to learn that Edgar Rice Burroughs, author of *Tarzan of the Apes* and its 25 sequels, never actually visited Africa.

- The Sphinx in Egypt is the only one of the Seven Wonders of the Ancient World still in existence.

- The oldest government building in the country actually predates the nation: The Palace of the Governors in Santa Fe, New Mexico, was built in 1610.

- According to tradition, a bride whose dress is made of silk will have good fortune in her marriage. A woman who wears velvet to her wedding will face poverty, and a satin

wedding gown will bring bad luck.

- Reportedly, anyone caught in the jaws of a crocodile can release him- or herself instantly by pressing on the animal's eyeballs (though I cannot personally attest to the veracity of this claim).

### THOUGHT FOR THE DAY

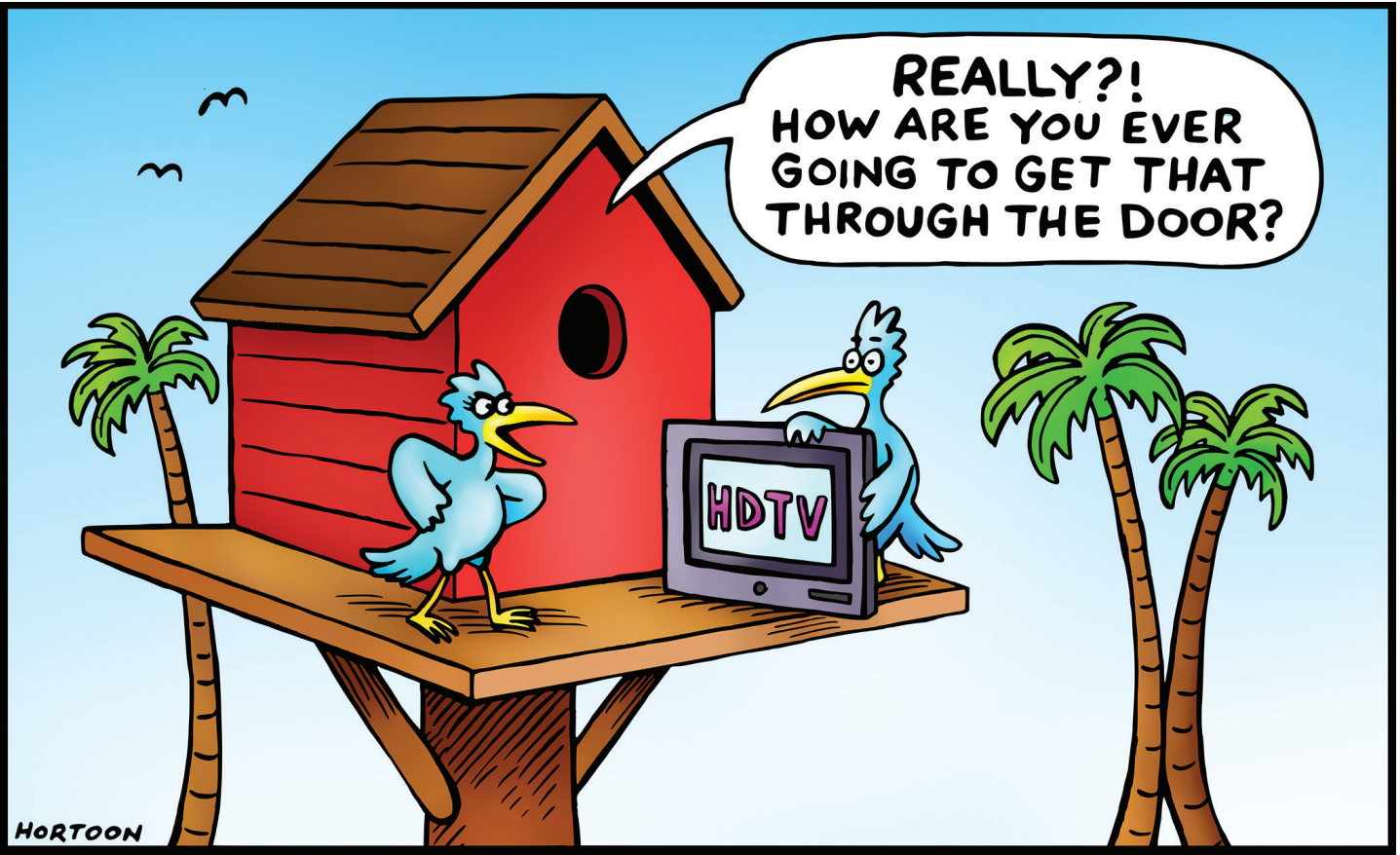
“A consensus means that everyone agrees to say collectively what no one believes individually.” – Abba Eban

### SCRAMBLERS

1. Dredge; 2. Praise;  
3. Admire; 4. Parted

*Today's Word*  
**RETIRED**

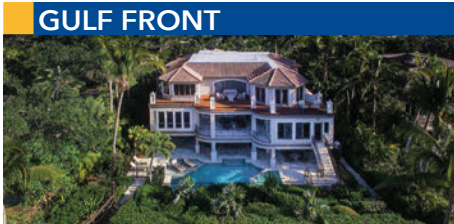
## HORTOONS



## Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Barefoot Beach	Bonita Springs	2018	5,782	\$11,300,000	\$10,250,000	65
Beach Homes	Captiva	1974	3,201	\$3,949,000	\$3,750,000	301
Gulf Cottages	Captiva	2001	3,576	\$2,995,000	\$2,800,000	4
Cortona	Miromar Lakes	2018	2,742	\$1,849,000	\$1,555,000	270
Woodsedge	Estero	2005	3,768	\$1,499,000	\$1,415,000	0
Harborage	Fort Myers	1991	4,660	\$1,179,900	\$1,099,000	22
Coconut Creek	Fort Myers	1997	4,122	\$849,000	\$775,000	161
Cypress Bend	Fort Myers	2014	2,845	\$789,000	\$749,000	126
Sea Oats	Sanibel	1997	2,233	\$749,000	\$730,000	98
Cape Coral	Cape Coral	2001	2,699	\$724,000	\$731,000	2





**GULF FRONT**  
**3767 W. GULF DR., SANIBEL**  
• Beach Estate w/Magnificent Views  
• Private Enclave Situated on 1 Acre  
**\$7,995,000**      **MLS 218013883**  
McMurray & Nette 239.281.4435



**ISLAND COMPOUND**  
**NEW PRICE**  
**16531 CAPTIVA DR., CAPTIVA**  
• Step Back in Time to "Old Captiva"  
• Multiple Dwellings & Parcels w/Beach Access  
**\$3,450,000**      **MLS 217043275**  
McMurray & Nette 239.281.4435



**BY THE SEA**  
**2611 W. GULF DR. #C102, SANIBEL**  
• Remodeled w/Designer Finishes  
• Direct Gulf, 3 BR, 2 BA, Granite Kitchen  
**\$1,624,900**      **MLS 218078824**  
Jason Lomano, Lomano-Nicholson Team 239.470.8628



**BEACHVIEW CC ESTATES**  
**1244 PAR VIEW DR., SANIBEL**  
• Remodeled, Open Floor Plan w/Views  
• 4 BR, 3 BA, Stunning New Master BA  
**\$995,000**      **MLS 218021869**  
Linda von Wowern, McMurray & Nette 239.223.3382



**EAST ROCKS**  
**566 BOULDER DR., SANIBEL**  
• Updated 3 BR, 2 BA, Near Beach  
• Spectacular Pool, Lake Views  
**\$799,000**      **MLS 219002114**  
Sharon Kottraba, Lomano-Nicholson Team 804.240.3115



**SUNDIAL BEACH RESORT**  
**1501 MIDDLE GULF DR. #J101, SANIBEL**  
• 1st Floor, 1 Bedroom, 1 Bath  
• Direct Walk-Out to Beach & Pool  
**\$499,000**      **MLS 218078744**  
John Nicholson, Lomano-Nicholson Team 239.849.3250

**Florida Locations:** Bonita Springs/Estero, Cape Coral, Captiva Island, Fort Myers, Naples/Marco Island, Ocala and Sanibel Island

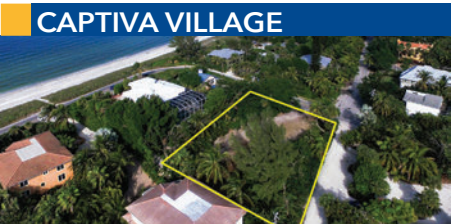
**North Carolina Locations:** Cashiers, Highlands and Sapphire Valley/Lake Toxaway

**RoyalShellRealEstate.com | RoyalShell.com**

**239.314.3640**



**DINKINS BAYOU LOT**  
**6217 STARLING WAY, SANIBEL**  
• Great Boating Lot w/Dock & Lift  
• Western Exposure, Direct Sunset View  
**\$1,400,000**      **MLS 219006786**  
McMurray & Nette 239.281.4435



**CAPTIVA VILLAGE**  
**15295 CAPTIVA DR., CAPTIVA**  
• Steps to Beach from this Great Location  
• Only Lot Available in Captiva Village  
**\$899,000**      **MLS 217076331**  
McMurray & Nette 239.281.4435



**SANIBEL SHORES**  
**721 CARDIUM ST., SANIBEL**  
• Remodeled, 2 Story, Great Rental History  
• Enjoy the Large Pool After the Beach  
**\$745,000**      **MLS 218022341**  
Linda von Wowern, McMurray & Nette 239.223.3382



**SUNDIAL BEACH RESORT**  
**1501 MIDDLE GULF DR. #C410, SANIBEL**  
• Top Floor, Corner, 1 Bedroom  
• Lovely Courtyard, Pool & Gulf Views  
**\$475,900**      **MLS 219007312**  
Fred Newman & Vicki Panico 239.826.2704



**BEACHVIEW CC ESTATES**  
**NEW PRICE**  
**829 BIRDIE VIEW PT., SANIBEL**  
• Furnished 4 BR, 3.5 BA, Golf Course Home  
• Sparkling Pool w/Southern Exposure  
**\$1,190,000**      **MLS 218028250**  
Cindy Sittton 239.810.4772



**THE DUNES**  
**9027 MOCKINGBIRD DR., SANIBEL**  
• Fantastic Lake View, Gorgeous Sunsets  
• 4 Bedrooms, 3 Bathrooms  
**\$849,000**      **MLS 218050671**  
Jamie Gates 239.910.2778



**SAND POINTE**  
**2737 W. GULF DR. #132, SANIBEL**  
• Remodeled Top Floor, 2 BR, 2 BA  
• Vaulted Ceilings, Large Open Kitchen  
**\$724,900**      **MLS 219001994**  
Jason Lomano, Lomano-Nicholson Team 239.470.8628



**SUNDIAL BEACH RESORT**  
**1501 MIDDLE GULF DR. #H108, SANIBEL**  
• 1 BR, 1 BA, Newly Remodeled  
• Phenomenal Rental Opportunity  
**\$459,000**      **MLS 218048816**  
Brian Murty 239.565.1272



**BEACHFRONT**  
**6477 SANIBEL CAPTIVA RD., SANIBEL**  
• Last Home before Blind Pass  
• Next to the Mad Hatter Restaurant  
**\$5,299,999**      **MLS 219000116**  
John Stephens 239.980.6394



**NEAR CAPTIVA BEACH**  
**11523 ANDY ROSSE LN., CAPTIVA**  
• Steps to the Beach  
• 5 BR, 5.5 BA, Pool & Spa  
**\$2,499,000**      **MLS 218055240**  
McMurray & Nette 239.281.4435



**BEACHVIEW CC ESTATES**  
**NEW LISTING**  
**1230 PAR VIEW DR., SANIBEL**  
• 4 BR, 2.5 BA, Completely Remodeled  
• Gourmet Kitchen, Expansive Great Room  
**\$1,095,000**      **MLS 219000518**  
Cindy Sittton 239.810.4772



**MIXED USE**  
**2480 LIBRARY WAY, SANIBEL**  
• Live & Work in Fantastic Sanibel Location  
• Residential/Commercial Options  
**\$837,000**      **MLS 218081969**  
McMurray & Nette 239.850.7888



**SOUTH SEAS ISLAND RESORT**  
**2112 GULF BEACH VILLAS, CAPTIVA**  
• Great 1 Bedroom Beachfront  
• Fully Furnished, Ready for You to Enjoy  
**\$517,900**      **MLS 219004339**  
Vicki Panico & Fred Newman 239.980.0088



**SANIBEL HIGHLANDS**  
**UNDER CONTRACT**  
**531 PIEDMONT RD., SANIBEL**  
• Move-In Ready! All Impact Glass  
• Ground Level, 3 BR, 2 BA, New Kitchen & BA  
**\$439,500**      **MLS 218046215**  
Sally Davies 239.691.3319